

COLLECTED NOTES



AUGUST 2017

FROM CDCT'S PRESIDENT:

Dressage: An Art Based on Continual Self-Evaluation

Jane-Marie Law

In 1967, a dressage school opened in my small town of Kalispell, Montana. Larson's School of Dressage was founded by Captain Roy J. Larson, a former cavalry officer who, during the rebuilding of Germany in the post war era, had been stationed in Germany to work with former military officers involved with horsemanship. Larson built a proper ménage with barns and an indoor viewing room and outside schooling arenas and had a huge horse van with the school's name on it and several stallions trained through all the movements of *haute école*. The school, funded by his patron Curt Maxey, was one of the first to import Andalusian stallions into the United States when exports from Spain of these horses were allowed. Dressage, which no one could pronounce, became a fascination of old horse people in the area. I rode my Palomino Pinto Agate for lessons there, and later had "nicer" (though never kinder) horses, schooled properly in dressage, including a large Saddlebred named Bourbon Prince who was trained through *haute école* (but taught me the basics). The school hosted local exhibitions and even had pillars at X. Once a season, we had "inspections," events where Captain Larson would invite a colleague (or preside himself) to
(continued on page 2)

UPCOMING CDCT EVENTS !

NEXT MEETING

August 15, 5:30 pm, Lower Treman State Park, weather permitting. Bring a chair, your own dishes and a dish to pass. If weather is bad, we will meet at 128 Muriel St., Ithaca. (We will attempt to reserve a pavilion at the park.) Please RSVP to Jane-Marie at ml16@cornell.edu . We will be discussing the future of our recognized show, the fall awards banquet, and fall clinics and how to enhance our clinic offerings to better serve our membership.

BETH BEUKEMA CLINIC

August 12, 2017
John T. Oxley Arena
Cornell University
Ithaca, NY 14850
Contact Dinah Guarino
dinahguarino@yahoo.com

CASUAL SHOW

August 13, 2017
John T. Oxley Arena
Cornell University
Ithaca, NY 14850
Beth Beukema, "R" judge
Contact Dinah Guarino
dinahguarino@yahoo.com

(continued from page 1)

assess the progress of our training. We had to memorize tests, and present them to an outside observer. There were no ribbons, no placings, and no scores, but detailed comments about areas we needed work and where we were successful, followed by a lesson. We had to shine our boots, clean our horses and tack, dress neatly and formally, and present ourselves and our horses for in-hand and then under saddle inspection and instruction.

Alas, youth is wasted on the young. At the time, I found the whole “dressage system” less exciting than the horse shows my friends went to, where they could ride endless rail classes and come home with ribbons and trophies. Now, however, I look back on that time with both nostalgia and respect, but also a strong sense that there was wisdom in this system worth saving.

I hear often from people in our club that they love dressage but do not want to compete. Some of us love competitions for varied reasons, but some of us do not. I would like to suggest that we have an untapped reservoir of talented people who need a stronger voice for their passions of dressage.

The venue we hope to promote more strongly is our clinic program. Clinics are a great way to go places with your horse, interact with outside experts, and have a chance to form the kinds of special bond with our horses and other people that come with “getting off the farm.”

We encourage you to help us in our efforts to enhance our clinic system. We will be adding incentives and awards for people who participate in clinics (even as auditors). We will also be asking of all our clinicians that their training continue to not just be focused on pointing us toward better competitions, but foundationally toward the classical principles, and to make this abundantly explicit. We want people who may never want to compete to feel that attending clinics is their chance to get out with their horse and make a day or a weekend of it. We want these people to feel that this is a highly respected endeavor, to be cherished and rewarded.

Roy Larson was a tough taskmaster. He had at times a short temper and could be too hard on lazy horses. But he did open my eyes to an art form based on continual assessment and the integrity of repeatedly asking ourselves how we can to become better at this endless art of horsemanship. For this, I am grateful.

Our Sponsors

We would like to say thank you to all of our supporters!!

[B and G Trailer Sales](#)

[Brookside Lumber & Brookside Farm](#)

[Canterbury Stables](#)

[Carriage House Saddlery](#)

Cornerstone Wealth Management 585-623-5982

[Dryden Agway](#)

[Dryden Wine and Spirits](#)

[Early Winter Equine Medicine & Surgery](#)

[Finger Lakes Equine Practice](#)

[Gale's Equine Facility](#)

[HorseTech](#)

[IPM Laboratories Inc.](#)

[Jason Turk, Farrier](#)

Kirk Smith, Farrier 607-351-0125

[Maren Boyko Photography](#)

[Mitchell's Western Store](#)

Tim Briggs, Farrier 607-674-4728

Thomas J. Martin, Farrier 315-729-3390

[VLM Dressage & Sport Horses](#)

[Voltra Farm](#)

Balance in Motion Clinic

with Beth Beukema

August 12, 2017

John T. Oxley Equestrian Center
Cornell University
Ithaca, New York



**Ms. Beukema is a large “R” USDF Certified Judge and Clinician.
The “Balance in Motion” clinic will be offered the day before our Casual Show at Oxley, both riders and non riders can participate.**

Clinic Description:

Session one held the morning of the first clinic day (1- 1 ½ hour session). This session introduces the basic philosophy and theory of the Balance in Motion program. All riding participants strongly urged to attend. Auditors are encouraged to participate fully in this interactive warm-up exercise program. Everyone should bring yoga mat or blanket and dress comfortably. (Non riders cost: \$20 for non-members of CDCT.)

