

COLLECTED NOTES



FEBRUARY 2020

FROM CDCTC'S PRESIDENT:

Greetings All!

CDCT is off to a great start with our January organizing meeting behind us and a full calendar of events in the offing! Many thanks to Colleen Price for leading the workshop on the Franklin Method. I found it to be an informative and productive way to kick the year off by paying attention to our physical needs as riders. Colleen offered several useful ways we could use the stretching bands to help us be ready for spring as we all look forward to an active year ahead in the saddle.

Plans are under way for the club to set up an informational booth at the Schuyler County Equine Conference on Saturday, February 15th. We will be promoting the events on our 2020 calendar as well as providing information about dressage and the club members. Last year there was a steady stream of workshops happening all day with speakers representing all disciplines, so there is literally something for everyone at this event. There is also food included in your admission ticket, plenty of door prizes and a wide array of informational and commercial booths. Come on over and see what the equine community is up to in the southern tier!

Our March meeting will feature the USDF Scribing Workshop lead by one of our VPs, Shannon Ryan-Dinmore. When we get to (continued)

UPCOMING EVENTS

February 9, 6pm: Movie Night!

Bring the links to your favorite horse videos and a dish to pass or just show up! Jane Marie Law's house, 16 Muriel St., Ithaca, NY. Contact [Norm Johnson](#) for more information.

REMINDER!
WE NEED YOUR PHOTOS
TO DISPLAY AT THE
[SCHUYLER EQUINE](#)
[CONFERENCE!](#)

PLEASE SEND THEM TO
[JENNIFER O'NEILL-](#)
[HAGADONE](#)



April there will be both the Lisa El-Ramey symposium “Through the Levels” at Bettina and Jana Wagners’ lovely new facility, Easy Gait Farm in Cincinnati. and the Dave Thind clinic held at the Carriage House. These two events should provide all of us with more than a few details about where our focus should be directed as we head into May and the active show season. Speaking of shows, I was a little surprised at the USDF convention when a USDF officer proclaimed at one of the panels that “competition is really what we are all about and competition is why this organization exists.” I am not sure I fully agree with that and while I am not going to dissect that statement right here, I am well aware that there are many folks in our club who get a lot more enjoyment and rewards from their horses than that which comes from training for competition, and that is as it should be, as far as I am concerned. Hopefully, some of our events and workshops meet the wishes of our non-competing members.

There seems to be quite a bit of positive “buzz” about Dressage In the Wine Country’s move to Cazenovia College in June. There are so many things about our new venue that are going to make the show easier to organize and run and certainly more pleasant to attend. That said, there will be plenty for all of us to do in preparation for the club’s biggest event of the year and you can contact [Jane Marie Law](#), chair of the recognized show committee if you want to jump on board in any capacity.

In my barn there is a new face: Amara Del Rey, a six year old Andalusian mare whom I will be working with this season. I look forward to riding her in training level while GG Marquez, whose progress through this sparse winter riding season continues to excite me, will move up to first level this season. As a rider, I find myself in that loop of “the more I learn, the less I seem to know” as we continue on our journey towards first level for the 2020 season. The “bumps and bruises” of bringing along a young horse only reinforces to me how wonderfully patient and forgiving my old mare Calandria J was through those early years when I first returned to riding after an almost forty year hiatus. She knew what she was doing while I certainly did not. I’ve already got my competition calendar all blocked out and more than a few goals I hope to achieve with both mares this year. I am sure all of you are doing the same.

In the meantime, Juno, a homebred filly who will be four this spring, has gone up to Fingerlakes Equestrian Center to be backed by Ryan and Dan. She has those “Andalusian smarts” so it remains to be seen how she feels about having a human on her back. In all other stages of her training she has been really quick to learn and quicker to form her opinions. Who knows, maybe you all will be seeing her out at a schooling show before the summer is over.

