# COLLECTED NOTES



May 2017



**COMING CDCT EVENTS!** 

NEXT MEETING TBA. JULY 6, 2017

### **Upcoming Events**

June Show —come and volunteer

Horse Night Out Series—Contact Anna Detar

Check online for USDF Recognized show entry forms at:

http://www.usdf.org/docs/ShowFlash/ web/GeneralInfo/Before/EntryForm.pdf

### **Membership Renewals**

CDCT, Inc. offers 3-year membership options! Form is included in this newsletter

## CAYUGA DRESSAGE AND COMBINDED TRAINING INC RECOGNIZED AND SCHOOLING DRESSAGE SHOW CHEMUNG COUNTY FAIRGROUNDS HORSEHEADS, NY JUNE 10 & 11, 2017

Cayuga Dressage and Combined Training Inc. (CDCT) is dedicated to improving the training, knowledge, and enjoyment of horses, through educational programs and competitions. CDCT draws our membership from throughout central NY and northern Pennsylvania. This year, we are seeking sponsorship to help support our recognized and schooling shows and other club activities.

Command the above of one of these slevels	. D:-ff-
Support the show at one of these levels	: Piaffe\$500.00
(includes your ad in the show program)	Passage\$250.00
	Pirouette\$100.00
Donate prizes for the show.	
Advertise in the show program:	\$25.00 for a business card ad
	\$50.00 for a full page ad
Business name/ Contact person:	
Address:	
Telephone:	E-mail:

Thanks so much for your support of our non-profit organization.

Send to Kathy Thode, 4198 Duryea St. Moravia, NY 13118.

Your contributions are tax deductible.

#### 36 hours in Wellington

Wellington. The name just oozes horseplay. Where the rich and famous go to soak up the rays while riding their gazillion dollar horses. I never thought I would ever find myself in that equine paradise.

But I did just that late in March. I was going to look at a horse that sounded too good to be true — an Andalusian gelding, 15-2 hands, competing at Grand Prix. Amateur- safe and friendly, and in my price range (just barely).

My good friend Kathy had been in the area earlier, had seen and ridden the horse, and encouraged me to go down and try him out. She said I would learn a lot from him, and he was so much fun to ride. That in itself is kind of a new concept for me — I tend to be way too serious in my riding to regale in the fun of it.

So I booked a flight (for too much money) and found a room to rent (in the low-rent district, which made up for the expensive flight), and headed down. The horse - I'll call him Easy - was all tacked up (by his groom – more about that later), his mane in an impossible-looking double French braid, and in a double bridle. I explained to the agent, Sara, that I had not ridden in a double for months, and I would prefer to ride in a snaffle. The owner – I'll call her May – didn't have a snaffle bridle. OK, well, I'll manage.

Sara rode him first, putting him through all his paces including lines of changes. He looked like a dream. I got on him, and there was quite the steep learning curve — lots of instructions to make the reins shorter (a real bugaboo of mine) and to do more and stronger half-halts. Finally I got things in order, and it was quite wonderful. I — who have never ridden above Second Level — was riding a Grand Prix horse!

However, my mind was full of doubts after I got off. I cancelled the pre-purchase exam appointment I had made for the next morning, thinking Easy was not too easy for me, and I doubted that I would be able to ride him without continual instruction. I decided to ride him again in the morning – after all, I'd come a long way to look at him – and requested he be tacked with a snaffle that Sara loaned us. I got on and rode the way I do at home, allowing him to walk on a long rein to loosen up his joints. As we did that, May and I had an interesting conversation. She asked whether I had a groom to braid that beautiful mane. No, I said. But then I thought to myself – of course I have a groom, I see her whenever I look in a mirror. Then May asked if I think about all of life's little problems while I am going around on that long rein. No, I said – I do that while I am mucking out stalls. Oh she said – you have to muck your own stalls? Well, yes, and braid my horse's mane, as well. I don't think she can relate.

My ride was fabulous – I rode him in a lower level frame, and his whole body was saying "thank you!". We also did countercanter and canter half-pass. And it was easy! I re-scheduled the exam.

Sara had invited me to watch her lesson with Lars Peterson later in the day, and in the meantime my friend Tacie, who had come to watch me ride, invited me to watch her work her horse. My day was quickly becoming a day of dressage immersion. Tacie boards with Betsy Steiner. I met a number of other boarders at Betsy's barn, as well as Betsy herself. Everyone at the barn was friendly, smiling, and welcoming. I was beginning to understand why people flocked to Wellington — what a good time everyone was having, being among people with the same goals and challenges.