The riding portion involves both mounted and mat exercises interspersed. Riders warm horses up and then after analysis dismount and work on 1-2 exercises and then remount and feel the difference in their bodies and their horse’s way of going. This is repeated several times. Each rider will need to have someone to hold their horse while they are on the mats.

Cost is : \$90 member, \$95 non member of CDCT.

Stabling is limited on a first come, first serve- \$10/day, \$15 overnight.

Approved helmets for riders, current Coggins, Rabies and EHV vaccines are required for horses. Please use the entry form included in this newsletter.

For more info contact Dinah Guarino at dinahguarino@yahoo.com or 315-702-3973.

<http://www.cayugadressage.org>

Like and follow us on [Facebook!](#)



Cayuga Dressage and Combined Training, Inc. Entry Form

To be used for CDCT, Inc clinics and schooling shows.
Entry form to be sent to the Secretary listed for the given Activity

Bridle Number
(Office use)

Activity: Beth Beukema Clinic **Date:** August 12, 2017

Location: John T. Oxley Equestrian Center, Cornell University, Ithaca, NY 14850

RIDER INFORMATION

Name _____
Street _____
City _____
State/Zip _____

Email _____
Cell Phone No. _____

HORSE INFORMATION

Name _____
Breed _____ Color _____ Sex _____ Height _____ Age _____

Class #	Show Class, Division and Level or Lessons - Private or Semi-Private	Fee

- CDCT Member
 Adult Amateur
 Open
 Junior – Birthday _____

STABLING Fees: Dates _____ to _____
_____ Day Stalls @ _____ = _____
_____ Overnight Stalls @ _____ = _____
_____ Tack Stalls @ _____ = _____
Special Requests:
Stabling Group _____

Entry Fees = _____
Late Fees = _____
Office Fees = _____
Other Fees = _____

TOTAL (checks payable to CDCT, Inc.) : \$ _____

RELEASE: I understand that horse sports are high-risk activities, and I am participating solely at my own risk. I assume this risk for myself and my horse. I agree to hold harmless the Organizers, Organizing Committees, Cayuga Dressage and Combined Training, Inc., the host, the clinician, and property owners from any and all liability for any cause including negligence resulting in accidents, damage, injury, and illness to myself and to my property, including the horse I will be riding at this function.

Rider Signature: _____ Date: _____

Parent Signature, if rider is under 18 years of age: _____

ENTRIES will be accepted only if complete with signatures, payment of fees, and current Coggins & Rabies Certificates.

Cayuga Dressage and Combined Training Schooling Show
August 13, 2017
J.T. Oxley Equestrian Center
220 Pine Tree Road Ithaca, NY

OPEN: July 9, 2017

CLOSING DATE: August 6, 2017

Manager: Dinah Guarino
4250 Duryea Street
Moravia, NY 13118
315-497-9922
dinahguarino@yahoo.com

Judge: Beth Beukema, USDF "R" Judge

Secretary: Dinah Guarino

CLASSES OFFERED:

USDF Intro thru Second Levels (bring tests if beyond 2nd level), Prix Caprilli –patterns on website and newsletter.

Musical Freestyle (Bring your own music; state your level)

Western Dressage (Please inform secretary of level)

If time permits, riders can do a 3rd test (please note this on your entry form)

AWARDS:

Ribbons, 1st-6th, each class

RULES:

Show starts at 8:30 A.M.; Ends with the last test ride (RAIN OR SHINE)

Outdoor dressage ring; warm-up indoor arena, weather dependent

Show is informal; dress code--tidy (braids are optional). ASTM/SEI certified helmet required when mounted.

If time allows, the judge may discuss your ride with you

Ride times will be called or e-mailed on Thursday before the show

Current Negative Coggins & Rabies Certificate are required – send copy with application.

Entry form: Can be found on cayugadressage.org website or CDCT newsletter.

Cost: CDCT Member (20.00) and Non-CDCT Member (25.00)

Jr/YR get second test free.

Secretary Fee: \$10 per entry, Late Fee: \$10 per entry.

Stabling: \$10/day or \$15/overnight; stabling limited please let secretary know your request (bring own bedding & strip stall after use)

DIRECTIONS:

Coming from Binghamton, Elmira, or Sayre areas: Take Rte 79 west; turn right at the yellow blinking light on to Pine Tree Road; go 1 mile and turn left into Equestrian Center's driveway (220 Pine Tree Road).

From points west: Take Rte 79 east; turn left at the yellow blinking light onto Pine Tree Road; go 1 mile and turn left into Equestrian Center's driveway (220 Pine Tree Road).

From Syracuse, Caz, or Cortland areas: Take Rte 13 south; left onto Rte 366; left at the 4-way stop (which is Pine Tree Road just past Vet School); go thru regular light; turn right into Equestrian Center's driveway.



Cayuga Dressage and Combined Training, Inc. Entry Form

To be used for CDCT, Inc clinics and schooling shows.
Entry form to be sent to the Secretary listed for the given Activity

Bridle Number
(Office use)

Activity: CDCT Schooling Show **Date:** August 13, 2017

Location: John T. Oxley Equestrian Center, Cornell University, Ithaca, NY 14850

RIDER INFORMATION

Name _____
Street _____
City _____
State/Zip _____

Email _____
Cell Phone No. _____

HORSE INFORMATION

Name _____
Breed _____ Color _____ Sex _____ Height _____ Age _____

Class #	Show Class, Division and Level or Lessons - Private or Semi-Private	Fee

- CDCT Member
 Adult Amateur
 Open
 Junior – Birthday _____

STABLING Fees: Dates _____ to _____
_____ Day Stalls @ _____ = _____
_____ Overnight Stalls @ _____ = _____
_____ Tack Stalls @ _____ = _____
Special Requests:
Stabling Group _____

Entry Fees = _____
Late Fees = _____
Office Fees = _____
Other Fees = _____

TOTAL (checks payable to CDCT, Inc.) : \$ _____

RELEASE: I understand that horse sports are high-risk activities, and I am participating solely at my own risk. I assume this risk for myself and my horse. I agree to hold harmless the Organizers, Organizing Committees, Cayuga Dressage and Combined Training, Inc., the host, the clinician, and property owners from any and all liability for any cause including negligence resulting in accidents, damage, injury, and illness to myself and to my property, including the horse I will be riding at this function.

