

COLLECTED NOTES



MAY 2016



COMING CDCT EVENTS !

NEXT MEETING

JULY 13, 2016

LOCATION TBA

WE WILL SEE EVERYONE AT THE SHOW!

Upcoming Events

Alex Robertson Clinic at Hawk Hollow Farm
May 24 & 25, 2016

June 11 & 12 2016 Schooling and Recognized
Dressage Show Horseheads, New York

Schooling Show and Clinic with Dorothy
Maxfield August 13,-14, 2016 Oxley Polo Arena,
Ithaca, New York

Check online for USDF Recognized show
entry forms at:

[http://www.usdf.org/docs/ShowFlash/
web/GeneralInfo/Before/EntryForm.pdf](http://www.usdf.org/docs/ShowFlash/web/GeneralInfo/Before/EntryForm.pdf)

Membership Renewals

*CDCT, Inc. offers 3-year
membership options!
Form is included in this newsletter*



Cayuga Dressage and Combined Training Schooling Show- August 14, 2016

**J.T. Oxley Equestrian Center
Cornell University, Ithaca-NY**

**OPEN: July 5, 2016
CLOSING DATE: August 6, 2016**

Manager: Dinah Guarino
Secretary: Dinah Guarino
4250 Duryea Street

Moravia, NY 13118

315-497-9922

dinahguarino@yahoo.com

Judge: Dorothy Maxfield, USDF "R" Judge

CLASSES OFFERED:

Cost: CDCT Member (20.00) and Non-CDCT Member (25.00) Jr/YR get second test free.

USDF Intro thru Second Levels (bring tests if beyond 2nd level)

Musical Freestyle (Bring your own music; state your level)

Western Dressage (Please inform secretary of level)

If time permits, riders can do a 3rd test (please note this on your entry form)

Stabling: \$10/day or \$15/overnight; stabling limited please let secretary know your request (bring own bedding & strip stall after use)

AWARDS:

Ribbons, 1st-6th, each class

RULES:

Show starts at 8:30 A.M.; Ends with the last test ride (RAIN OR SHINE)

Outdoor dressage ring; warm-up indoor arena, weather dependent

Show is informal; dress code--tidy (braids are optional). ASTM/SEI certified helmet required when mounted.

If time allows, the judge may discuss your ride with you

Ride times will be called or e-mailed on Thursday before the show

Current Negative Coggins & Rabies Certificate are required - send copy with application.

Entry form: Can be found on cayugadressage.org website or CDCT newsletter.

DIRECTIONS:

Coming from Binghamton, Elmira, or Sayre areas: Take Rte 79 west; turn right at the yellow blinking light on to Pine Tree Road; go 1 mile and turn left into Equestrian Center's driveway (220 Pine Tree Road).

From points west: Take Rte 79 east; turn left at the yellow blinking light onto Pine Tree Road; go 1 mile and turn left into Equestrian Center's driveway (220 Pine Tree Road).

From Syracuse, Caz, or Cortland areas: Take Rte 13 south; left onto Rte 366; left at the 4-way stop (which is Pine Tree Road just past Vet School); go thru r

Cayuga Dressage & CT, Inc.
Board Meeting-- May 18, 2016
Submitted by Chris Hand

Attendees: Anne Ward, Donna Young, Lisa Rae Cogn, Kathy Thode, Kathie Garnsey, Lauren Ostergren, Dinah Guarino, Connie O'Hearn, Carol Morris, Chris Hand, Ed Machak-Guest

A motion was made to approve the minutes of the last board meeting by Dinah Guarino, 2nd by Carol Morris.

Treasurer's Report: Checking account \$3,830.84 and CD \$7,776.29

June Dressage Show (June 11-12)—New tent company has been contacted, EMT, on call vet (Finger Lakes Equine Practice) arranged. S judge may travel with 2nd judge. Jim Palmer for ring set up and tear down, cost \$200, Dinah will check with Jim. Location for lunging will be checked into. Rental of small tents is being checked into. Ed Machak donated a megaphone for ring stewards to use. An announcer is needed for Sunday. Supplies for judges needs to be located. Stick for whip length is needed. Donna will arrange for someone to take judges to dinner.