Betsy's facility is at White Fences Equestrian Center, a complex of boarding barns, homes, and show arenas. It is just beautiful — with seemingly endless miles of white fences. After watching Tacie work her lovely Danish Warmblood, and sneaking a few peaks at Betsy's lesson in the next arena, I headed to another part of the complex, called Legacy Farms, to watch the lesson with Lars. Sara was riding a German riding pony, schooling the Grand Prix movements. How fun to watch that! When Sara's lesson was over, we all headed back to the property where I had rented a room, and where Sara keeps some of her horses. Sara was giving her friend Janice a lesson on a young mare that Janice had just bought. So the day ended much as it had started.

Driving through Wellington all you see are equestrian facilities — arenas, polo grounds, McMansions with adjoining barns and arenas, huge trucks, and huger trailers. There are major events every weekend, at least through the winter season. Everyone down there seems to eat, breathe, and live horses. But it is such a different world from the one I live in, and while it was certainly fun to visit, I can't see myself down there for "The Season". I like to muck my own stalls, and braid my own manes (even though I am not good at it). I don't mind (too much) going out to do chores when the wind is howling and the snow is deep.

I did come to realize that not everyone who was there for The Season was a 1%-er. I met several (hard) working students, as well as folks — mainly women - who worked hard all year to be down in Wellington for a month or two. Certainly there are many elite horses and riders, but I came to realize that it is not as exclusive as I first thought. There are ways to make it happen if you are dedicated enough.

Easy did not pass the pre-purchase exam, so he won't be coming home with me. As the saying goes, if it sounds too good to be true, it probably is. Maybe he prefers not being a big turnout with other horses, getting to roll in the mud and get that beautiful long mane filthy dirty. He didn't have a chance to tell me. But I got a chance to spend 36 hours in Wellington.

#### World Cup - Susan Mulvey

I was lucky enough to attend the FEI World Cup in Omaha this March. I received VIP tickets for a Christmas present (thank you Jerry). We flew to Omaha and were greeted by Volunteers who shuttled us to our hotel in Iowa (I was confused but it is right across the Missouri River). We flew in with an owner of a jumping horse from Germany. On Thursday morning we watched to Grand Prix riders school their horses. It was a heady experience to stand next to their coaches and grooms and listen to their comments. How often do you get to see Carl Hester walking in the crowd? He was very patient and posed for many pictures with his fans. We took a break by shopping (there were representatives of brands from all over the world) and then off to lunch in the VIP lounge. In the afternoon, we watched the Grand Prix. The US riders put out an incredible effort and it was fun to cheer for them. I thought Laura Graves should have won over Isabel but opinions are like noses, everyone has one. We had dinner in the lounge and watched the Jumpers on a big screen television.

On Friday, we watched a Dressage Showcase staring Tristan Tucker riding his Grand Prix as narrated by his horse. I have seen this on video but in person it is wonderful. We saw several Para riders doing Freestyles which is always inspiring. There were Western Dressage rides and Freestyles as well. The highlight was Isabel giving a clinic to a 5 year, 7 and 8 year old horse. Her comments were simple and to the point. She was very down to earth and the crowd did not like it when they ended her session. We could have listened to her the entire day. There was more Grand Prix Jumping that night which we again watched from the lounge.

On Saturday morning, Tristan Tucker gave a demonstration of his desensitization methods. That was inspiring to watch. Poor Wulff now has had to learn the Spanish Walk and put up with plastic bags waving around his head. The Grand Prix Freestyles had the crowd on their feet. Each one was better than the one before. It was a close call but Isabel won the title. Watching the awards ceremony was fun as Isabel sprayed everyone with Champagne.

Minutes of the last Club Meeting will come via a separate email—I was unable to copy it to the Newsletter

Present: Jane Marie Law, Kathy Thode, Carol Morris, Bettina Wagner, Connie O'Hearn, Jean Foley, Tina Matejka.

<u>For the good of the order</u>: Jane Marie stated that all types of volunteer organizations have the same problems. Fortunately, we have resources and strategies to overcome them. After attending the Region 8 meeting via a conference call, and hearing about the strategic plans done for the USDF and Region 8, a strategic plan for CDCT will be undertaken to make facts evident, so we have knowledge of the direction we should be going in. Late August is when the strategic planning meeting will be scheduled.