Rider Signature: _____ Date: _____

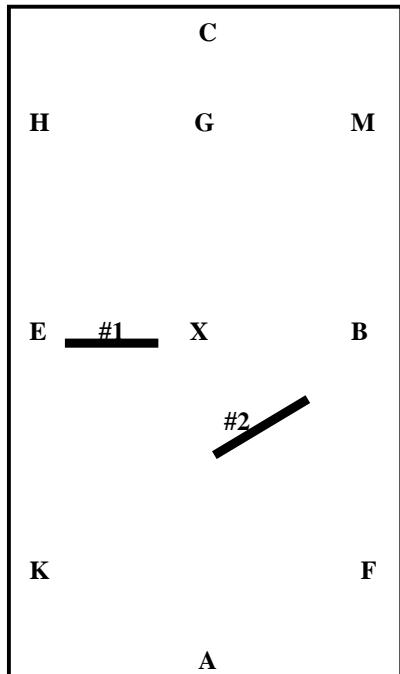
Parent Signature, if rider is under 18 years of age: _____

ENTRIES will be accepted only if complete with signatures, payment of fees, and current Coggins & Rabies Certificates.

Prix Caprilli Test I

The Prix Caprilli test provides an opportunity for the horse and rider to demonstrate elementary skills in dressage and jumping. It is understood that in the working gaits, a jumping horse is not expected to be as on the bit (round) as a competing dressage horse. The horse must softly accept the bit and may show more roundness in the parts of the test separate from the jumps. Trot work to be done posting. Transitions into and out of the halt may be through the walk. Test may be called. Refusals will be penalized as an error of course. Knockdowns will be penalized at the judge's discretion. In the case of a knocked down rail being in the way, the judge will ring the bell for the rider to stop without penalty. After the jump is replaced, the bell will be rung again telling the rider to continue from where they stopped. Errors: 1st – 2 points, 2nd – 5 points, 3rd – elimination. 3 refusals at one jump – elimination.

Maximum Possible Points: 150



Name of Competition _____

Date of Competition _____

Number and Name of Horse _____

Name of Rider _____

FINAL SCORE

Points _____

Percent _____

Name of Judge _____

Signature of Judge _____

Prix Caprilli Test I

NO.

	TEST	POINTS	REMARKS
1. A X	Enter working trot. Halt, Salute.		
2. X C	Proceed, working trot. Track right.		
3. MBFAK	Proceed working trot.		
4. KEH	Jump Fence 1. Return to working trot.		
5. C	Working walk.		
6. MXK K	Free walk Working walk		
7. A	Working trot.		
8. FXH	Change rein over Jump 2. Return to working trot after jump.		
9. C	Circle right 20 m.		
10. C B X	Proceed working trot. Turn right. Turn right		
11. G	Halt, Salute		
COLLECTIVE MARKS:			
Gaits (freedom and regularity)			
Impulsion (desire to move forward, elasticity of the steps, suppleness of the back, engagement of the hindquarters)			
Submission (attention and confidence; harmony, lightness and ease of movements, acceptance of the bridle)			
Riders' position and seat; correctness and effect of the aids			

FURTHER REMARKS:

Subtotal: _____

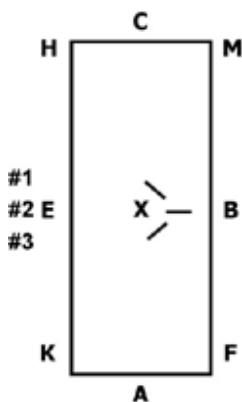
Errors: (-_____)

Total Points: _____

Prix Caprilli Test 2

Prix Caprilli Test #2 - For horses with jumping experience showing Training Level Dressage or above - maximum height of fences 2 feet. It is understood that in the working gaits, a jumping horse is not expected to be as round on the bit as a competing Dressage horse. The horse must softly accept the bit and may show more "roundness" in the parts of the tests separate from the jumps. Trot work to be done posting. Transitions into and out of the halt may be through the walk. Test may be called. Refusals will be penalized as an error of course. Knockdowns will be penalized at the judge's discretion. In the case of a knocked down rail being in the way, the judge will ring the bell for the rider to stop without penalty. After the jump is replaced, the bell will be rung again telling the rider to continue from where he stopped.

Maximum Possible Points: 260



Name of Competition

Date of Competition

Number and Name of Horse

Name of Rider

FINAL SCORE

Points

Percent

Name of Judge

Signature of Judge

PRIX CAPRILLI
TEST 2

		POINTS	COMMENTS
1	A X	Enter Working Trot Halt Salute Proceed Working Trot	
	C	Track Right	
2	MXK	Change Rein Over fence #1 Return to working trot after jump	
3	A	20m Circle Left	
4	Before F	Turn on line to jump #2. Return to working trot after jump and proceed to M.	
5	C	Medium Walk	
6	HB B	Free Walk (x2) Medium Walk	X2
7	F	Working Trot	
8	Bet. A & K	Working Canter Right lead	
9	KXM	Change Rein over Jump 1 land in working canter	
10	M	Working Trot	
11	Bet. C & H	Working Canter left lead	
12	E	Large 1/2 circle left over Jump #2. After Jump proceed straight ahead.	
13	Opposite M	Working Trot	
14	C C	Circle 20m letting the horse gradually chew the reins out of the hands at working trot, rising before C gradually take up the reins Straight Ahead	
15	HXF	Change Rein over jump 3. Return to working trot before F.	
16	A X	Down Centerline Halt Salute. Leave Arena at a free walk on a loose rein.	

