

COLLECTED NOTES



AUGUST 2016



COMING CDCT EVENTS !

NEXT MEETING

SEPTEMBER 14 2016

ANTLERS ITHACAS

Upcoming Events

Check online for USDF Recognized show entry forms at:

<http://www.usdf.org/docs/ShowFlash/web/GeneralInfo/Before/EntryForm.pdf>

Membership Renewals

*CDCT, Inc. offers 3-year
membership options!
Form is included in this newsletter*

Casual Show 2016

By Dinah Guarino

I think it is safe to say that Casual Show 2016 was again a success. We had a great turnout, great participants and near great weather. The weather was the biggest concern as it had been uncomfortably hot and muggy for the previous week. We even opted to move the clinic on Saturday to the indoor at Oxley as it was much cooler. Ginny Grove, my right hand (wo)man for the weekend poured over the Doppler screen contemplating whether we should move the show inside or take a chance on the outdoor ring. She and I agreed to try it outside and hope for the best, and it was an excellent choice. The day was overcast which helped to cool down the day, along with an occasional breeze. In the afternoon we did have a couple of brief showers, but club members scoffed at the suggestion of going inside. Obviously those who wanted to go inside have never been subjected to the monsoons of Chemung County Fairgrounds.

I have much more empathy for Anne Ward who has been secretary of this show several years. As I was attempting to put together the ride times I thought of her often. As is the norm 95% of the entries arrived in the last week I believe. As my predecessor had often worried there would be no show due to lack of entries, magically they would appear in the last week.

The Prix Caprilli that I cursed CDCT member and afternoon scribe Karen Steffy for suggesting (yeah, just one more thing to fret about) was a draw for the hunter and eventing crowd. It was fun to watch, and I think may get even more participants in the future.

Erika Eckstrom and her gang from Painted Bar stables brought some junior riders in to the mix. They brought a gaggle of spectators too and maybe even some potential riders for the future?

I think our clinician/judge, Dorothy Maxfield provided some very fair but straightforward scores with many positive and constructive comments. And we were all impressed with her color coordinated peach outfit, all matching right down to the sunglasses.

But none of this could have been carried out if not for the bevy of great volunteers. I have already mentioned Ginny Grove who not only monitored the weather, but everything else from the stabling to Prix Caprilli course set up. Kathy Thode was all day scorer. Chris Hand and Karen Steffy shared scribing detail. Jana Wagner commandeered the score sheet and awards table. Kathy Hefferon and my granddaughter shared ring stewarding and Carol Morris and my other granddaughter shared runner responsibility. Kathie Garnsey filled in spots where needed. And Jane Marie Law who graciously hosted our clinician and judge for two nights at her Air BNB. A special thanks to Carriage House Saddlery, who not only brought their portable tack shop to the show (and found me a pr. Of half chaps I desperately needed), but brought an extra canopy to put over the judge, when mine was packed with a frame, but no nylon canopy. I thank you all so much to give up your day on a precious weekend day in the summer to devote to this club activity. It is all of you that make this a success. Look for results in the newsletter.

INTRO B

Rider	Horse	%	Place
Emily Zygelete	Carriage ouse Dirk	71.875	1
Carol Morris	Magoo	69.062	2
Maureen Monroe	Gringolet	56.25	7
Dylan Fraboni	Slam Dunk	59.375	6
Lindsay Hahnes	Brienne of Tarth	64.387	3
Robin Karth	Gringolet	62.81	5
Laurie Venuto	Toblerrone	63.75	4

INTRO A

Emily Zygelete	Carriage House Dirk	68.75	1
Lauren Ostergren	Matchbox	67.5	2
Carol Morris	Magoo	65.625	3
Maureen Monroe	Gringolet	56.562	7
Dylan Fraboni	Slam Dunk	50.937	8
Lindsay Hahnes	Brienne of Tarth	61.875	5
Robin Karth	Gringolet	61.25	6
Laurie Venuto	Toblerone	65	4

First Level One

Emily Zygelete	Carriage House Hannah	68.889	1
Kim Middaugh	Duke of Beauwillow	62.037	2