I mentioned at the last meeting that I was made aware of all the awards given each year at the USDF convention and it seemed like more than a few of you were surprised to hear that news. The USDF gives out annual awards for articles and for photographs submitted by its members. I would like to encourage all of you who are handy with a camera or who feel you have something to say about dressage, regardless of your point of view or the level of your riding, to get out your electronic devices *(continued)*



and get to work. Your offerings will appear first in our GMO newsletter and then be submitted for selection later in the year. Students, especially, here is a chance to fulfill a writing assignment for a class and get recognized by our national organization all in one effort.

I want to close by giving a shout out to all you members who have been stepping up and taking on responsibilities for events and tasks. It is a wonderful feeling to know there are so many folks in the club with the passion and energy to see that things get taken care of. Thank you one and all.

I hope to see you all on February 9th at 6:00 for a dish-to-pass meeting at Jane Marie Law's home. After a brief (hopefully) business meeting we will be treated to Carol's presentation about her riding trip to Portugal. After that, we will look at some of our favorite dressage tests on video and share insights about what we see that is both inspirational and worth studying on the remaining long winter nights. Bring the URLs of a ride you want to share with the group. See you there!

Inside leg to the outside rein,

Norm

Cayuga Dressage and Combined Training
Minutes from Meeting January 12, 2020 @ 1206 PM
President Norm Johnson presiding

Attendance:

Colleen Price, Dinah Guarino, Norm Johnson, Tina Matejka, Ginny Grove, Karen Steffy, Meghan Crout, Jana Wagner, Mike Marieau, Jean Foley, Jane Marie Law, Kathy Thode, Lauren Ostergren, Marlie Lokach, Pat Ross, Bettina Wagner, Carol Morris, Shannon Ryan-Dinmore

Motion to Dispense with the reading of the minutes from November Meeting: Shannon Ryan Dinsmore and Colleen Price

Good of the Order:

Kentucky Land Rover upcoming. Hotel available. Anyone interested contact Tina Matejka.

Tina Matejka has been selected to volunteer at the Olympics in Japan. Jane Marie Law will be attending with her. Plenty of pictures will be expected! *(Editor's note: As well as an article for the newsletter!)*

Meghan Crout is the new CNY sales rep for Purina

Prin Furst and Lance: Received honors for Top Appaloosa All Breeds, Open Award Top Appaloosa and Master Champion

Lessons available with Carol Youse at the Ithaca Equestrian Center. Contact [Jean Foley](#) or [Paula Wedemeyer](#) for more information.

Franklin Method Band Session prior to January Meeting with 13 members in attendance.

President's Report

Reminder we are a 501.3C and tax exempt. Please use the tax exempt form for club business

Treasurers Report: Copy provided by Ginny Grove

Healthy Membership dues in 2020

Silent Auction 2019 very successful

Casual Show lost approx. \$150.00

Recognized Show lost approx. \$3000.00, however many items purchased will carry over to 2020 (ie ribbons, glasses etc.)

Upcoming Events:

Schuyler Equine Conference

CDCT will staff a 2 person table (2 AM and 2 PM) @a cost of \$80.00. Jenn and her daughter offered and possibly Meghan. Contact [Norm Johnson](#) if you can volunteer

Entry in program \$30.00. Advertise Recognized Show

CDCT will provide a gift for the door prize table. Jane Marie Law will make basket

Suggested that we have a contact list to follow up with people as they stop at the table

Dave Thind Clinic with Feldenkrais Session at Carriage House Arena

325 Waterburg Road, Trumansburg, April 17 and 18th, 2020. Contact [Carol Morris](#) or see the [CDCT website](#) and Facebook page under [Events](#).

CDCT Symposium at Easy Gait Farm, 4694 Clark Road, Cincinnati April 24 and 25th, 2020.

Lessons available with Lisa El Ramy April 23rd beginning at noon. Contact [Jane Marie Law](#) for information or the or see the [CDCT website](#) and Facebook page under [Events](#).

Dressage in Wine Country Recognized Show @Cazenovia June 27 and 28th, 2020. Contact

[Shannon Ryan-Dinmore](#) for information or the or see the [CDCT website](#) and Facebook page under [Events](#).