- 1. Approval of minutes of previous meeting: Kathy moved, Carol seconded; approved.
- 2. Treasurer's Report: No report this meeting.

#### 3. Old Business:

<u>Working Equitation clinic</u>: Carol reported that the clinic was a success. The club got two or more new members as well as young riders joining. There appeared to be interest in future working equitation clinics with the clinician, Susanne Marshall. It was recommended that future clinics be held over two days.

<u>Fall Symposium</u>: Jane Marie and Kathy met with CNYDCTA to discuss co-sponsoring a Fall Symposium. After they considered it carefully, they declined co-sponsoring the clinic but did promise to help with a monetary contribution. After rethinking the plan, Jane-Marie and Kathy decided that it was a good plan but it should be done on a smaller scale at some point in the future.

<u>Fall Wine Tour</u> (Year End Awards) A date will be set this summer for the fall event. Also a plan will be made to have a separate awards event for young riders.

#### 4. Committee Reports:

<u>Publicity</u> Kathleen Hefferon has met with Carol Morris to discuss problems with becoming the Facebook Administrator. She plans to communicate with CNY and WNY dressage groups. Also, she will look into advertising in the NY Horse Magazine the future.

<u>Eventing Committee</u> Bettina and Tina discussed putting together a report for the newsletter on their trip to the Rolex Event.

<u>Show Committee</u>: There are several volunteer positions still unfilled that can hopefully be confirmed soon. Ring stewards and arena set up are the major areas needing help. Please let Connie O'Hearn know how you can help.

It was brought to the attention of the board that walkie talkies have been used in the past to communicate between rings and the office. We have not had them in the last few years(?) and they are really needed. Does any club member happen to have any

of these that we might borrow? Otherwise we should consider buying some. Tina suggested we might use cell phones to communicate.

Sponsorship/advertising: any one who would like to help sponsor the show should contact Kathy Thode asap in order to get ads into the show program and to be recognized as a Sponsor.

#### 5. New Business

Survey of Member's Communications: 42 responses. Email was the best option by far, then Facebook, and then the newsletter/webpage (low use only for double checking information and getting forms etc.) May need to consider Instagram and texting for younger members. Also all board members will have the email blast option to make email more accessible.

Newsletter: Jane-Marie mentioned that Andrea Beukema and Ellie Newton were interested in helping out with the newsletter. Some ideas that came up at the meeting were: to have a trainer profile article; feature a young rider who is in the club; introduce new members along with a picture of them and/or their horse; a calendar of events; overcoming hardship articles; and 'in memoriam' of horses or members in the past year.

Region 8 Meeting Report (via phone):

The USDF Annual Meeting will be Nov 30-Dec 3, 2017. The theme is getting to know your Federation. Proxies have been used for voting far too much. Proxies do not understand the region or area that they are representing as well as someone who actually lives there. We need to try harder to always send a voting rep, however we also need to make it affordable for that member. They should be an active member who knows the concerns of the membership.

The USDF has provided every region with \$3000. to use for education. GMO's need to apply for this money and can receive up to \$1000./ GMO. Use it or lose it policy!

The Dover Medal will be phased out and Adult Equitation medals will take their place.

Some of USDF's Strategic Planning: Schooling shows have not received any support in the past but USDF plans to start offering in 2018 a USDF Local Show program. More details when they begin rolling this out later this year.

Many USDF Awards are not being applied for so that prizes and awards are just sitting there waiting to be given out. There needs to be a renewed push to apply for these various awards.

5. NEXT MEETING: Location TBA. Date- Thursday, July 6th, 2017

### Our Sponsors—We like to say thank you to all of our supporters

Equissential LLC

Canterbury Stable

VLM Dressage & Sport Horses

Voltra Farm

Jason Turk, Farrier

Thomas J. Martin, Farrier

Brookside Lumber & Brookside Farm

Early Winter Equine Medicine & Surgery

Finger Lakes Equine Practice

Horse Tech

Ollie Oop Farm

B and G Trailer Sales

Dryden Wine and Spirits

Mitchells Western Store

IPM Laboratories Inc

Cornerstone Wealth Management

Maren Boyko Photography

Gale's Equine Facility

Carriage House Saddlery

Dryden Agway

Tim Briggs, Farrier

# **CDCT Dressage Clinic**



with Beth Beukema

August 12,017 at Oxley Equestrian Center in Ithaca, New York.

Ms. Beukema is a large "R" USDF Certified Judge and Clinician.