Volunteers: Connie O'Hearn—volunteers are needed for all positions, please contact Connie if you can work either Saturday or Sunday. Anne Ward's trailer will be used for awards. Ginny needs someone to help set-up ring Friday.

Publicity/Sponsorship: Carol is using Facebook to advertise and is getting interest. Kathy Thode, sponsorship, has acquired approximately \$1,000 and numerous prizes.

Tack Sale: Saturday only, starts at 10 am and ends with wine and cheese party. Bring items labeled, no fee for members, \$10 for non-members. A form must be completed for all who wish to take part in sale.

Equitation Class(es): These FUN classes will be held at the end of the day. There will be two classes—1. Intro & Training, 2. 1st level up. The money collected from this equitation class will be donated to Carol Morris's charity of choice and will be presented to her at the annual awards banquet in November.

Schooling Show (August 14th) Dorothy Maxwell, judge, waiting for her bio. Dinah is working on flyer. A clinic will be held on August 13 for anyone who wishes assistance in preparing for the show on the 14th. The judge will work with the rider on any items of concern. Form for show is already on website. A Prix Caprilli, has been added to prize list. To be held at Oxley Equestrian Center, Ithaca.

Education Committe

Dr. Richard Card--Chris Hand suggested that a clinic with Dr. Richard Card, DVM in Chiro[ractics and Traditional Chinese Acupuncture be held in August. Dr. Card provides an exam that includes chiropractic subluxation, traditional Chinese Medicine diagnostics and Applied Kinesiology. It's a

practical “hands on” technique that he uses to find and evaluate your horse. An information sheet will be sent out to our membership to see if there is enough interest to schedule a clinic. Chris spoke of the changes that occurred in her Friesian after she was treated. He not only adjusted the mare, he also spoke to problems that the mare internalized. Some refer to it as balancing the Qi. The changes in the mare have been remarkable. Her movements and attitude dramatically improved. Dr. Card’s charge is \$150 per horse, we need 12 horses to make it worth his trip. The clinic will be held August 20 and 21st. Chris is looking for a barn in the Ithaca area to host the second day. The first day will be held in Bath.

Will Faerber-Art2Ride Clinic (September 17 & 18) Classical dressage, Katherine Potter is looking for interest in CDCT assisting with the clinic. His fee is approximately \$150. Club would pay for his flight from CA. More information is needed before decision can be made.

Old Business--Dues for Officers—It was decided all members are required to pay their own dues, including officers.

New Business—Kathy Thode reported that at the Annual Awards Banquet, the awards will now be focusing more on honoring the volunteers that serve the club and help to make it function. Consequently, the awards committee has proposed that all club volunteers that are in attendance at the awards banquet will be given a raffle ticket. Three names will be drawn for three \$100 prizes, to hopefully be used on a horse related sport.

Next Meeting—July 13th, location to be announced at a later date.

Meeting adjourned—Donna Young made the motion to adjourn, 2nd Dinah Guarino

Also, at the meeting, we were trying to figure out if we had a quorum for a vote and no one happened to have an updated Board list. Could you please update the BOD list in the newsletter so we are ready the next time there is an important vote and the secretary hasn’t brought her all important binder along. (that has the list) Pres, Andrea VP Connie Tres Ginny Secr, Me and Chris Membership Donna Newsletter you Members at large Karen Dinah Carol J-M Kate ward One vacancy (sandy retired)

Clinic Corner—there have been many exciting clinics in our area this spring. If you are attending one, please send me a short write up of what you learned.

Clinic with Gina Smith at Hawk Hollow Farm Erieville NY April 29th-May1st (reported by Kathy Thode)

On a very cold spring weekend, horses and riders stayed warm working under the guidance of Gina Smith, two time Canadian Olympic Dressage team rider. In years past Gina used to come routinely to the central NY area teaching clinics, and fortunately for us she is back here teaching again.