GENERAL IMPRESSIONS			
Gaits (freedom and regularity)	X2		
Impulsion (desire to move forward, elasticity of the steps, suppleness of the back, engagement of the hindquarters)	X2		
Submission (attention and confidence; harmony, lightness and ease of movements, acceptance of the bridle)	X2		
Riders' position and seat; correctness and effect of the aids	X3		

Subtotal _____

Errors _____ (-)

Total Points _____

FURTHER REMARKS:

THE QUEEN AWARD

The Queen Award is a perpetual award in honor of Adel Arikka to be given every year to the highest scoring mare at CDCT's Recognized show. In 2017, it was awarded to Li'czabeth and Bettina Wagner. See Arrika's biography on the following pages.

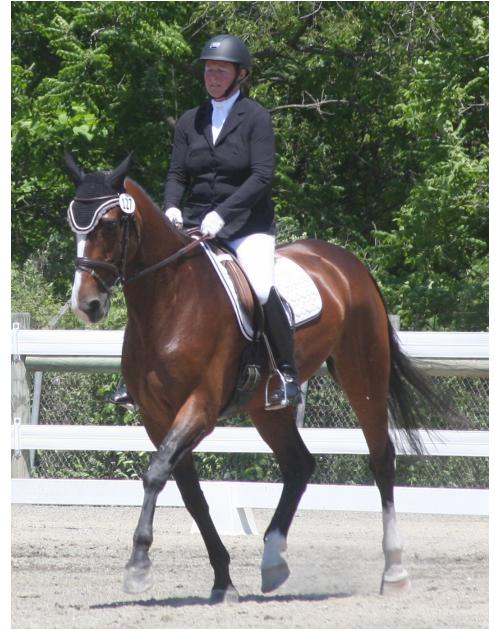


Photo credit Gale Wolfe

MEMBER BIO: **DONNA YOUNG**

Donna grew up in Ithaca, NY and spent her high school years leasing a grey mare at the Cornell Polo barn. The mare, Grey Lady, eventually became hers, and went on to UNH for college. Donna chose UNH when doing a campus visit she saw her first horse trial being run, and decided that was what she wanted to do. Four years of 3 lessons a week, completing the Instructor Certification program and eventing at Novice and Training levels was like a dream come true. After college, she began her professional career, coming to Binghamton NY and Crooked Creek Farm in 1978. Organizing the STPC horse trials and teaching all ages, and personally eventing through the years up to 3 Day Preliminary level. Along the way, she started competing in dressage competitions on clients' horses, successfully getting to FEI. When the STPC stopped doing the horse trials, Donna and her students put on USDF recognized dressage competitions for 5 years at the same Crooked Creek Farm.

When she decided to switch her focus to dressage, she purchased a mare named Adel Alicia and after that found 5 siblings for other clients, as she was so impressed with the Trakehner line of "ITH", by Ibiskus, imported by Henry Shurink of Doornhof Farm. Alicia had a successful career up through Grand Prix, but had a tragic accident in turn out and had to be put down. In the meantime, Donna bought her full sister, Adel Arikka, who competed successfully thru Grand Prix, earning her Pg, and the Gold Freestyle Bar, Donna also competed a half sibling mare, Adel Adrienne thru Grand Prix and a half sibling gelding Anflug, to USDF Second Level Horse of the Year before selling him. Donna has competed 6 Trakehner horses in the ATA Futurity over the years, ending in the top 6 with all of them.

In the late 1980's the musical freestyles were just starting and with high tech recording, editing and splicing on a boom box, Donna was USDF 4th Level Musical Freestyle Horse of the Year on a Danish Warmblood belonging to a client. After that she designed 2 FEI I-1 freestyles and 4 Grand Prix freestyles for her 3 grey Trakehner sisters, earning the Freestyle Gold Bar award.

Donna retired from competition in 2011, but continues to train and teach her dedicated students for the joy of the process.

ADEL ARIKKA PB, PS, PG

by Donna Young

When I turned 40, I decided to turn my riding career to solely Dressage and sold my homebred event horse. At the time, I had my Trakehner mare, Adel Alicia, competing at the Intermediaire I level, so I called her breeder to see what she had currently for sale. I was told they had a full sister to Alicia, but she was grey.....as that was my favorite color, I immediately set it up to go see her. This was in March, and their farm set up was 24/7 turnout, on a mountain top in upstate NY. Needless to say, she was very hairy, especially her huge ears, so my immediate response was "Oh good, she's ugly so I don't have to buy her".....well, when we turned her loose in the outdoor ring to see her move and one of my friends that I took with me to video, said "If you don't buy her, I will!" So, that's how we came together as a team, in 1995 when she was coming 4 years old. My friends and I discussed what her name should be on the ride home. Because of the Trakeher name requirements, it had to start with Adel, and then an A-name after because of the dam, Adel Andante. (another mare I had through Nancy Pille, was Adel Adrianne as she was out of the same dam). I decided, to honor my event horse that I sold (Erik), and made up the name Arikka, to add to the Adel.



