

COLLECTED NOTES



SEPTEMBER 2018

A BLAST FROM THE PAST! *PRESIDENT'S NOTE, SEPT. 2008!!*

Once again as the New York State Fair looms later this week, I can't believe that the summer is almost over. Even though it has been a rather wet summer, I have certainly had lots of good riding time.

If you haven't been able to get to some of our club functions, you have missed some good experiences.

In addition to our great Recognized Show, we had an informative and educational longeing and long lining clinic with Pat Ross. Young and older horses alike benefitted from Pat's expertise. We had a wide range of horses and their level of training, so we all had areas of

difficulty, or areas where we needed to either move ahead or back off. Of course, Pat made it look fairly easy with her nicely trained Morgan mare.

Then there was the Casual Show which was graciously hosted by Judy Poss at Asbury Farm. With Anne Ward at the helm as horse show organizer extraordinaire, it was sure to be a hit. It's always a great way to get out there and get some show experience in a laid-back venue, especially when you have a rather inexperienced horse such as Kathy Thode and I rode. *(continued)*

UPCOMING EVENTS

NEXT MEETING: September 25, 6-8 pm, Fallen Tree Center for Resilient Living, 16 Muriel St., Ithaca, NY. You know, the same old same old boring CDCT meeting: great wine, great food (a potluck), nice desserts, good conversation, kind hearted people, a business meeting. Oh yawn. Life is just too much fun with CDCT. JOIN US! Please contact Jane Marie Law for more information.

AWARDS EXTRAVAGANZA!

The Awards Extravaganza will be held on Sunday, November 4 from 10:30 – 1:00 at Fallen Tree Center for a Resilient Future, 16 Muriel St., Ithaca, NY. Please see the information in this newsletter!



RIDER TIP FROM JANA WAGNER:

Ride with a polo wrap that runs from one side of the horse to the other, underneath the belly, and in front of the girth, to stabilize your hands.

We brought Corry, Brookside Farms' lease horse, whose dressage background is unknown to us. Of course, the day before the show she was in raging heat and totally unfocused with riding. We were sure she would be a maniac at the show. But, lo and behold, she surprised both of us with her calm manner, making the show a positive experience for all three of us. Horse just never cease to amaze me.



So, as we move on to the fall and hopefully lots more good riding weather, we have yet another great riding camp planned. This year, the camp will be at Finale Farm in Lansing. Having ridden with our clinician, David Thind, in the past, I can only say that for those attending either as rider or auditors, be prepared for a fun and educational experience. David does a lot of work with the rider on the ground with body awareness and improving your position as a rider. He also is an extremely positive instructor who keeps you motivated.

So, even if you can't attend as a rider, come as an auditor. You won't be disappointed.

- Dinah Guarino

MEMBER BIO: *SARAH HEPLER*

Hi! I'm Sarah Hepler! I'm a new member, and new to the area!

About me, well, I've been riding since 1988 and riding with only one arm since 1990. After I lost my arm, my dad made good on a promise he made me while in the hospital of buying me my first horse. Begin my obsession with the OTTB! Speak no Evil- aka Speaker- was my 20-something, been there done that, first horse. He taught me the ropes of hunt seat in which I competed for a few years before switching to eventing.



I've been a catch rider, an assistant trainer, a rescuer, but most recently a student of Classical Dressage. I'm working to get back into eventing. Oh, and also, I'm a "collector" of incredible OTTBs! I currently have four of my own, Austerity Measures (Austin), Solina Bambolina (Lena), Flat Leaver (Fletcher), and Bendito (Bandit). This will be my second year competing in the Retired Racehorse Project's Thoroughbred Makeover in Lexington, Kentucky. Fletcher and I will be competing in Dressage and Freestyle. Follow Fletcher and me on our road to the Retired Racehorse Project's Thoroughbred Makeover at <https://www.facebook.com/fletcherdoesthemakeover/>

So that's basically my kids and me! I look forward to getting to know everyone!

DRESSAGE AT THE FAIR

by Prin Furst

I would like to thank the CNYD&CTA, Spruce Valley Stables and Naomi Blumenthal for making history happen by bringing Dressage to the Fair. After many years of showing Hunter and Breed shows at the fairgrounds, it was nice to have the chance to show Dressage. The show was well run with seventy rides scheduled. I look forward to showing again next year.