Gina's general theme to the clinic was that she wanted to see the horses working in a calm relaxed manner and stretching into the contact over their backs during the warm up and throughout the ride. Once the warmup was completed, the horses were brought up and into a forward and more workmanlike carriage. Suppling and straightening the horses to be even in both reins and able to bend in their rib cage, allowed more advanced work to commence. The horses that had some nerves or that were newer to dressage were given lots of patience that resulted in a quieter attitude and an amazing transformation.

I thoroughly enjoyed the lessons on my mare as it seemed Gina understood exactly what was needed. I really appreciated the fact that she was very happy to let Izzy stretch in all the gaits during the warm up. Going through the routine of the ride Gina helped me to feel the horse collect in the walk, prior to doing energetic walk trot walk transitions. She worked us through suppling her poll in the leg yield/ half pass lines, to help get her reacting to the aids and carrying herself.

Practicing the flying changes on day two with Izzy was so much fun. Often the mare gets into bucking and acting up some when it comes to learning this, but the various plans for approaching the changes were like Gina knew my horse and was up there in the saddle with me. The mare finished up the lesson with a wonderful bouncing canter that actually felt like she had learned how to sit down on her hocks, at long last. This was coming from a horse that has always struggled with the canter gait.

In all the lessons, Gina seemed to have a plan to best suit each horse. She has a wealth of knowledge from her years studying in Germany and a lifetime of riding and learning.

Gina will be coming to the area again on June 17- 19. I am already looking forward to the clinic

Tom Noone Clinic and Demo Ride
April 29, 2016 (reported by MB Absi)

Tom's Demo Ride on Fanfare

Focus on Body Mechanics, Seat, Position and aids

Main point is balance; balance of the rider: hip up to ear stretch up and hip to heel stretch down this engages the core.

Inhale to collect and exhale to go forward

3 types of lower leg:

- Bending leg

- Driving leg (use and release leg) which leg you use as the driving leg depends on which hind leg you want to activate.

- Neutral leg

Upper leg – when you close your upper leg your horse slows down

Elbows slightly ahead of your point of hip. Elasticity in elbows. Keep elbows closer to your body to contain the connection.

Use of rein/hand in increasing strength:

- Ring finger squeeze

- Flex wrist

- Elbow back = the maximum rein aid

Want an elastic and supple rein.

Vary your warm up frame. Forward and back in warm up to test reaction. In front of the leg but not running. Running when front leg tempo gets quick. Being able to vary the frame is important to me.

Always bend around the inside leg.

Outside leg is a guide or wall

Outside rein = control outside shoulder

Use your outside lower leg under your sitting bone.

Key = remain in self carriage AND in front of the leg

Weight aids

Use feet to steer horse; step right to turn right.

Leg yields are very beneficial, especially away from the wall, because horses want to go to the wall.

Leg yield good exercise to help horse understand to bring inside leg under while continuing forward.

Haunches in is a great way to teach ½ pass. Most important is bend around the inside leg.

Inhale, stretch up for downward transitions. Exhale to go forward; belly and pelvis go forward.

Lower my shoulders and soften back to stretch into stretchy trot and canter.

Canter from my inside sitting bone, outside thigh is back to ensure inside seat bone is down and forward.

Canter to trot transition = step into outside foot.

Once I find tempo and balance, ride a movement.

When you do an exercise that requires more balance and collection than horse has, you must correct the balance and collection.

Be ready to go in and out of the exercises as needed.

To develop passage, increase cadence.

Play with forward and back in canter to find the right balance.

The Awards Committee of Cayuga Dressage and CT has decided, with the blessing of the CDCT Board of Directors, to nominate a club volunteer for the USDF Region 8 - Volunteer of the Year Award.