She was barely halter broken and very reactive. I was unloaded 3 times when I decided to take her to an indoor for the safety of walls and a pile of shavings in one corner to use to help stop her. After using that shavings pile more than a few times, a light bulb went off in her head and she happily started her career as a real Dressage horse instead of a rodeo ride.



In her first competitive year, she was third in the ATA Futurity, a competition for 5 year old Trakehners all over the US, the ranking based on their median score at Training Level. Her score was a 71.4%. The same year I was competing Alicia at Grand Prix. The next year we skipped from 1st to 2nd Level, and the next year 3rd to 4th with many Championship ribbons from Western NY, to Dressage at Saratoga, to GMHA in Vermont and Westchester/Fairfield in Connecticut and Regional Finals in Ellenville, NY and earning her Performance Bronze medal (Pb).

In 2000 she was Co-Reserve Champion in the ATA at Prix St. George and earned her Performance Silver (Ps). In 2002, preparing to compete at I-1 she sustained an injury which earned her a year off, so I bred her and in 2003 she had a filly, Adel Anneka. In 2004 she went back into the competition ring at I-1, and letting me get to ride at Dressage at Devon, my dream. We started to school for the Grand Prix until the injury was re-aggravated and she was stall bound for 3 months in the summer of 2005. Not knowing if she would ever be sound again, I took another long 3 months to slowly rehab her and in 2006 she came back out, but this time at Grand Prix, and earned her Performance Gold (Pg) and the USDF Gold Medal (10 scores over 60% at Grand Prix) and helped me get my USDF Gold Freestyle Bar award, that I had started with Alicia.

I competed her for 3 years at Grand Prix, until she developed Cushings disease and I retired her from the GP competition ring.

Not one to want to hang out as a lawn ornament, I started to let people take lessons on her so they could feel how things could be correct and not correct. She was the epitome of the dream schoolmaster for so many people. I leased her to my good friend and student, Maribeth Absi, for 2 years and they went from

3rd level to Prix St. George, earning MB her USDF Bronze and Silver medals. After a year off, due to the old injury, Kathi Chipman leased her for a summer and successfully competed her at second and third levels, but also learning tempi changes and piaffe and passage! Priceless! (Kathi wrote a wonderful article after that summer, about the experience of riding schoolmaster sisters, which were Arikka and Adel Adrienne)

The winter of 2013-14 she was kept exercised and fussed over, as she had earned the title of "Queen", but her health suddenly deteriorated in May 2014 when she came down with a very aggressive form of cancer, and she crossed the Rainbow Bridge on May 16th. She is buried overlooking her dressage ring at my farm, with an apple tree, surrounded by butterfly bushes

noting her final resting place.

That June, my dear friends and students, honored me with "The Queen" award at the CDCT annual Dressage weekend. It is a perpetual award to be given every year, to the highest scoring mare at the show. I was pleased to present it to Beth Harris on Hideaway's East Cork in 2014, and Bettina Wagner on Liz'cabeth in 2015 and 2017.

I was the luckiest person to have been "owned" by this mare for 20 years and I miss her every day.



FELDENKRAIS FOR HORSES

by Carol Morris, Co-Recording Secretary

The first time that Dave Thind saw Magoo was a few weeks after I had bought him in December 2014. Magoo had no clue what aids were, and had trouble staying on the rail and not stumbling over his own huge feet. He was going to be my backyard trail horse, and was at Kathy Thode's Brookside farm for a few basic training lessons. There was a spot open in a clinic with Dave, so I grabbed it. We embarrassed ourselves thoroughly.

Fast forward a few years: after losing my Andalusian cross who was schooling Third Level, Magoo is stepping up to the plate to learn how to use his body and morph into a dressage horse. His "serious" training began in September 2016. Since then, we have been to two schooling shows, earning respectable scores at Training Level.

Happily, we were able to have Dave come back for a clinic at Kathy's. Dave holds a "Trainer A" license from the German Equestrian Federation and is a Feldenkrais practitioner, and uses these methods on people and horses. According to Wikipedia, "In a session, a Feldenkrais practitioner directs attention to habitual movement patterns which are thought to be inefficient or strained, and attempts to teach new patterns using gentle, slow, repeated movements."

On the first day of the clinic, Dave used some of these methods to discover where Magoo was tight – his ribcage was the biggest problem. We worked on techniques for loosening his ribcage and pelvis, which helped Magoo to come round and carry himself at the halt, walk, and trot.

On the second day I asked Dave to ride Magoo for a bit. The first challenge was finding stirrup leathers long enough but Kathy graciously loaned me hers. As Dave settled into the saddle, he burst out with "My goodness he is BIG!" That has been a constant struggle for me – getting my short legs around his huge barrel. When I use my jumping saddle on him I need a 56" girth.

We worked on getting Magoo to listen better to my inside leg, especially going to the right. Dave reminded me that I can't let him cheat – I have to be insistent with every aid, and he needs to give me the correct response every time. Basically, Magoo is now a dressage horse, and I need to ride him as a dressage horse.

I'm very proud and happy of the way this big pinto has come along. He is a sweet boy, and I think he knows he has found a soft landing after some difficult early years. The journey will continue.



REGION 8 NEWS

This year Region 8 sent two full teams to the NAJYRC and they did well. It is a young team; where many first timers went to this event, and they did well. More importantly, they all had fun despite the heat!!! Jane Karol, Chef d' Equipe, and Jen Dillon, Regional Coordinator and Chef d' Equipe, did the most amazing job. A simple thank you is not enough. They were first timers also and I cannot wait to see how they handle it all next year!