The New York State Fair was always one of my favorite shows when I showed my first Appaloosa twenty five years ago, since he always liked seeing all the sights. This is my first year showing dressage. My current horse, Supremely Lit Image, AKA “Lance”, loves seeing new places and handled the day quite well. It was a learning experience for all. The office staff and volunteers were very helpful and proficient and the judge understood about the horses being a bit nervous about being in the coliseum for the first time. The souvenir “Dressage at the Fair” pins were a nice touch. It was nice having a dressage show so close to home and I hope that more dressage shows can be added to the fairground schedules. It was nice to promote dressage and I wonder if a dressage day was added to some of the hunter jumper weekends, like the Breeders show and the Jr-AM show, if more people would try our sport. We even got our obligatory picture in front of the fair barns. So once again, Thank you to all the people that made this enjoyable day possible.



ANN FORER CLINIC NOTES— AUGUST 11, 2018

by Karen Steffy

(Ann Forer was our clinician/judge at our Casual Show.)

- To get the horse round at the trot, pretend that you are riding the free walk, and ask the horse to stretch as you would in free walk

- When schooling in a ring, stay off the rail so that the horse doesn't become dependent on the rail for steering

- Push the hind end forward and follow that energy with your hands.

If the horse is trotting too quickly, post “half as often” to slow the horse down

- Push, don't pull!

- Push the horse into the walk

- Less is more

- No, no, no!

- Chill!

- Great!



Norm Johnson and Ann Forer

CAYUGA DRESSAGE AND COMBINED TRAINING CLUB AWARDS 2018

*The Awards Extravaganza will be held on Sunday, November 4 from 10:30 – 1:00 at
Fallen Tree Center for a Resilient Future, 16 Muriel St., Ithaca, NY.*

Please contact Karen Steffy more information.

It is time to nominate your fellow horsepersons for end of year awards! Your humble awards committee (whose motto is “We can honor whatever we want because we can!”) has been busy in their hive of altruism thinking up new and better awards to delight and honor our members. But not all of the fun is ours alone! You get to nominate (and even self-nominate in some cases) the best, brightest and even most fool hearty. Send your re-plies to Karen Steffy (wonderpony92@gmail.com). All nominations due by October 15.

The awards needing nominations are:

1. Good Sportsmanship Award

This award was created to highlight the ideals and values of good conduct, civility, good role modeling and sportsmanship in our sport. An award is given each year to the club member who has consistently displayed the values of kindness to people and animals, in competition graciousness in losing or humility in winning, in everyday activities in the club and stable encouragement of others in their endeavors, and a willingness to serve as a positive role model for other people coming into the sport. This award is by nomination. Nominations for the award should be send to the awards committee no later than October 15. The awards committee will select the annual recipient, who will be honored at the annual banquet and in the newsletter. Nomination letters should include the person’s name and a detailed description of why the nominator thinks this person is a good recipient. They should be received no later than October 15.

2. Spirit of Dressage Award

This award is given annually to a person 21 years of age or under (as of January 1 of the award year). The award is \$150, to be used towards advancement of educational goals. To be eligible for the award, the candidate must: 1) be a member in good standing in CDCT at the time of application, 2) be pursuing the art of dressage in a consistent fashion (though not necessarily competing), 3) complete a statement of purpose and submit one nominating letter from any club member or a trainer and submit these documents to the Board of Directors of the club no later than October 15.

Description of the award:

Dressage is a lifelong pursuit, and Cayuga Dressage and Combined Training wishes to recognize a young person who is representing the values and ethics of dressage as an art form: the quest for honesty, naturalness and harmony in one’s dealings with his or her horse, the attention to the deliberate and careful development of the talents of the horse and 3) an emerging expression of these qualities of cultivation in one’s own life.

Statement of purpose: Please write a short statement (between 250 and 500 words, lone to two pages) describing your background with dressage, why you are attracted to this art and what this discipline has taught you. Please also indicate your future plans regarding your riding. Also ask one person, preferably a club member or trainer (but not a family member) who is familiar with your dedication to dressage to write a letter of support for you.