The clinic will be offered the day before our Casual Show at Oxley.

The clinic is "Balance in Motion" (see complete description in our newsletter). Both riders and non riders can participate.

#### Introduction

Session one held the morning of the first clinic day (1- 1 ½ hour session). This session introduces the basic philosophy and theory of the Balance in Motion program. All riding participants strongly urged to attend. Auditors are encouraged to participate fully in this interactive warm-up exercise program.

Everyone should bring yoga mat or blanket and dress comfortably. Non riders cost- \$20 non member of CDCT.

**Riding** portion involves both mounted and mat exercises interspersed. Riders warm horses up and then after analysis dismount and work on 1-2 exercises and then remount and feel the difference in their bodies and their horse's way of going. This is repeated several times. Each rider will need to have someone to hold their horse while they are on the mats. Cost is: \$90 member, \$95 non member of CDCT.

7 riders per day works well each for one hour.

Stabling is limited on a first come, first serve- \$10/day, \$15 overnight.

Approved helmets for riders, current Coggins, Rabies and EHV vaccines are required for horses. Entry forms available on our website.

For more info contact Dinah Guarino at <u>dinahguarino@yahoo.com</u> or 315-702-3973.

# CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC. ANNUAL MEMBERSHIP APPLICATION

PLEASE PRINT: Name:
Address:
Home phone (area code first):
Business phone (area code first):
Fax (area code first): E-mail:
Is there information above that you do not want published in our yearly membership list, which is distributed to members? If so, please specify:
Birth date:
Are you an instructor or trainer? ☐ ☐Yes ☐ ☐No
<u>Dues renew each Nov. 1</u> to ensure you will receive newsletters and be included in the Annual Membership Roster. <u>Membership benefits:</u> Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).
Enclosed is my payment for:
☐ Individual Membership (\$35)
Family Membership (\$45)
☐ Junior Membership (\$25)
Activities sponsored by CDCT include a variety of shows, mounted and unmounted clinics, films, speakers, and social events. These are produced by volunteer work from our members. Please indicate below the ways in which you could contribute to the success of YOUR club:
☐ Dressage Show: Planning, paperwork, grounds preparation, help on show day, etc.
☐ Education/Clinic Committee
☐ Awards
☐ Newsletter
Other:
Please make checks payable to CDCT, Inc. Please mail application and dues to:
Please mail application and dues to: CDCT, Inc.  s/o Downs Young
CoDollar Tourig
11 Cline Road Binghamton, NY 13903 GROUP MEMBER
usof organization

CDCT, Inc. is a Group Member organization of the USDF; therefore, CDCT members are automatically USDF Group members.

#### WHOTO CONTACT:

Officers: President Jane Marie Law jml16@cornell.edu

Vice-President: Connie O'Hearn (315) 730-9124 ohearn3@netzero.net

Past President: Carol Morris (607) 753-7256 cmorris1050@gmail.com Andrea Chamberlain

907.342.0076acham479@gmail.com

Treasurer: Ginny Grove (607)387-9253 vs24@cornell.edu

Recording Secretary: Kathy Thode (315) 497-2002. kthode3@gmail.com

and Chris Hand (607) 292-6084 chand2@roadrunner.com

Membership: Donna Young (604) 669-4156, dyoung@binghamton.edu Web mistress: Karen Steffy (607) 342-8144 wonderpony92@gmail.com

Newsletter: Susan Mulvey 607.343.2701 smulvey@stny.rr.com

#### Committees:

Education: Jane Marie Law Connie O'Hearn Carol Morris

Sponsorship: Dinah Guarino & Kathy Thode

Dressage (show, clinics): Donna Young, Connie O'Hearn, Connie O'Hearn Kathy Thode

Publicity: Carol Morris

Combined Training: Ginny Grove Jr/Young Rider: Andrea Bekeuma

Awards: Jane Marie Law Karen Steffy Kathy Thode

You can call me if you need me: Molly DeTuri, Diane Moose, Bethanne Beckhorn and Carol Morris



#### CDCT, Inc. is a non-profit organization promoting Dressage and Combined Training

CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF; THEREFORE, CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

We're on the web! http:/www.cayugadressage.org



CDCT, Inc. c/o Susan Mulvey 1609 Parkwood Road Vestal NY 13850



CDCT, Inc. is a non-profit organization promoting Dressage and Combined Training

CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF; THEREFORE, CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

We're on the web!
http://www.cayugadressage.org
LIKE US ON FACEBOOK