FIRST LEVEL TWO

Kim Middaugh	Duke of Beauwillow	62.03	2
Norm Johnson	Calandria J	61.406	3
Courtney Knepp	Gypsy Rose	65.46	1

FIRST LEV- EL THREE

Norm Johnson	Calandria J	55.735	2
Courtney Knepp	Gypsy Rose	66.17	1

PRIX CAPRILLI ONE

Claudia Wheatley	Eve Marie	73.333	1
Krisitne Boys	Rigby	70.333	2
Lauren Ostergren	Matchbox	56.333	3
Erika Eckstrom	Meagan's Fire Storm	52.333	4

Erika Eckstrom	Meagan's Fire Storm	49.5	4
Kate Alfaro	Rhapsody	50.25	3
Kristine Boys	Rigby	68.5	1
Laurie Venuto	Toblerone	66.5	2

TRAINING THREE

Shannon Gutekunst	Disco T	63.182	1
Lisa Cooper		50	2

TRAINING LEVEL ONE

Kate Alfaro	Rhapsody	53.913	4
Joy Tomlinson	Memphis King	66.522	1
Anna Detar	Jack	62.174	3
Shannon Gutekunst	Disco T	63.478	2

TRAINING LEVEL TWO

Emily Zygelete	Carriage House Hannah	71.154	1
Joy Tomlinson	Memphis King	58.654	3
Anna Detar	Jack	63.462	2

WESTERN INTRO

MeganGallagher	Brienne of Tarth	53.571	4
Daniel Salisbury	Double my Scotch	60.357	2
Cody Middaugh	Pepsi Poco Leo Dandy	51.607	5
Tristin Rose Morley	Gringolet	55.357	3
Erika Eckstrom	Meagan's Fire Storm	64.107	1

WESRERN INTROT- INTRO WO TWO

Megan Gallagher	Brienne of Tarth	51.042	3
Daniel Salisbury	Double My Scotch	59.583	1
Cody Middaugh	Pepsi Poco Leo Dandy	46.458	4
Tristin Rose Morley	Gringolet	52.083	2

THIRD LEVEL ONE

Tekla Mills	Davyne	61.364	1
Tekla Mills	Davyne	61.97	1

PRIX CAPRILLI TWO

Claudia Wheatley	Eve Marie	70.769	2
Kristine Boys	Rigby	72.308	1

Region 8 News

We have broken records all over the place. I have received over 200 entries (more like 225 plus) on opening day for NEDA Fall Festival aka Region 8 Championships. This is the largest day for entries for HorseShowOffice.com, and it is for certain the largest day for NEDA! What this tells us is our Regional championships will again be a huge success thanks to NEDA and all their tireless hours of planning and work...

Remember our qualifying for regional championships ends on August 29, 2016. There are many shows you can still get those two scores from, and to get your entry into the NEDA Fall Festival. I will remind you again the US Dressage Finals open to the Open and Adult Amateur Champion and Reserve Champion from the Regional Championships, and also to riders who reach a certain score (information on the USDF Website). These riders will be invited to Lexington, KY to compete head to head with the other regional champions. I am hoping for a big showing from Region 8 again. IMPORTANT note, please remember you will have to declare that you are willing to go to the 'finals' if invited. This declaration must be done by day before our Regional Championships. The USDF website will have more information.

I do have some sad news. This year Region 8 did not have teams for the NAJYRC despite the effort of the Chef d'equipe, Jane Karol, who found great transportation rate, hotels, etc. The expense was overwhelming for parents and all decided to not make the trip! Jane is taking this occurrence and starting fund raising now. I am sure you will be hearing from them.

I would like to welcome the newly elected USDF PM Delegates. They are Sue McKeown, Cynthia Wylie, Regina Cristo, Kathy Hickerson, Karin Swanfeldt, Rachel Ehrlich, Fie Anderson, Nancy Later, Diane Holston, and Linda Mendehall. Some are returning as delegates and others are new. I look forward to working with you this next year as it will be a big one for Region 8! I also want to thank those who decided to step down for all your work you have given Region 8.