3. What Was I Thinking Award?

(Self-nominations possible, more than one award may be given if the humble awards committee deems it to be necessary) This award is designed to honor the person who took enormous risks this year and is not yet sure if they are worth it. Acts of sheer bravery, utter stupidity, fool-hearty enthusiasm and downright risky decisions are to be honored. A nomination must include a description of the behavior or action that merits awarding with all-expense paid trips to exotic locations (other than the emergency room).

4. What Was I thinking Revisited Award?

If you were nominated for the What Was I Thinking Award last year, how did it go? Fill us in on what has happened in the past year!

5. That turned out better than I thought award

This award, also open for self-nomination is likely to be packed next year as we have the results of our What Was I Thinking Awards. Did you do something risky last year? Are you glad you did? Write it up and tell us about it. You too can be the gateway drug to risk taking behaviors. More than one award may be given.

5. Spouse of the Year Award

(Can be nominated by their own spouses, preferably). Tell us why your non-horsey spouse deserves an award. Honestly, we will award as many of these as we can, but awardee must be present to win. Who knows what could be behind door number 2 for you? Awardee does not have to know what a coefficient is, may not know how much you actually paid for that saddle, but should be able to know that one horse power beasts are way more expensive than 10 horse power contraptions. No actual financials of dressage will be discussed at the awards ceremony.

7. Miss Universe

This award goes to the man or woman (but sorry, regardless, you are Miss Universe) who best exemplifies all around Good Egg-ness and wants both world peace and a horse that loads on a trailer. No self-nominations, please, but we will need a runner up, in the event that Miss Universe is unable to carry out her arduous duties so nominate now. No bathing suit competition this year, but awardee should look good in muck boots. Nominate away.

8. New Member of the Year Award

This award goes to the new member who has dived right into the melee and proven themselves dedicated to the club. You may not self-nominate for this award.



SHOW RESULTS

Keepin' It Casual Show

August 12, 2018

DRESSAGE

First Level Test 2

Nicki Lund	59.531	1
Jean Foley	59.219	2

Second Level Test 1

Alyssa Delucci	57.576	1
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First Level Test 1

Jean Foley	56.481	1
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Third Level Test 1

Nicki Lund	51.061	1
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First Level Musical Freestyle

Dinah Guarino	60.033	1
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Introductory Test C – Junior Riders

Kaylie Browning	64.500	1
Aubrey Dickens	64.25	2

Introductory Test C

Kathy Thode	66.000	1
Becca Harrison	65.250	2
Claudia Wheatley	64.000	3
Shannon Ryan	60.750	4
Skye-Anna Nye-Smith	59.500	5
Colleen Price	53.750	6

Training Level Test 1

Laurie LaPlante	62.609	1
Ginny Grove	62.609	1
Prin Furst	61.522	2

Introductory Test A Lead line

Sophie Keim	55.938	1
Glenn Hill	retired	

Introductory Test A – Junior Riders

Evelyn Miller	67.188	1
Michaela Keim	56.563	2
Adelaide Hill	52.500	3

Introductory Test A

Sarah Hepler	72.813	1
Kathy Thode	69.063	2
Ginny Grove	65.625	3
Colleen Price	64.375	4
Robin McNabb	61.563	5
Candy Maxian	60.313	6
Norm Johnson	58.125	7

USEA Beg Novice Test A

Jax Maxian	32.62	1
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Training Level Test 2

Laurie LaPlante	61.538	1
Prin Furst	60.385	2

Introductory Test B – Junior Riders

Aubrey Dickens	65.000	1
Evelyn Miller	62.188	2
Michaela Keim	56.875	3
Adelaide Hill	47.500	4

Introductory Test B

Sarah Hepler	69.688	1
Robin McNabb	67.500	2
Becca Harrison	66.250	3
Claudia Wheatley	63.438	4
Norm Johnson	60.624	5
Candy Maxian	57.188	6

SHOW RESULTS

Keepin' It Casual Show

August 12, 2018

(continued)