July Suggested :Youth Eventing Workshop with Carol Koslowski @ Carriage House

Keeping It Casual Fun Show at Fortress Farm, Castle Creek . August and 22nd and Clinic with Lisa

El-Ramey, USDF "S" Judge: August 21st, 2020 see the [CDCT website](#) and Facebook page under [Events](#).

September

Poker Run TBD after the Hector 100 (rides as short as 15 miles). Location and Time TBD

Combined Event with Endless Mountains Dressage Club

October

Adult Dressage Camp, possible Centered Riding Clinic (USDF Sally Swift Grant)

November 15th, 2020

Awards Luncheon 16 Muriel Dr, Ithaca, Dish to Pass

Silent Auction

Discussion for upcoming meetings

February 9th, 2020 @ 6 pm Need site Cortlandville Grange will not be available; Carol Morris Report on Portugal Trip; Meet with WNYDA; Start bringing various dressage videos. (Meeting will be held at 16 Muriel St, Ithaca. Please bring URLs for videos.)

March 10th, 2020 6pm Location TBD

Shannon Ryan Dinsmore presenting USDF Scribing Workshop

April 7th, 2020 6pm Location TBD

Suggestions for education needed

May 17th at Cazenovia Arena or May 12th, 2020 6 pm Location TBD

Discussion of Dressage in Wine Country I & II

June 9th, 2020 6pm Location TBD

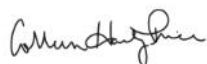
Suggestions for education needed

Motion to Adjourn @ 1:50 PM

Karen Steffy

Colleen Price

Respectfully Submitted,



Colleen Hanly- Price

Secretary

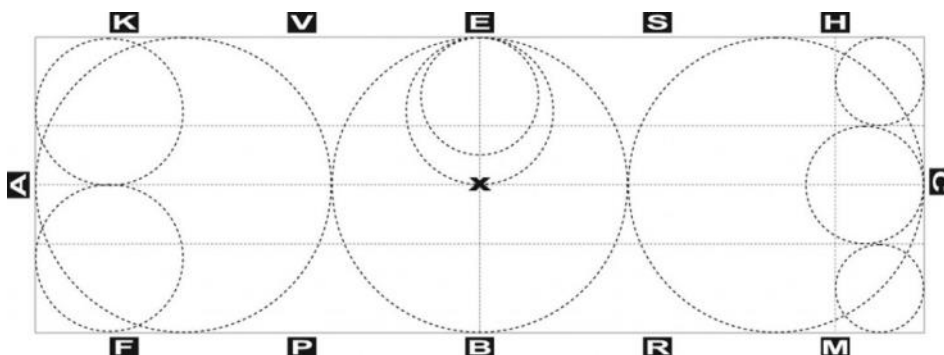
USDF REGIONAL SCHOOLING SHOW AWARDS PROGRAM

USDF is excited to introduce the new USDF Regional Schooling Show Awards Program. This program starts December 1, 2019 and offers regional recognition to USDF Group Members competing in participating non-USDF-licensed/non-USDF-recognized competitions.

All non-USDF-licensed/non-USDF-recognized competitions are invited to participate in this program. To participate, simply submit the [online application](#) and \$25 participation fee to USDF at least 30 days prior to the start of the competition. The program year will be December 1 through November 30.

An online competition calendar will list participating competitions on the USDF website. Participating competitions must submit a copy of their prize list to USDF no later than 14 days prior to the competition and competition results must be submitted to USDF within 21 days of the end date of the competition.

Feel free to contact [Cristen Brown](#) if you have any questions. Complete [program rules](#) are available on the USDF website.



