

COLLECTED NOTES



APRIL 2024

FROM CDCTC'S PRESIDENT:

Happy eclipse season! The big happening this month is obviously the total solar eclipse on April 8th with parts of NY being in totality. It's interesting to consider how our horses (and other critters) may or may not perceive the event. Many may find it confusing and start their bedtime routines (like chickens returning to roost) only to abruptly return to daylight. As horses have roughly double the number of rods to cones as we do, they see much better in dim lighting. However, they take a lot longer to adjust to light changes, around 15-20 minutes (think of riding into a dark barn after being in bright sunlight). Unless your horse is like my mare who enjoys looking up at the sky (weirdo), they'll probably just be confused and quiet for a few minutes. But it is something interesting to ponder!

April also kicks off with our Dave Thind Clinic at Brookside Farm in Moravia. We've had a great response and filled all rider spots but those interested in auditing or participating in the 9AM Saturday unmounted Feldenkrais session are still welcome to join. We are super happy to announce that we received a \$500 Violet Hopkins Grant from The Dressage Foundation! TDF has helped us with a number of past clinics and they are definitely worthy of your support so give 'em a like and some love.

Thanks to everyone who attended our March meeting with a special Franklin *(continued)*

UPCOMING EVENTS

April 6-7: Dave Thind Clinic, Brookside Farm, Moravia. Contact [Carol Morris](#) for more information.

April 18: Monthly meeting, 7 pm, via zoom

May 11: Monthly meeting, 1 pm, Healing Rein Farm

June 9: Keepin' It Casual Show, Ithaca Equestrian Center



session led by Colleen on the hips. It's always fun to learn together and leave the class feeling more relaxed and limber. Our April meeting will be via Zoom on the 18th but our May meeting on the 11th will be at Healing Rein with a Franklin session on the shoulders. Thank you to Colleen for yet again sharing your amazing knowledge and fabulous space!

Ride all the ponies and jump all the things,

Shannon

Minutes for CDCT Meeting for March 17, 2024

Submitted by Dinah Guarino

Attendees: Shannon Ryan-Dinmore, Sarah Hepler, Kathy Thode, Dinah Guarino, Karen Steffy, Colleen Price, Heidi Webb, Anna Redmond, Skye-Anna Nye-Smith, Autumn Nye-Smith, and Jennifer W.

Minutes of February Meeting reading were deferred, motion by Colleen to approve and Sarah seconded. Motion approved.

Treasurer's Report: Anna reported that \$1050 was paid to the Chemung County Fairgrounds and around \$400 was paid for the flight for the Aubrey Graham clinic. Per Jane-Marie's request for an internal audit, a 2022-2023 profit and loss comparison sheet was provided to those in attendance for comment. A digital version may be released to the remaining membership for comment soon.

Old Business:

Committees 2024: Please sign up for committees. Who is interested in managing the KICS?

Recognized Show: Sue Buchanan and Scott Peterson are our judges with contracts in hand. Anita Jaffe will be TD and Darien Quinn will be the show secretary - contracts pending. TIP approved. Fairgrounds contracts were sent with a deposit. My Eva food truck is hired for both days. Homespun Photography will do photos. Grace Putnam will be the farrier again. Possibility of a new vet in the area to ask for a show vet. Still need to contact Sydney about the EMT position.

KICS: Will be June 9, 2024, at IEC - contract pending a few last minute details. Overnight stabling will be available at a nearby stable but will need to bring their own bedding.

Upcoming Clinics: CDCT Clinic with Dave Thind is April 6-7 at Brookside Farm in Moravia. Auditing and Feldenkrais sessions still available! CDCT WDAAClinic with Robin Brueckman on July 26-29 at Healing Rein. CDCT Open Centered Riding Clinic with Sam Morrison on August 31-September 1 at Healing Rein - Colleen is working on TDF grants. Gerd Heuschmann will be doing a symposium in Massachusetts in the Fall of 2024, more info pending.

New Business:

Several topics were brought up as possible educational opportunities including CPR certification, an animal first aid course, and doing riding sessions with Jessica Hainesworth who does PT in and out of the saddle. Please let us know if any of these sound interesting to you!

Next meeting will be April 18 via Zoom at 7PM.

The May meeting will be in person on May 11 at 1PM at Healing Rein. We will do a Franklin session on shoulders. Please bring bands and balls if you have them!

Meeting adjourned 3:50PM.

April Meeting: Thursday, April 18th at 7 PM via Zoom.

Meeting adjourned at 7:38 PM.

CALENDAR

- April 6-7: Dave Thind Clinic, Brookside Farm, Moravia. Contact [Carol Morris](#) for more Information
- April 18: Monthly meeting, 7 pm, via zoom
- May 11: Monthly meeting, 1 pm, [Healing Rein Farm](#), Franklin session on shoulders
- June 9: Keepin' It Casual Show, [Ithaca Equestrian Center](#)
- July 26—28 Robin Brueckmann WDAA Clinic, [Healing Rein Farm](#)
- August 24: Dressage in Wine Country 1
- August 24 Dressage in Wine Country II
- August 31—September 1: Centered Riding Clinic with Sam Morrison, [Healing Rein Farm](#)

REMEMBER!