Over the years, this nominee has probably held every position on the board and worked on every committee..... other than treasurer. Which is odd since her nickname for awhile was the Alan Greenspan of CDCT. This nominee has also volunteered for pretty much any job that has come along, be it managing the combined training event (this really dates her!), doing the show program, the newsletter, or planning and pulling off two very large public events with Vitor Silva and his troupe of Lusitanos. She has worked tirelessly to bring our GMO into a closer working relationship with the other Upstate groups and created an Upstate Dressage Championship award.

This nominee has also been our club president: Back in the 90's was the first time; and again more recently when she had a very hard time getting out of the president's job (not for lack of trying to pass on the gavel!). She has always given this club her very best. She is extremely committed to seeing our GMO thrive and grow. So if in fact you aren't aware of who I am referring to, the CDCT Volunteer of the Year award will be going to none other than CAROL MORRIS.

In her honor, please help us to raise money for a charity of Carol's choice. The CDCT Schooling Show on Sat June 11th, will be having two Dressage Seat Equitation Classes for all ages and all divisions. The check from the proceeds of these two classes will be presented to Carol at the Fall Awards Banquet so that Carol may donate it to her favorite charity.

This Equitation Class will be held just prior to the Wine and Cheese Party so if you don't have a horse to enter better be ringside to cheer on your favorite riders.

Submitted by,

Kathy Thode, Karen Steffy and Jane-Marie Law,

Dr. Richard Card-Clinic, August 20th and 21st.

A clinic with **Dr. Richard Card, DVM in Chiropractics and Traditional Chinese Acupuncture** to be held in August. Dr Card has been in practice for 35 years having graduated from Cornell Vet School. Known for treating animals with emotional and physical issues, he brings a very interesting and unique blend of Acupuncture, Chiropractic, Applied Kinesiology and Functional Neurology to the Equine World. The application of this type of multimodal treatment has been effective in treating both hard to diagnose cases as well as simple muscle pain. Dr. Card provides an exam that includes chiropractic sub-luxation, traditional Chinese Medicine diagnostics and Applied Kinesiology. It's a practical "hands on" technique that he uses to find and evaluate your horse. An information sheet is attached to help inform you of the Dr's. technique and philosophies. Chris Hand spoke of the changes that occurred in her Friesian after she was treated. He not only adjusted the mare, he also spoke to problems that the mare internalized. Some refer to it as balancing the Qi. The changes in the mare have been remarkable. Her movements and attitude dramatically improved. Please read the attached sheet which will further explain his techniques. Chris is looking for participants for the clinic. Dr. Card's charge is \$150 per horse, we need 12 horses to make it worth his trip. The clinic will be held August 20 and 21st. Chris is also looking for a barn in the Ithaca area to host the second day. The first day will be held in Bath.

If you would like further information, please don't hesitate to contact Chris Hand at chrishand2@gmail.com or 607 292-6084. I would also like to hear if you are interested in attending as soon as possible, or by June 10th at the latest.

Chris Hand



Client Information Sheet

By nature of the "prey" instinct, a horse is always seeking physical and emotional balance. A "balanced" horse will have a better attitude, greater endurance, fewer training issues and improved performance.

At the start of the exam, I identify the areas you will also be able to locate on your horse that indicate the imbalances. Although indicators for specific problems, they are not necessarily diagnostic, and may be correlated to other neurological issues. A practical "hands on" technique, I will teach you how to find and evaluate them.

My exam includes Chiropractic subluxation complexes, Traditional Chinese Medicine diagnostics and Applied Kinesiology. My goal is to allow the horse's body to use all facets of its own innate healing power, an alternative drugless method of healthcare. You can expect pain to be removed and normal ranges of motion restored.

Upon completion, a customized graphic of a horse will list the abnormal gait patterns, therapies and scar memories. The graphic's red points label the most active receptors during the exam. These are sources of resting or moving pain.