CAYUGA DRESSAGE AND COMBINED TRAINING	
2019 FINANCIAL STATEMENT	
INCOME	AMOUNT
Dues	\$2,290.00
Casual show and clinic	\$4,695.00
2 Day Recognized Show	\$19,597.96
Poker Run	\$155.00
Sale of old Dressage Arena	\$895.00
Total Income	\$27,632.96
EXPENSES	
USDF Membership Fees	\$1,530.00
Casual Show and Clinic	\$4,880.91
2 Day Recognized Show	\$16,552.92
Insurance	\$475.00
Purchase of New Dressage Arena	\$3,562.50
Yoga Instruction	\$75.00
Table at Equine Conference	\$80.00
Purchase of New Banners	\$241.92
Scholarship (1 in Nov and 1 in April)	\$360.00
T-Shirts/Totes/ Wine Glasses	\$826.05
Ribbons for Horse Shows	\$1,666.78
Donation to Stray Haven	\$100.00
2018 Awards Banquet Expenses	\$888.30
USDF Convention Attendance Subsidy	\$300.00
Fees for Merchant One (Credit card processing)	\$234.79
Gateway Services Fee	\$15.00
2020 Recognized Show Expense	\$400.00
Total Expenses	\$32,189.17
Loss for Year	-\$4,556.21
TOTAL ASSETS AS OF NOVEMBER 15,2019	
Savings Account	\$5.00
Checking Account	\$2,380.62
CD	\$8,006.93
Total Assets	\$10,392.55

CALENDAR

February 9: Cayuga Dressage and Combined Training Club Monthly meeting, 16 Muriel St, Ithaca, NY
Contact [Norm Johnson](#) for more information.

February 9: Janet Youse Clinic, [Ithaca Equestrian Center](#).

March 10: Cayuga Dressage and Combined Training Club USDF Scribing clinic, location TBD. Contact [Norm Johnson](#) for more information.

April 7: Cayuga Dressage and Combined Training Club Monthly meeting, location TBD. Contact [Norm Johnson](#) for more information.

April 18 - 19: Dave Thind Clinic, Carriage House Arena. Contact [Carol Morris](#) for more information.

April 24 - April 26: Cayuga Dressage and Combined Training Club Riding the Levels Education Symposium with Lisa El-Remy, Easy Gait Farm, Cincinnatus, NY. For more information, contact [Jane-Marie Law](#).

June 9: Cayuga Dressage and Combined Training Club Monthly meeting, location TBD. Contact [Norm Johnson](#) for more information.

June 27 - 28: Dressage in Wine Country I & II, USDF Recognized Shows, sponsored by Cayuga Dressage and Combined Training Club, to be held at Cazenovia College. Contact [Shannon Ryan-Dinmore](#) for more information.

June 27th -28: Kirby Hill Farm Recognized Dressage Show, Pawling, New York. [Information](#).

August 1: Kirby Hill Farm Recognized Dressage Show, Pawling, New York. [Information](#).

August 21 & 22: Cayuga Dressage and Combined Training Club clinic with Lisa El-Ramey, USDF "S" judge, Fortress Farm, Castle Creek, NY. For more information, contact [Jane-Marie Law](#).

August 23: Cayuga Dressage and Combined Training Club Keepin' It Casual Show, Fortress Farm, Castle Creek, NY. For more information, contact [Jane-Marie Law](#).

October 18: August 1: Kirby Hill Farm Recognized Dressage Show, Pawling, New York. [Information](#).

November 15: 4 pm, Cayuga Dressage and Combined Training Club Annual Awards, 16 Muriel St., Ithaca, NY 14850. Contact [Norm Johnson](#) for more information.

Please join us for a
Janet Youse Clinic
Hosted by the Ithaca Equestrian Center



Sunday February 9th – First ride at 9:00 am

If you are looking for training in classical dressage, eventing and/or western dressage, we invite you to join us for an opportunity to study under Janet Youse. Ms Youse is a USDF Certified Instructor through Level 4, a BHS Certified Instructor, a WDAA Trainer Graduate, as well as a USDF Bronze and Silver Medalist. In this clinic she will use her 35 years of experience to coach you and your horse in the discipline of your choosing.