Remember our qualifying for regional championships ends on August 28, 2017. There are many shows you can still get those two scores from, and to get your entry into the NEDA Fall Festival. I will remind you again the US Dressage Finals open to the Open and Adult Amateur Champion and Reserve Champion from the Regional Championships, and also to riders who reach a certain score (information on the USDF Website). These riders will be invited to Lexington, KY to compete head to head with the other regional champions. I am hoping for a big showing from Region 8 again. IMPORTANT note, please remember you will have to declare that you are willing to go to the 'finals' if invited. This declaration must be done by day before our Regional Championships. The USDF website will have more information.

I would like to welcome the newly elected USDF PM Delegates. They are Sue McKeown, Cynthia Wylie, Regina Cristo, Kathy Hickerson, Karin Swanfeldt, Stan Horton, Fie Anderson, Kate O'Connor, Diane Holston, and Linda Mendenhall. Some are returning as delegates and others are new. I look forward to working with you this next year as it will be a big one for Region 8! I also want to thank those who decided to step down for all your work you have given Region 8.

Remember we will hold our next regional meeting on October 8, 2017, at noon, at the Publick House in Sturbridge, MA. We do like meeting face to face and I hope you can spare the time to make it. However, we have been given the opportunity to use the NEDA conference hub and number for those of you too far so that you can call in. So no excuses! But you will miss the great food at Publick House and the great company!

See you on the Centerline...
Debra Reinhardt
USDF Region 8 Director

<http://www.cayugadressage.org>

Like and follow us on [Facebook](#)!

Summer Clinic to benefit the USDF Region 8 Youth Fund

featuring Gwyneth McPherson & Michael Poulin

August 26 – 27, 2017 at Carberry Fields, Lebanon, CT



Gwyneth McPherson is one of our county's most educated & experienced professionals and FEI trainers. She rose through the Young Rider ranks, winning multiple team and individual medals (including gold!) while coached by Lendon Gray and Carol Lavell.

Michael Poulin is an Olympic medalist, retired FEI judge, and has trained multiple riders and horses to international teams. He is a strong proponent of American dressage and the founder of The Dressage Foundation's Olympic Dream Program.

Liz Caron is another established professional and FEI rider in Region 8. During the winter, she assists Lendon Gray with D4K's Winter Intensive Training program in Florida.

Rides \$175. All levels welcome. All ages.

Professionals, AAs and JR/YRs.

Auditors \$20/day. Donations accepted.



United States Dressage Federation

Region 8

Connecticut Maine Massachusetts New Hampshire New York Rhode Island Vermont

For more information,
call Jennifer Dillon at 508-641-3121
or email jen@dilloneq.com

All proceeds are tax-deductible and will be donated to Region 8 Youth & NAJYRC.

Thank you, Tanya Rennie for issuing the Instructor's Challenge; Gwyneth & Michael for donating your time; and Liz Caron for donating the use of Carberry Fields.

Opening Date: July 15, 2017

Closing Date: August 12, 2017

Heavenbound Farm Dressage/Horse Trial and Combined Test/WD/NPHA Point Schooling Show

SATURDAY AUGUST 19, 2107

<u>Division</u>	<u>Dressage Test</u>	<u>Max Ht/Opt Speed</u>
1. Intro Horse Trial	USDF 2011 Intro B	18"-2' not timed
2. Beginner Novice Horse Trial	USEF 2014 BN Test B	2'7" 300m/m
3. Novice Combined test	USEF 2014 Novice Test B	2'11" 350m/m
4. Intro Combined test	USDF 2011 Intro B	18"-2' not timed
5. Beginner Novice Combined test	USEF 2014 BN test B	2'7" 300m/m
6. Novice Combined Combined test	USEF 2014 Novice test B	2'11" 350m/m
7. USDF Intro B		
8. USDF Intro C		
9. USEF 2011 Training 1		
10. USEF 2011 Training 2		
11 USEF 2011 Training 3		
12. USEF 2011 First 1		
13. USEF 2011 First 2		
14. USEF 2011 First 3		
15. USEF 2011 Second 1		
16. USEF 2011 Second 2 and above will be judged as one class unless 5+ entries per level		
17. USEF 2011 Third Level and above/state tests on entry form		
18. WDAA Western Dressage Intro Level Test 2 (Intro test 2 and 3 will be combined unless 5+ entries)		
19. WDAA Western Dressage Intro Level 3 (Intro 2 and 3 will be combined unless 5+ entries)		
20. WDAA Western Dressage Basic Level 2		
21. WDAA Western Dressage Basic Level 4		
<ul style="list-style-type: none">• Dressage tests are \$25. Ribbons 1-6• Combined tests are \$50. Ribbons 1-6• Horse Trials are \$75.00 Ribbons 1-6• XCountry courses are designed to be encouraging, good galloping with excellent footing, no water yet• Intro Level Dressage and in small arena with sand and rubber footing. Training level and above in large arena.• Horse trial and CT dressage may be on grass, small arena• The same horse /rider may ride the same test twice by paying 2 fees.• Horse/rider may do both CT and HT by paying separate fees, but no horse shall do more than one xcountry.• We reserve the right to divide or combine classes as needed.• Tall boots or paddock boots and half chaps required. Coats and braiding optional.• ASTM/SEI hard hats required while mounted at all times.• Safety vests required for Jumping Classes. Current medical arm bands required.• Ride times will be emailed on the Wednesday before the show.• Water for horses will be available on grounds.• Photographer on grounds• Food available to purchase• Changes after closing date require a \$10 office fee, each change• Very limited stabling, 1st come/serve• Those using paypal require a \$5.00 fee added		

There will be a high score prize for dressage, combined test , horse trial and WD.