Health problems arise from the balance of chemical, physical or emotional issues in the body. Animals may develop problems relating to stress, environment, nutrition, conformation, foot or leg issues, rider or handler skill, saddle fit or harness use and performance disciplines. Other influences from organs, vascular or orthopedic issues and toxins may be identified. **I will be eager to refer a patient to an appropriate primary care specialist for additional protocols and/or work-up if necessary.**

If sensors in your car trigger a message on your dashboard, repairs are required and a mechanic needs to reset the computer. Applied Kinesiology enables me to find, evaluate and reset the faulty body sensors. These are **receptor based therapies**. Traditional Chinese Medicine measures an energy, *Qi*, as it flows continuously through twelve channels from one acupuncture point to another. If the *Qi* is not balanced, a blockage in one of the channels may affect other channel functions as well. Chinese **Acupuncture** (needles) or **Tui-na** (massage) **therapies** are very effective in removing these blockages. Chiropractic subluxations are adjusted to restore function not only to the nerves and muscles but also the internal organs. **Chiropractic therapies** will improve the circulation and nerve energy to extremities, The feet actually become warmer, and occasionally a foot may fester causing a lameness. Please have your regular veterinarian or farrier examine and treat it.

If you have ever removed the many layers of paint on an old chair, you know the job can be frustrating. My patients may have patterns that won't be displayed until the primary pattern has completely resolved. Sometimes the primary pattern will return, particularly if it was present for a long time. Sometimes the pain is linked to a totally unrelated area and very hard to identify. Three evaluations are suggested before deciding effectiveness and/or a need for different diagnostics or treatment. Patients recovering from an injury may need more attention. Active performance horses may need extra maintenance, just listen and they will tell you!

These therapies may not produce immediate results and may take several days to be effective. There may even be some initial soreness in previously inactive muscles for a day or two. The body needs to move as part of the therapy, allow the patient to have more freedom than a boxstall. I care a lot about returning a horse to normal balance and performance level. **If within the first week your horse has not shown any improvement or is showing new symptoms, I want to know so that we can evaluate your observations. Responses may be variable, I encourage every owner to contact me with a progress report anytime.**

I applaud your concern for your horse's wellness. I sincerely hope this information has been helpful.

Richard E. Card DVM

Chi Institute: Traditional Chinese Veterinary Medicine, Acupuncture and *Tui-na*
Options for Animals College of Animal Chiropractic; International Veterinary Chiropractic Association

If you lose the rhythm, start over.

“When I want to collect my horse, I first have to collect myself”

You want to create “gears” within the gaits.

Neutral Position:

- Balanced in self

- Absorbing in hips and ankles

- Aligned ear-hip-heel

Half Halt:

Don’t want to half halt a stiff rein, must first have stretched connection into rein.

Can half halt with body BEFORE half halting with rein.

Breathe – inhale expands ribs

Timing of aids – interplay between back and go

Horses focus really well on one thing at a time, so I have to switch quickly. After asking, go back to neutral.

Once the exercise has done its job, do something else.

Need to train the mind before the horse can build the right muscle.

Horse has to listen to the seat first to be able to listen to the leg.

Find the place in the contact where the horse has elastic connection.

Bend under your sitting bone with your lower leg. The temptation is when the horse doesn’t listen to your bending lower leg, to draw your leg back, but you should press harder and use your spur.

In counter canter, keep flexion and bend in the direction of the lead. Counter canter = renver

In keeping a horse on your seat, keep them in a bend so they don’t run into your hand.

With hotter horses, the idea is to have a pound of pressure with your leg. Do NOT take your leg off because then it’s hard to put it back on.

Counter flexion is fine to get horse more on the outside rein, but don’t drop the connection it achieves when you bring them back straight.

Put the horse in the right frame and then ask for softness, you will not get softness without the correct frame.