Remember we will hold our next regional meeting on October 2, 2016, 11:30am, at the Publick House in Sturbridge, MA. We do like meeting face to face and I hope you can spare the time to make it. However, we have been given the opportunity to use the NEDA conference hub and number for those of you too far so that you can call in. So no excuses! But you will miss the great food at Publick House and the great company!

See you on the Centerline...

Debra Reinhardt

USDF Region 8 Director

Please keep Carol Morris in your thoughts as she has lost her lovely Mateo.



Client Information Sheet

By nature of the "prey" instinct, a horse is always seeking physical and emotional balance. A "balanced" horse will have a better attitude, greater endurance, fewer training issues and improved performance.

At the start of the exam, I identify the areas you will also be able to locate on your horse that indicate the imbalances. Although indicators for specific problems, they are not necessarily diagnostic, and may be correlated to other neurological issues. A practical "hands on" technique, I will teach you how to find and evaluate them.

My exam includes Chiropractic subluxation complexes, Traditional Chinese Medicine diagnostics and Applied Kinesiology. My goal is to allow the horse's body to use all facets of its own innate healing power, an alternative drugless method of healthcare. You can expect pain to be removed and normal ranges of motion restored.

Upon completion, a customized graphic of a horse will list the abnormal gait patterns, therapies and scar memories. The graphic's red points label the most active receptors during the exam. These are sources of resting or moving pain.

Health problems arise from the balance of chemical, physical or emotional issues in the body. Animals may develop problems relating to stress, environment, nutrition, conformation, foot or leg issues, rider or handler skill, saddle fit or harness use and performance disciplines. Other influences from organs, vascular or orthopedic issues and toxins may be identified. **I will be eager to refer a patient to an appropriate primary care specialist for additional protocols and/or work-up if necessary.**

If sensors in your car trigger a message on your dashboard, repairs are required and a mechanic needs to reset the computer. Applied Kinesiology enables me to find, evaluate and reset the faulty body sensors. These are **receptor based therapies**. Traditional Chinese Medicine measures an energy, *Qi*, as it flows continuously through twelve channels from one acupuncture point to another. If the *Qi* is not balanced, a blockage in one of the channels may affect other channel functions as well. Chinese **Acupuncture** (needles) or **Tui-na** (massage) **therapies** are very effective in removing these blockages. Chiropractic subluxations are adjusted to restore function not only to the nerves and muscles but also the internal organs. **Chiropractic therapies** will improve the circulation and nerve energy to extremities, The feet actually become warmer, and occasionally a foot may fester causing a lameness. Please have your regular veterinarian or farrier examine and treat it.

If you have ever removed the many layers of paint on an old chair, you know the job can be frustrating. My patients may have patterns that won't be displayed until the primary pattern has completely resolved. Sometimes the primary pattern will return, particularly if it was present for a long time. Sometimes the pain is linked to a totally unrelated area and very hard to identify. Three evaluations are suggested before deciding effectiveness and/or a need for different diagnostics or treatment. Patients recovering from an injury may need more attention. Active performance horses may need extra maintenance, just listen and they will tell you!

These therapies may not produce immediate results and may take several days to be effective. There may even be some initial soreness in previously inactive muscles for a day or two. The body needs to move as part of the therapy, allow the patient to have more freedom than a boxstall. I care a lot about returning a horse to normal balance and performance level. **If within the first week your horse has not shown any improvement or is showing new symptoms, I want to know so that we can evaluate your observations. Responses may be variable, I encourage every owner to contact me with a progress report anytime.**

I applaud your concern for your horse's wellness. I sincerely hope this information has been helpful.

Richard E. Card DVM

Chi Institute: Traditional Chinese Veterinary Medicine, Acupuncture and *Tui-na*
Options for Animals College of Animal Chiropractic; International Veterinary Chiropractic Association

CLASSIFIED ADS

Dressage Instructor - Donna Young, USDF Gold, Silver and Bronze Medalist and USDF Certified Instructor. Available for lessons and training in Classical Dressage to dedicated horse lovers, for competition or pleasure. Personally trained three sister Trakehners to Grand Prix, and coached 5 students to Silver Medals, and 5 students to Bronze Medals. Owner/operator of Crooked Creek Farm in Binghamton, NY since 1984. Manager of the Cayuga Dressage & CT annual USEF/USDF recognized Dressage Competition. Contact information: 607-669-4156 or email dyoung@binghamton.edu.