COMBINED TEST

Training Level Test 3

Laurie LaPlante	64.318
Jean Foley	64.091
Prin Furst	60.910

1	Tadpoles (18" cross rail)		
2	Evelyn Miller (JR)	32.81	1
3	Ginny Grove (AA)	34.38	1

Dressage Seat Equitation

Connie Price	58.000
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Elementary (2' jumps)

1	Kaylie Browning (JR)	35.5	1
	Skye-Anna Nye-Smith (AA)	40.5	1
	Becca Harrison	eliminated	
	Shannon Ryan	eliminated	

USEA Novice (2'11" jumps)

	Jax Maxian	32.62	1
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Additional Local Dressage and Combined Training Groups

[Central NY Dressage and CT Association](#)

[Endless Mountains Dressage and Combined Training Club](#)

[Genesee Valley Riding and Driving Club](#)

[Western New York Dressage Association](#)

CALENDAR

September

September 9: Fall Schooling Show – *Tanglewood Riding Center, 3340 Lafayette Road, Jamesville, NY; Contact: twood315@aol.com*

September 16: Fox and Hound Derby – *Carriage House Saddlery, 325 Waterburg Road, Trumansburg, NY; Contact: 607-280-0225*

September 16: Cohocton Hunter Pace – *3224 Henry Drum Road, Cohocton, NY; Contact: dlw2@cornell.edu*

September 16: Stockade Schooling Dressage, Combined Tests – *Stockade Polo and Saddle Club, 505 Sacandaga Road, Glenville, NY; Contact: stockadepolo@gmail.com*

September 25 - 30 Dressage at Devon, <https://www.dressageatdevon.org/>

October

October 6-7: Dressage at Stockade Autumn – *Stockade Polo and Saddle Club, 505 Sacandaga Road, Glenville, NY; Contact: stockadepolo@gmail.com*

October 6-7: Art2Ride Clinic with Will Faerber – *Newell Farm, 4064 Logan Road, Burdett, NY; Contact: dad284@cornell.edu*

October 7: GVRDC Pumpkin Derby – *Hideaway Farm, 4130 Roots Tavern Road, Geneseo, NY; Contact: mothersfield@aol.com*

October 14: Horse Trial – *Carriage House Saddlery, 325 Waterburg Road, Trumansburg, NY; Contact: 607-280-0225*

EVENTING CALENDAR

Cayuga Dressage and Combined Training, Inc is supporting its members who are interested in Eventing by assisting to facilitate training and social activities.

**** - indicates a CDCT, Inc organized activity**

September 16, 2018 – Fox and Hound Derby – At Carriage House – contact: 607-280-0225 for details.

October 14, 2018 - Carriage House Horse Trials – A good introduction to eventing or to test out moving up a level. Volunteer to help out at Carriage House if you are not riding! It is a good experience for prospective event riders while helping the local eventing community. 607-280-0225 for details. Not CDCT sponsored, but we support local events!

Lots of fun and educational activities are possible. Stay tuned!

CLASSIFIEDS

For sale: Frank Baines 18" seat, black, MW, wool flocked dressage saddle that has been well cared for and had light use. It was purchased new three years ago. There are swinging stirrup bars that allow for quick on/off of stirrup straps as they can be rotated up and away from the leather panels. The girthing system can be changed from the regular position to the point position depending on the horses fitting need. Also there is adjustment with a "V" billet strap. The only flaw is on the tips of two billet straps where a puppy put a few teeth marks in the leather. This does not affect their use in any way. Asking \$1700. Contact Kathy: 315-497-2002, kthode3@gmail.com



For sale:

Navy blue SmartPak Classic 75" waterproof turnout blanket, med. weight (220 gram fill), excellent condition. 640 denier ripstop, 100% polyester, \$75. (See <https://www.smartpakequine.com/pt/b/7374> for details.)



Green SmartPak Classic 75" waterproof turnout blanket, heavy weight (360 gram fill), excellent condition except one small rip in lining approx. 2" long. 840 denier ripstop, 100% polyester, \$75. (See <https://www.smartpakequine.com/pt/b/7374> for details.)



For Sale: Ansur Classic treeless saddle, black, excellent condition. Seat size "small" according to Ansur, but it's approx. an 18" English saddle seat size, which is med./large, IMHO. Stirrups and leathers included. \$700 OBO.