Food will be available for purchase.

Directions: From N, Route 86, exit 62 Nichols, NY/Tioga Downs, go on 282S (becomes 187S), approx 14 miles, turn , left onto Bliss RD, left @ Y, left @ T, ¼ mi right into HBFarm (DO NOT take trailers onto 1st left on Taylor Hill)

From S, Route 6 to route 187N, right onto route 467 E, left onto Taylor Hill Road 1.2 mi, right into HBFarm.

Accommodations: Wilmot Creek B & B 570-247-7798 (1 mi), Fairfield/Marriot 1-866-539-8430 Wysox, PA (10 mi), Riverstone Inn, Wysox 570-265-4200 (11 mi), Comfort Inn,Wysox (10 mi) 570-265-5691

Stabling is very limited: \$20/stall to accompany completed entry.

Please mail entries to : Janet Youse, Heavenbound Farm, 1222 Taylor Hill Rd., Rome, PA 18837

Email: hbfarm@epix.net Phone: 570-247-7192

CALENDAR

August 12, 2017

Beth Beukema clinic

John T. Oxley Arena, Cornell University, Ithaca, NY 14850

Contact Dinah Guarino, dinahguarino@yahoo.com

August 13, 2017

CDCT Casual Show

John T. Oxley Arena, Cornell University, Ithaca, NY 14850

Contact Dinah Guarino, dinahguarino@yahoo.com

Other Area Events:

(Please see listed website for more information.)

August 11-13	D4K Youth Dressage Festival, http://youthdressagefestival.com/
August 12	Dressage Show & Tell at Greyrock Farm, www.cnydcta.org/calendar.html
August 19	Heavenbound Farm Dressage/Horse Trial and Combined Test/WD/NPHA Point Schooling Show, hbfarm@epix.net
August 22-24	Clinic with Arthur Kottas Heldenberg, Walting Horse Dressage, www.waltzinghorsedressage.com/
September 9	Saddle-up for Roswell Horse Trials & Schooling Dressage Show, www.wnyda.org/
September 10	CNYD&CTA Fall Wrap-Up Dressage Schooling Show, www.cnydcta.org/calendar.html
September 21-24	NEDA Fall Festival/Region 8 Championships, www.neda.org/
Sept. 26 - Oct. 1	Dressage at Devon, http://dressageatdevon.org/
October 14	"The History of Classical Horsemanship" Symposium at Voltra Farm, http://www.voltrafarm.com/
October 17 - 19	Clinic with Arthur Kottas Heldenberg, Walting Horse Dressage, www.waltzinghorsedressage.com/
October 28	Chestnut Ridge Halloween Jumper Show, www.wnyda.org/
October 29	Chestnut Ridge Halloween Schooling Dressage Show, www.wnyda.org/
November 19	Seminar: "Improve Your Feel and Timing of the Aids", www.voltrafarm.com/
Nov. 29 - Dec. 2	USDF Annual Convention, http://usdf.org/

CLASSIFIEDS

EQUINE SPORTS MEDICINE: performance enhancement through neurologic re-integration

Dr. Karen Gellman has practiced equine chiropractic and acupuncture for over 20 years, has an advanced degree in equine locomotion biomechanics, is an internationally recognized equine researcher and a featured speaker on posture and locomotion all over Europe and North America. She can help you and your horse become a more functional, integrated team.

Dr. Gellman is the only full service holistic veterinarian between Albany and Buffalo, offering acupuncture, chiropractic, homotoxicology, medical ozone, Chinese herbal formulas and nutraceuticals for horses and for companion animals. She specializes in Postural Rehabilitation, an integrative treatment that resets the postural control system, restoring neutral stance for healing, and relieving physical and emotional stress. PR helps your horse stretch forward, move more freely and connect more effectively with the rider. This modality is highly effective for long term injury rehabilitation, horses that have been rescued from neglect or abusive situations, and those who are sound, but not quite right, not as good as you think they could be.

Common problems helped by Dr. Gellman include:

- Neck or back pain
- Hind end pain
- Resistance to training
- Poor performance
- Uneven gait
- Chronic or recurrent lameness
- Slow injury healing
- Uneven foot size
- Poor foot quality
- Irritability/Anxiety

Contact to schedule an appointment at equinesportsmed@mac.com, or phone (607) 227-5406. More information, including downloadable educational materials at equinesportsmed.com. Happy Horse = Happy Rider workshops available for your facility! Check out Maximum Horsepower Research on Facebook.



CLASSIFIEDS

For Sale

Konig Semi-Custom Dressage Boots, German calf-leather and lining, leather sole and heel and spur rest. Stiff upper leather shaft on outside and stiffer up the back with outside Spanish-cut higher than inside for longer elegant leg appearance. Inside full-length custom zippers.

These boots are immaculate - worn 5 times for shows with no inner calf rubs, no heel rubs or scratches whatsoever. Never seen any rain. Heel is perfect and not worn down. Ankles are all broken in. Leather has been kept conditioned, stored with premium cedar boot trees and always kept inside my home in heated area.

Stamped numbers inside: #9679 (model), 4-1/2 European size/7-1/2 US, 48cm/18-57/64" (highest outside dimension to the floor), 38cm/14-61/64" (widest calf dimension). The tape measurements I took off the boots are as follows: 19-1/2" top of highest outside topline to floor, 17-1/2" inside lower topline to floor, boot fits naked calf size 13-1/4". My shoe size is 7-1/2 and boot easily fits with a light sock.