- Private 45-minute sessions = \$90. (60-minute jumping lessons to allow for jump changes)
- Groups of 2 – 3 riders = \$60 each; provided they are all at the same skill level and focused on the same discipline.
- Haul in fee = \$20
- Auditors = \$20 (please bring a chair)

Stall and turnout availability will be limited and will be assigned on a first come basis. Please bring your horse's hay, feed and water bucket. If you are bringing your horse, we will need a copy of a current (within 12 months) negative Coggins and shot records (including rabies) **prior** to them coming on premise.

For the safety of our four-legged friends **NO GLASS IS ALLOWED** in any horse areas! Please leave dogs at home.

Russ and Paula will be providing refreshments and snacks throughout the day. To register contact paula.wedemeyer@ithaca-equestrian-center.com OR 607.793.0136 You will be sent additional information as well as directions.

We hope to see you there!

Ride times are limited so please reserve your spot early!

Dave Thind Clinic
April 18-19, 2020
Carriage House Arena
325 Waterburg Road Trumansburg, NY

We are very lucky to be able to bring Dave to the Central New York area again. Dave is a German FN certified "Trainer A" and biomechanics expert. Complete details can be found at his website, <https://www.davethindmethod.com>.

The weekend will begin with a one-hour Feldenkrais workshop, followed by mounted lessons. Feldenkrais uses gentle, mindful movements to improve posture and balance, and Dave uses these to improve performance in the saddle.

Lesson Rates: One day: \$160 Both days: \$280. Saturday lesson includes Feldenkrais workshop. Preference will be given to those riding both days. There will be 10 riding slots each day.

Auditing: \$45 Saturday (includes Feldenkrais), \$25 Sunday, \$60 both days.

Stabling at Carriage House:

Overnight: \$60/night, includes bedding, bucket, facility fee

Day stall: \$40/day, includes bedding, bucket, facility fee

Trailer in: \$20 facility fee

Arrival on Friday after 3:00 pm.

Food will be available, donations requested to cover cost.

Please have proof of negative **Coggins** within 2 years and **rabies** vaccination within 1 year. If you have other questions please email me at **cmorris1050@gmail.com**.

Please make checks payable to Carol Morris and mail to me with the completed PDF form below at 2449 Gee Hill Road Dryden, NY 13053.

Rider/Auditor Application for Dave Thind Clinic

Rider's name: _____

Address: _____

Phone: _____

Email: _____

Horse's name: _____

Breed: _____

Current training focus:

Please circle or highlight:

Lessons: Saturday only Sunday only Both days

Overnight Stabling: Friday night only Saturday night only Both nights

Day stall: Saturday only Sunday only Both days

Trailer in: Saturday only Sunday only Both days

Auditors*: Saturday only Sunday only Both days

*Walk-in auditors are welcome but we would like to have an idea of how many people to expect, especially for the Feldenkrais session. Auditors may pay at the door. Cash or check. Exact change appreciated.

Check enclosed for \$ _____

Thanks for your interest in this clinic. We will all learn a lot and have fun!

CDCT COMMITTEES FOR 2020
PLEASE LET [NORM](#) KNOW WHICH
COMMITTEE YOU WOULD LIKE TO BE ON!

YOUTH ENGAGEMENT:	AWARDS:	WESTERN DRESSAGE
RECOGNIZED SHOW:	COMBINED TRAINING:	EDUCATION:
CASUAL SHOW:	SPONSORSHIP:	PUBLICITY:



Additional Local Dressage and Combined Training Groups

[Central NY Dressage and CT Association](#)

[Eastern NY Dressage and Combined Training Club](#)

[Endless Mountains Dressage & Combined Training Club](#)

[Genesee Valley Riding and Driving Club](#)

[Western New York Dressage Association](#)

CLASSIFIEDS

For Sale: Horwear grey show coat size 10. Washable and very comfortable.
\$40.00 . Contact [Sue Mulvey](#).