April 30: Dressage Show and Tell, Logan's Place Farm. <http://cnydcta.webstarts.com/>

May 7: WNYDA Challenge Series Dressage Shows, Houghton College Equestrian Center, Houghton NY, <http://www.wnyda.org/>

May 15: Informal Dressage Show. <http://cnydcta.webstarts.com/>

May 21: WNYDA Challenge Series Dressage Shows, Rockow Equestrian Center, West Henrietta, NY, <http://www.wnyda.org/>

May 24 & 25—Alex Robertson Clinic at Hawk Hollow Farm Erieville, NY

May 28 & 29, Clinic with Gary Rockwell "O" level judge, Canterbury Stables, Cazenovia, NY. <http://www.canterburystablesny.com>

June 3: Houghton College Spring Dressage Competition I and DSHB championship qualifier, Houghton, NY, <http://www.wnyda.org/>

June 4: Houghton College Spring Dressage Competition II, Houghton, NY, <http://www.wnyda.org/>

June 5: Spring Opener Dressage Show. <http://cnydcta.webstarts.com/>

June 15: Eventing Clinic with Carol Kozlowski. <http://cnydcta.webstarts.com/>

June 26: Show & Tell at Whisper Wind Equestrian Centre. <http://cnydcta.webstarts.com/>

July 10: Jumper & Dressage Show. <http://cnydcta.webstarts.com/>

July 16: WNYDA Challenge Series Dressage Shows, Fox Run Equestrian Center, East Aurora, NY, <http://www.wnyda.org/>

July 18-22: Andreas Hausberger Clinic, Waltzing Horse Farms, 130 Musk Rd., New Berlin, NY. waltzinghorsefarm@gmail.com

July 23: WNYDA Summer Festival I and DSHB championship qualifier, Houghton, NY, <http://www.wnyda.org/>

July 24: WNYDA Summer Festival II, Houghton, NY, <http://www.wnyda.org/>

August 6: WNYDA Challenge Series Dressage Shows Chestnut Ridge Equestrian Center, Gasport, NY, <http://www.wnyda.org/>

August 7: Dressage Schooling Show at Tanglewood Farm

Cayuga Dressage and Combined Training Inc.

Recognized and Schooling Dressage Shows

Chemung County Fairgrounds, Horseheads, NY

June 11th and 12th, 2016

Cayuga Dressage and Combined Training Inc. (CDCT) is dedicated to improving the training, knowledge, and enjoyment of horses, through educational programs and competitions. CDCT draws our membership from throughout central NY and Northern Pennsylvania. This year, we are seeking sponsorship to help support our recognized and schooling shows and other club activities.

There are four ways you can help us:

1) _____ Support the show at one of these levels: Piaffe _____\$500.00

(includes a full page ad in the show program) Passage _____\$250.00

Pirouette _____\$100.00

2) _____ Donate prizes for the show.

3) _____ Advertise in the show program: \$25.00 for a business card ad

\$50.00 for a full page ad

Business name/ Contact person: _____

Address: _____

Telephone: _____ E-mail: _____

Please fill in all information and return the form along with your ad, and your gift certificate, product, or check made out to CDCT, Inc.

Send to Kathy Thode, 4198 Duryea St. Moravia, NY 13118.

Thanks so much for your support of our non-profit organization.

Your contributions are tax deductible.

Cayuga Dressage and Combined Training Inc.

Recognized and Schooling Dressage Shows

Chemung County Fairgrounds, Horseheads, NY

CLASSIFIED ADS

Dressage Instructor - Donna Young, USDF Gold, Silver and Bronze Medalist and USDF Certified Instructor. Available for lessons and training in Classical Dressage to dedicated horse lovers, for competition or pleasure. Personally trained three sister Trakehners to Grand Prix, and coached 5 students to Silver Medals, and 5 students to Bronze Medals. Owner/operator of Crooked Creek Farm in Binghamton, NY since 1984. Manager of the Cayuga Dressage & CT annual USEF/USDF recognized Dressage Competition. Contact information: 607-669-4156 or email dyoung@binghamton.edu.