Cost of new Konigs is now between \$800-\$1000.00+. Asking \$700.00 which includes the cedar boot trees (new trees are \$50.00) plus any shipping cost. Accepting cash (preferred), certified bank check or money order only. No personal checks. Call 607-274-7445, Ithaca, NY.



Springfield Equine Retirement Farm

At Springfield Farm, we cherish a horse's individuality and appreciate his history. Each is cared for and loved as one of our own. Springfield Farm is a sixty-five acre farm located in the beautiful Finger Lakes Region of New York and just minutes from downtown Ithaca and Cornell University's Large Animal Hospital. Our care is based on the premise that each animal deserves the best quality of life, including one-on-one attention and focus on individual dietary, physical and emotional needs. Springfield Farm horses enjoy the maximum turnout that weather allows and individual stalls for those days that aren't so nice.

Boarding fees include feed, blanketing and plenty of individual attention. Veterinary and farrier services are billed to the owner at cost. As the owners of Springfield Farm, we live onsite and provide direct, personal care for all horses. The size of our operation is small by design. Our combined experience and education will give you complete confidence in your decision to retire your horse at Springfield Farm. Please feel free to contact Lori Elrod at 607-351-1499 or lori.elrod@gmail.com for additional information, request photos or arrange a visit. Visit us online at www.sfetech.net/equineretirement

VOLTRA FARM PRESENTS
IMPROVE YOUR FEEL AND TIMING OF AIDS
OUR TRAINER WILL LEAD AN INTERACTIVE DISCUSSION INVOLVING ACTIVE PARTICIPATION ON HOW TO IMPROVE YOUR FEEL AND TIMING OF YOUR AIDS
A SEMINAR WITH
MICHELLE LABARRE
SUNDAY, NOVEMBER 19, 2017
10:00 - 12:00 INTRODUCTION/THEORY
12:00 - 1:00 LUNCH (PROVIDED)
1:00 - 3:00 DEMONSTRATION/PARTICIPATION
**6000 ROCK ROAD
VERONA, NEW YORK 13478**
\$45.00 WITH RSVP • \$55.00 WALK IN
TO RSVP, PLEASE VISIT WWW.VOLTRAFARM.COM
CALL: 315-794-6469 OR EMAIL: INFO@VOLTRAFARM.COM



Dressage at Devon®

September 26 - October 1, 2017 • Devon, PA

You're Invited!



World Class Dressage Performance

World's Largest Open Breed Show

Unique Shopping for All

Food to Please All Tastes

Dressage Explorers for Kids on Sunday!



**Groups are welcome &
discounts are available.**

**For tickets or reserved seating,
visit tickets@dressageatdevon.org**

**Located in beautiful,
historic Chester County,
15 miles from Philadelphia!**

Visit www.visitphilly.com



Remember! Breed & Performance Show Closing Date **September 1, 2017**



For more information and a list of hotels, visit www.dressageatdevon.org



© Alix Coleman, HoofPrintsImages.com, Jennifer MacNeill Photography

CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC.

ANNUAL MEMBERSHIP APPLICATION

PLEASE PRINT:

Name: _____

Address: _____

Home phone (area code first): _____

Business phone (area code first): _____

Fax (area code first): _____ E-mail: _____

Is there information above that you do not want published in our yearly membership list, which is distributed to members? If so, please specify: _____

Birth date: _____

Are you an instructor or trainer? Yes No

Dues renew each Nov. 1 to ensure you will receive newsletters and be included in the Annual Membership Roster.
Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

- Individual Membership (\$35)
- Family Membership (\$45)
- Junior Membership (\$25)

Activities sponsored by CDCT include a variety of shows, mounted and unmounted clinics, films, speakers, and social events. These are produced by volunteer work from our members. Please indicate below the ways in which you could contribute to the success of YOUR club:

- Dressage Show: Planning, paperwork, grounds preparation, help on show day, etc.
- Education/Clinic Committee
- Awards
- Newsletter
- Other: _____

Please make checks payable to CDCT, Inc.

Please mail application and dues to:

CDCT, Inc.
c/o Donna Young
11 Cline Road
Binghamton, NY 13903



CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF;
CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

WHO TO CONTACT:

Officers:

President:	Jane Marie Law, jml16@cornell.edu
Vice-President:	Connie O'Hearn, ohearn3@netzero.net
Past President:	Andrea Chamberlain, 6acham479@gmail.com
Treasurer:	Ginny Grove, vs24@cornell.edu
Recording Secretary:	Kathy Thode, kthode3@gmail.com and Carol Morris, cmorris1050@gmail.com
Membership:	Donna Young (604)669-4156, dyoung@binghamton.edu
Newsletter and Website:	Karen Steffy, wonderpony92@gmail.com
Facebook manager:	Kathleen Hefferon, klh22@cornell.edu
Members at large:	Sue Mulvey Bettina Wagner Jean Foley Tina Matejka Dinah Guarino Lauren Ostergren

Committees:

Education:

Jane-Marie Law
Connie O'Hearn
Carol Morris

Recognized Show:

Dinah Guarino
Connie O'Hearn
Kathy Thode

Awards:

Jane-Marie Law
Karen Steffy
Kathy Thode

Combined Training Committee:

Ginny Grove
Anna Detar
Nicki Lund
Jean Foley
Lauren Ostergren
Bettina Wagner

Casual Show:

Ginny Grove
Bettina Wagner
Dinah Guarino

Please send any additions for the newsletter to
Karen Steffy, wonderpony92@gmail.com, by the first of each month. Thanks!

CDCT, INC. IS A NON-PROFIT ORGANIZATION PROMOTING
DRESSAGE AND COMBINED TRAINING.

CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF;
THEREFORE, CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.