CLASSIFIEDS

For Sale: Almost new Albion K2 dressage saddle. It has an extra wide tree and a 17.5 inch seat. The twist is narrow with wool flocked panels. Paid \$2700, will sell for \$1900. Also, extra polos, stable blanket, girths, all purpose saddle pads, plus some boots for horses, a large pony harness etc. Make an offer for these. Please contact [Dinah Guarino](#): H-315-497-9922, C- 315-



Springfield Equine Retirement Farm

At Springfield Farm, we cherish a horse's individuality and appreciate his history. Each is cared for and loved as one of our own. Springfield Farm is a sixty-five acre farm located in the beautiful Finger Lakes Region of New York and just minutes from downtown Ithaca and Cornell University's Large Animal Hospital. Our care is based on the premise that each animal deserves the best quality of life, including one-on-one attention and focus on individual dietary, physical and emotional needs. Springfield Farm horses enjoy the maximum turnout that weather allows and individual stalls for those days that aren't so nice. Boarding fees include feed, blanketing and plenty of individual attention. Veterinary and farrier services are billed to the owner at cost. As the owners of Springfield Farm, we live onsite and provide direct, personal care for all horses. The size of our operation is small by design. Our combined experience and education will give you complete confidence in your decision to retire your horse at Springfield Farm. Please feel free to contact Lori Elrod at 607-351-1499 or lori.elrod@gmail.com for additional information, request photos or arrange a visit. Visit us online at www.sfetech.net/equineretirement

For sale: 19 inch Devocoux mono flap \$1500. 17.5 inch Black Country \$1000. Both are in beautiful shape, but are no longer needed. Contact [Norm Johnson](#).

CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC.

2020 ANNUAL MEMBERSHIP FORM

Name: _____

Address: _____

Phone (area code first): _____

E-mail: _____

Birth date: _____ (requested by USDF) Are you an instructor or trainer? ☐ Yes ☐ No

Do you give permission for your pictures and/or name to be used for publicity? ☐ Yes ☐ No

May we include your name and email address on the Membership List that's distributed to members? ☐ Yes ☐ No

Current Members: The USDF deadline for GMO dues is December 1st. Please submit your Membership form and dues by Nov. 17th. This ensures that you will receive the USDF magazine and other GMO benefits without interruption.

New Members are welcome to join year-round!

Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

☐ Individual Membership (\$45)

☐ Family Membership (\$50)

☐ Junior Membership (\$25)

Activities sponsored by CDCT include a recognized show, a schooling show, mounted and unmounted clinics, films, speakers, and social events. These are made possible by volunteer work from our members. Please check your interests below to indicate the ways in which you would like to contribute to the success of the club:

☐ Dressage Shows: Planning, paperwork, grounds preparation, help on show day, etc.

☐ Western Dressage

☐ Combined Training

☐ Education/Clinic Committee

☐ Awards

☐ Publicity

☐ Other: _____

Signature: _____ Date: _____

(Member's signature or parent/guardian signature if under 18. Typed signature is fine.)

Please complete form and email to lauren.ostergren@gmail.com

Please make checks payable to CDCT, Inc.

Send checks and any hard copy forms to:

Lauren Ostergren
205 Warren Place
Ithaca, NY 14850
607-227-4535



CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF; CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

WHO TO CONTACT:

Officers:

President:	Norm Johnson
Vice-President:	Skye-Anna Nye-Smith and Shannon Ryan-Dinmore
Past President:	Jane-Marie Law
Treasurer:	Ginny Grove
Recording Secretary:	Jean Foley
Membership:	Lauren Ostergren
Newsletter and Website:	Karen Steffy
Social Media Manager:	Jane-Marie Law
Members at large:	Tina Matejka ('19) Dinah Guarino ('19) Bettina Wagner ('19) Janna Wagner ('20) Gale Wolfe ('20)

<http://www.cayugadressage.org>

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Our Sponsors

**Please join us in thanking all of our supporters!!
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Easy Gait Farm

[Heavenbound Farm](#) & Janet and Larry Youse

Norm Foley

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DRESSAGE AND COMBINED TRAINING.

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THEREFORE, CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.