CLASSIFIED ADS

Ω Dressage for All Disciplines Ω
Cynthia Bradley-Mancini
Dressage Instructor



Cynthia Bradley Mancini welcomes new clients in the Central NY region for riding instruction and training in classical dressage. Cindy is a USEF "r" Eventing judge and is a USDF Silver & Bronze Medalist, graduate of the USDF "L" program; she attained her USPC "A" rating, and has taught riding for over 20 years. She has competed successfully through FEI Prix St George. She has also competed successfully through the Preliminary Level of Eventing. She trains regularly with Lauren Sammis International Dressage competitor and Pan American Gold and Silver medalist as well as USDF Gold, Silver & Bronze Medalist. Cindy believes that riding should be a positive, enriching experience for both horse and rider, and she works enthusiastically with novices as well as upper level dressage students. Cindy is happy to travel to students' own farms or boarding barns and can teach on a range of excellent school horses in the Ithaca area.

Call 607-222-8814 or email cindymancini2@aol.com
Fully insured & references available

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CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC.

ANNUAL MEMBERSHIP APPLICATION

PLEASE PRINT:

Name: _____

Address: _____

Home phone (area code first): _____

Business phone (area code first): _____

Fax (area code first): _____ E-mail: _____

Is there information above that you do not want published in our yearly membership list, which is distributed to members?
If so, please specify: _____

Birth date: _____

Are you an instructor or trainer? ☐ Yes ☐ No

Dues renew each Nov. 1 to ensure you will receive newsletters and be included in the Annual Membership Roster.
Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

☐ Individual Membership (\$35)

☐ Individual 3 - Year Membership (\$100)

☐ Family Membership (\$45)

☐ Family 3 - Year Membership (\$125)

☐ Junior Membership (\$25)

☐ Junior 3 - Year Membership (\$70)

Activities sponsored by CDCT include a variety of shows, mounted and unmounted clinics, films, speakers, and social events. These are produced by volunteer work from our members. Please indicate below the ways in which you could contribute to the success of YOUR club:

☐ Dressage Show: Planning, paperwork, grounds preparation, help on show day, etc.

☐ Education/Clinic Committee

☐ Awards

☐ Newsletter

☐ Other: _____

Please make checks payable to CDCT, Inc.

Please mail application and dues to:

CDCT, Inc.

c/o Donna Young

11 Cline Road

Binghamton, NY 13903



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WHO TO CONTACT:

Officers:

President: Andrea Chamberlain (907) 342-0076 acham479@gmail.com

Vice-President: Connie O'Hearn (315) 730-9124 ohearn3@netzero.net

Past President: Carol Morris (607) 753-7256 cmorris1050@gmail.com

Treasurer: Ginny Grove (607) 387-9253 vs24@cornell.edu

Recording Secretary: Kathy Thode (315) 497-2002. kthode3@gmail.com
and Chris Hand (607) 292-6084 chand2@roadrunner.com

Membership: Donna Young (604) 669-4156, dyoung@binghamton.edu

Web mistress: Karen Steffy (607) 342-8144 wonderpony92@gmail.com

Newsletter: Susan Mulvey 607.343.2701 smulvey@stny.rr.com

Committees:

Education: Sue Mulvey, Jane Marie Law & Chris Hand

Sponsorship: Dinah Guarino & Kathy Thode

Dressage (show, clinics): Donna Young, Connie O'Hearn, Ginny Grove, Barb Knoblauch, & Chris Hand

Publicity: Kathleen Hefferon

Combined Training: Tarene Friedman & Sally Lawrence

Jr/Young Rider: Connie O'Hearn, Kathy Thode, Dinah Guarino & Diane Moose

Awards: Karen Steffy

You can call me if you need me: Molly DeTuri, Diane Moose, Bethanne Beckhorn and Carol Morris



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CDCT, Inc.
c/o Susan Mulvey
1609 Parkwood Road
Vestal NY 13850



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