USEF Safesport training is required for all recognized show officials, as well as competitors. Please complete or update your training at the USDF's [Safesport](#) training site.

CDCT COMMITTEES FOR 2024

Please copy and paste the following link into your favorite browser to submit your choices - <https://www.surveymonkey.com/r/6596J8P>.

<p>RECOGNIZED SHOW: Norm Johnson (Co-Chair) Shannon Ryan-Dinmore (Co-Chair) Jean Foley Sarah Hepler Jean Foley Jane-Marie Law Anna Redmond</p> <p>SPONSORSHIP: Kathy Thode</p> <p>WESTERN DRESSAGE: Tina Matejka Colleen Price</p> <p>YOUTH ENGAGEMENT:</p>	<p>COMBINED TRAINING: Sarah Hepler Skye-Anna Nye-Smith Autumn Nye-Smith Shannon Ryan-Dinmore</p> <p>CASUAL SHOW: Jean Foley Norm Johnson Sarah Hepler Tina Matejka Anna Redmond Shannon Ryan-Dinmore Karen Steffy</p> <p>AWARDS: Prin Furst Jane-Marie Law Colleen Price Anna Redmond</p>	<p>EDUCATION: Jean Foley Jane-Marie Law Carol Morris Colleen Price</p> <p>PUBLICITY: Colleen Price Shannon Ryan-Dinmore</p> <p>SWAG: Prin Furst Anna Redmond</p> <p>FUN: Colleen Price Skye-Anna Nye-Smith Autumn Nye-Smith</p>
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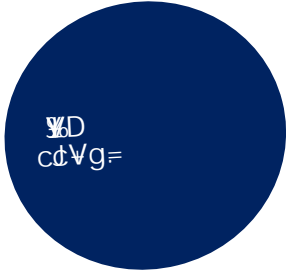
Additional Local Dressage and Combined Training Groups

- [Carriage House Arena](#)
- [Central NY Dressage and CT Association](#)
- [Eastern NY Dressage and Combined Training Club](#)
- [Endless Mountains Dressage & Combined Training Club](#)
- [Genesee Valley Riding and Driving Club](#)
- [Western New York Dressage Association](#)





JOIN US FOR AN EVENING OF EQUINE EDUCATION



NYCFCVC

Hampton Inn
25 Lakers Lane
Cazenovia, NY 13035



GUEST SPEAKER
Clair Thunes, PhD
"Balancing Diets for Optimum Wellness"
Dr. Thunes will review how to sort through the many feeds, ration balancers and supplements available and select products that work best with your forage.

GUEST SPEAKER
Cassy Streeter, Equi-Analytical
"Hay Analysis: From Sampling to Results"
A senior member of the Equi Analytical internal quality assurance team, Cassy will take you step-by-step through the hay analysis process and discuss how to interpret the results.



Equi-Analytical
Laboratory Services

RSVP by May 3 to wsoucy@triplecrownfeed.com; space is limited.

CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC.

ANNUAL MEMBERSHIP FORM

Name:

Address:

Phone (area code first

E-mail:

Birth date (requested by USDF)

Are you an instructor or trainer? Yes No

Do you give permission for your pictures and/or name to be used for publicity? Yes No

May we include your name and email address on the Membership List that's distributed to members? Yes No

Current Members: Please submit your Membership form and dues by Nov. 15th. This ensures that you will receive the USDF magazine and other GMO benefits without interruption. **New Members** are welcome to join year-round!

Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

Individual Membership (\$45)

Family Membership (\$50)

Junior Membership (\$25)

Business Membership (\$25)

Activities sponsored by CDCT include a recognized show, a schooling show, mounted and unmounted clinics, films, speakers, and social events. These are made possible by volunteer work from our members. Please check your interests below to indicate the ways in which you would like to contribute to the success of the club:

Dressage Shows: Planning, paperwork, grounds preparation, help on show day, etc.

Western Dressage

Combined Training

Education/Clinic Committee

Awards

Publicity

Other:

Signature:

Date:

(Member's signature or parent/guardian signature if under 18. Typed signature is fine.)

Electronic submissions: Please complete form and email to dressageithaca@gmail.com

Paypal link: dressageithaca@gmail.com

For hard copy submissions:

Please make checks payable to CDCT, Inc and send to

330 W Dryden Rd, Freeville, NY 13068



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WHO TO CONTACT:

Officers:

President: [Shannon Ryan-Dinmore](#)
Vice-President: [Norm Johnson](#)
Past President: [Shannon Ryan-Dinmore](#)
Treasurer: [Anna Redmond](#)
Recording Secretary: [Dinah Guarino](#)
Roster manager: [Colleen Price](#)

Newsletter and Website: [Karen Steffy](#)

Members at large:
Kim Blaszak ('25)
Meghan Crout ('25)
Prin Furst ('24)
Deirdre Hay ('24)
Sarah Hepler ('24)
Jane-Marie Law ('25)

Our Sponsors

**Please join us in thanking all of our supporters!!
Our club and activities could not happen without you!**

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