Contact Sandy, (607) 387-6004, ssu668@twcny.rr.com



CLASSIFIEDS

For sale:

17" Albion SL Ultima extra wide dressage saddle. It fits both my wide (said with love) QH mare and her Trak cross son to whom she passed her size along to. Super comfy and balanced. Beautiful condition with stirrups and girth. Will send more pictures if desired and willing to loan out for a test run.

Asking a firm \$1,200.

Mary Beth Adams
bhorse@mac.com
315-515-9556



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At Springfield Farm, we cherish a horse's individuality and appreciate his history. Each is cared for and loved as one of our own. Springfield Farm is a sixty-five acre farm located in the beautiful Finger Lakes Region of New York and just minutes from downtown Ithaca and Cornell University's Large Animal Hospital. Our care is based on the premise that each animal deserves the best quality of life, including one-on-one attention and focus on individual dietary, physical and emotional needs. Springfield Farm horses enjoy the maximum turnout that weather allows and individual stalls for those days that aren't so nice.

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For sale:

Rolling saddle rack - great for shows or to keep everything in one place \$80.00

Hard sided boot case \$25.00

Full size heavy duty shipping boots \$40.00

Black dressage pads \$10.00 each

For more information and additional photos, contact Sue Mulvey 607.343.2701 or piperhill589@gmail.com



CLASSIFIEDS

EQUINE SPORTS MEDICINE: performance enhancement through neurologic re-integration

Dr. Karen Gellman has practiced equine chiropractic and acupuncture for over 20 years, has an advanced degree in equine locomotion biomechanics, is an internationally recognized equine researcher and a featured speaker on posture and locomotion all over Europe and North America. She can help you and your horse become a more functional, integrated team.

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Contact to schedule an appointment at equinesportsmed@mac.com, or phone (607) 227-5406. More information, including downloadable educational materials at equinesportsmed.com. Happy Horse = Happy Rider workshops available for your facility! Check out Maximum Horsepower Research on Facebook.





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ANNUAL MEMBERSHIP APPLICATION

PLEASE PRINT:

Name: _____

Address: _____

Home phone (area code first): _____

Business phone (area code first): _____

Fax (area code first): _____ E-mail: _____

Is there information above that you do not want published in our yearly membership list, which is distributed to members?
If so, please specify: _____

Birth date: _____

Are you an instructor or trainer? ☐ Yes ☐ No

Dues renew each Nov. 1 to ensure you will receive newsletters and be included in the Annual Membership Roster.

Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

- ☐ Individual Membership (\$35)
- ☐ Family Membership (\$45)
- ☐ Junior Membership (\$25)

Activities sponsored by CDCT include a variety of shows, mounted and unmounted clinics, films, speakers, and social events. These are produced by volunteer work from our members. Please indicate below the ways in which you could contribute to the success of YOUR club:

- ☐ Dressage Shows: Planning, paperwork, grounds preparation, help on show day, etc.
- ☐ Western Dressage
- ☐ Combined Training
- ☐ Education/Clinic Committee
- ☐ Awards
- ☐ Publicity
- ☐ Newsletter
- ☐ Other: _____

Please make checks payable to CDCT, Inc.

Please mail application and dues to:

CDCT, Inc.

c/o Lauren Ostergren

205 Warren Pl.

Ithaca, NY 14850

607-227-4535

lauren.ostergren@gmail.com



CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF;
CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

WHO TO CONTACT:

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Carol Morris
Prin Furst

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Karen Steffy
Kathy Thode

Casual Show:

Ginny Grove
Bettina Wagner
Dinah Guarino
Ellie Newton
Jane Marie Law

Recognized Show:

Dinah Guarino
Connie O'Hearn
Kathy Thode
Bettina Wagner
Jana Wagner
Jane Marie Law

Combined Training:

Ginny Grove
Anna Detar
Nicki Lund
Jean Foley
Lauren Osetergren
Bettina Wagner

Publicity:

Carol Morris
Karen Steffy

Please send any additions for the newsletter to
Karen Steffy, wonderpony92@gmail.com, by the first of each month. Thanks!

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THEREFORE, CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.