CLASSIFIED ADS

Ω Dressage for All Disciplines Ω
Cynthia Bradley-Mancini
Dressage Instructor



Cynthia Bradley Mancini welcomes new clients in the Central NY region for riding instruction and training in classical dressage. Cindy is a USEF "r" Eventing judge and is a USDF Silver & Bronze Medalist, graduate of the USDF "L" program; she attained her USPC "A" rating, and has taught riding for over 20 years. She has competed successfully through FEI Prix St George. She has also competed successfully through the Preliminary Level of Eventing. She trains regularly with Lauren Sammis International Dressage competitor and Pan American Gold and Silver medalist as well as USDF Gold, Silver & Bronze Medalist. Cindy believes that riding should be a positive, enriching experience for both horse and rider, and she works enthusiastically with novices as well as upper level dressage students. Cindy is happy to travel to students' own farms or boarding barns and can teach on a range of excellent school horses in the Ithaca area.

Call 607-222-8814 or email cindymancini2@aol.com
Fully insured & references available

Our Sponsors—We like to say thank you to all of our supporters

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CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC.

ANNUAL MEMBERSHIP APPLICATION

PLEASE PRINT:

Name: _____

Address: _____

Home phone (area code first): _____

Business phone (area code first): _____

Fax (area code first): _____ E-mail: _____

Is there information above that you do not want published in our yearly membership list, which is distributed to members?
If so, please specify: _____

Birth date: _____

Are you an instructor or trainer? ☐ Yes ☐ No

Dues renew each Nov. 1 to ensure you will receive newsletters and be included in the Annual Membership Roster.
Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

☐ Individual Membership (\$35)

☐ Individual 3 - Year Membership (\$100)

☐ Family Membership (\$45)

☐ Family 3 - Year Membership (\$125)

☐ Junior Membership (\$25)

☐ Junior 3 - Year Membership (\$70)

Activities sponsored by CDCT include a variety of shows, mounted and unmounted clinics, films, speakers, and social events. These are produced by volunteer work from our members. Please indicate below the ways in which you could contribute to the success of YOUR club:

☐ Dressage Show: Planning, paperwork, grounds preparation, help on show day, etc.

☐ Education/Clinic Committee

☐ Awards

☐ Newsletter

☐ Other: _____

Please make checks payable to CDCT, Inc.

Please mail application and dues to:

CDCT, Inc.

c/o Donna Young

11 Cline Road

Binghamton, NY 13903



CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF; THEREFORE,
CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

WHO TO CONTACT:

Officers:

President: Andrea Chamberlain (907) 342-0076 acham479@gmail.com

Vice-President: Connie O'Hearn (315) 730-9124 ohearn3@netzero.net

Past President: Carol Morris (607) 753-7256 cmorris1050@gmail.com

Treasurer: Ginny Grove (607) 387-9253 vs24@cornell.edu

Recording Secretary: Kathy Thode (315) 497-2002. kthode3@gmail.com
and Chris Hand (607) 292-6084 chand2@roadrunner.com

Membership: Donna Young (604) 669-4156, dyoung@binghamton.edu

Web mistress: Karen Steffy (607) 342-8144 wonderpony92@gmail.com

Newsletter: Susan Mulvey 607.343.2701 smulvey@stny.rr.com

Committees:

Education: Sue Mulvey, Jane Marie Law & Chris Hand

Sponsorship: Dinah Guarino & Kathy Thode

Dressage (show, clinics): Donna Young, Connie O'Hearn, Ginny Grove, Barb Knoblauch, & Chris Hand

Publicity: Kathleen Hefferon

Combined Training: Tarene Friedman & Sally Lawrence

Jr/Young Rider: Connie O'Hearn, Kathy Thode, Dinah Guarino & Diane Moose

Awards: Karen Steffy

You can call me if you need me: Molly DeTuri, Diane Moose, Bethanne Beckhorn and Carol Morris



CDCT, INC. IS A NON-PROFIT ORGANIZATION PROMOTING
DRESSAGE AND COMBINED TRAINING

CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF;
THEREFORE, CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

We're on the web!

<http://www.cayugadressage.org>



CDCT, Inc.
c/o Susan Mulvey
1609 Parkwood Road
Vestal NY 13850



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