

COLLECTED NOTES



JANUARY 2020

FROM CDCTC'S PRESIDENT:

Let me begin by wishing every one of you a happy and productive new year. I know I look forward to working on a few new goals in 2020 and one of those is many more hours in the saddle. Two of my babies will be turning four this spring, so they will need to have some time under saddle. Gustavo was up at Fingerlakes Equestrian Center in the fall and has already been backed by Ryan and Dan. Juno heads up there on the first of February for her turn with a human on her back. Hopefully she'll be as willing to be ridden (and as patient) as her sister GG Marquez.

I look forward to seeing everyone at our first meeting of 2020 at Jane-Marie Law's home on January 12. We will begin with our annual body-work session at 10 AM. This year we will be having a Franklin session lead by Colleen Price. For those of you unfamiliar with this modality, I found this definition on the web:

The Franklin Method is a totally new way of training, in which you train function by learning/feeling/experiencing how the body is designed. Instead of trying to fit your body it gives insight into how to get the client's mindset involved in the therapeutic interaction. You learn the fundamentals of body design and how to efficiently integrate your mind through the use of imagery in movement. You learn how (continued)

UPCOMING EVENTS

January 12: 10 am, Planning Meeting for 2020. Jane Marie Law's house, 16 Muriel St., Ithaca, NY. Contact [Norm Johnson](#) for more information.

**IT IS TIME TO SUBMIT
YOUR ANNUAL
MEMBERSHIP DUES!**

**ALSO, PLEASE REMEMBER
TO UPDATE OR COMPLETE
YOUR
[SAFESPORT](#) TRAINING!**

SERIOUSLY!



your body is designed to function, which gives you immediate insight into how you have been using that design, and from there you can choose your course of action, regimen of exercise, mental training, or therapy from a more informed and empowered perspective. The Franklin Method can stand by itself or supplement and enrich traditional training methods.

It proposes there is so much more potential, enjoyment and wellness for us all to experience. [Jane-Marie](#) has ordered 10 of the specially developed stretching bands that Colleen will be using in her session. I believe these will be for sale after the workshop. After the Franklin session we will have a brief break and then enjoy our traditional pot-puck brunch. The actual annual planning meeting will begin in the vicinity of 12: noon. So, plan to come for the bodywork, the food and company and/or the planning meeting, as your Sunday schedule allows.



To jump-start our planning for the year I have drafted the following outline. This is a starting point and we are wide open to ideas and suggestions, so think about you would like from CDCT in 2020.

February

Carol's report on her Lusitano adventure in Portugal

Lets "meet the WYNDA folks" and/or a presentation "Learning from watching" video night

March

Education month: The official USDF Scribing workshop. We will need a volunteer to lead this module provided by USDF.

April

Dave Thind clinic organized by Carol Morris

Organizing committees for our USDF show

May

Planning for our USDF show (may require subcommittee meetings)

Meet at Cazenovia to tour facilities

June

Recognized show and attend details

July

Education: month: youth eventing, organized by a wonderful volunteer who will be stepping up!

Post-show evaluation lead by show team

August

Fun show planning and the Fun show

September

Poker Run with Endless Mountains friends

October

Education event: open

November

Annual awards gathering

December

Family time

I am still musing over the notes I took in Savannah at the USDF convention and the multitude of things I learned about our national organization while I was there. While, in my judgement, many of the events were rather dry - think weekly faculty meetings - the gathered body was highly organized in its attempt to use the time we had to work on the legislation at hand and to fill in the free moments with educational events. Two panels that I attended that I found most useful were focused on the rules and regulations around tack and attire at recognized shows and the management and responsibility of the finances and books of a GMO. What I came away with, which forms the basis of my outline for CDCT in 2020 is:

- Board meetings and general membership meetings are not the same thing. When I think about it, there seems to be folks who have little interest in business meetings, which leads me to: Membership events need not be the same as business/board meetings. They could be organized and run differently. I hope to organize at least a few more membership events in 2020. There is grant money going unused both in the USDF and from the Dressage Foundation. I finally have a clear sense of these organizations as separate entities.
- We (CDCT) are small organization as GMOs go, and we do a lot with not much in the area of financial resources. Some GMOs have budgets in the hundreds of thousands of dollars. In terms of resources, some GMO's can afford rental of spendy facilities and can also afford to bring in world-class clinicians. There are also very large GMOs that have chapters under the umbrella of one, large, GMO. I did have a brief conversation as to whether there might be anything to be gained by merging WNYDA and ENYDCT with CDCT. Since voting blocks are based on the number of members on a GMO's roster, it remains up for discussion and exploration as to whether there might be anything to be gained in a GMO merger.
- Our newly initiated yearly membership dues are still well below what other GMOs charge their members.
- USDF has several pre-packaged educational modules available for use by GMOs. These modules are designed to be presented by club members.
- The issue of new blood, the next generation, and the need for new leadership are not unique to our club. The USDF is not growing and the membership is aging out. Rides in USDF events were down all over the country in 2019 and are projected to continue going down again in 2020.
- There is a wonderful online resource called "Your Dressage.org." which has been up for a while. I for one, first learned about it at the convention.
- We will all be getting a new member dashboard in 2020
- In 2020 USDF will be taking over all aspects of training and certifying our judges as well as all aspects of writing the new tests every four years. Up to now, these tasks have been undertaken jointly with USEF and USDF.
- The 2020 USDF Convention will be held in Nebraska at the Omaha Hilton on December 2nd through the 5th. In 2021 the convention will move to Houston.
- Finally, owing to a lack of useful and timely dissemination of information, rules and changes, Safesport will be re-vamped in 2020, beginning in January.

That's the news from this end of the county. I will see you all soon.

Inside leg to the outside rein,
Norm

Lucy's Levade: Tails From a Pomquestrian™

Hello again friends!

We've finally made it past the shortest day of the year! I hope you all enjoyed the holiday food as much as I did. Although winter just technically began, it is rather warm and there's grass in between snow patches and so I find myself thinking about the year ahead!

First, I would like to thank you all for awarding me the title of Official CDCT Mascot. I work very hard at being a cute crowd pleaser and it's a ruff life! I will continue to bring my A game in the New Year. Which brings me to my second thought, 2020! A brand new year to achieve new goals, visit cool places, and learn new things. I want to encourage all you fine humans to sit, stay, and think about what things you would like to happen next year. Is there an educational interest you've always wanted to explore? Do you have dreams to ride at a recognized event? Don't forget to work with your local GMO to help you accomplish your goals!



I'm told our January meeting will begin with an intro to the Franklin Method. I look forward to my mom and aunt learning about the benefits and practicing it on me. You should all attend too because it'll be cool (there's balls to chase!) and the following club meeting lays out the foundation for our whole year. Speaking of which, you did renew your membership right? We are the coolest club around and I'm not biased at all!

This installment was short and sweet (like me) because there was no December meeting and there's not a lot of daylight to do anything fun during the week. I've gotten in some good naps next to the pellet stove though. Until next time!

Happy tails,
Lucy



Instagram: @lucypom13

Facebook: The Colored Tail of Lucy and Roscoe

CDCT COMMITTEES FOR 2020 **PLEASE LET [NORM](#) KNOW WHICH** **COMMITTEE YOU WOULD LIKE TO BE ON!**

YOUTH ENGAGEMENT: RECOGNIZED SHOW: CASUAL SHOW:	AWARDS: COMBINED TRAINING:	WESTERN DRESSAGE EDUCATION: PUBLICITY:
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CALENDAR

- January 12:** 10 am, Planning Meeting for 2020. Jane Marie Law's house, 16 Muriel St., Ithaca, NY. Contact [Norm Johnson](#) for more information.
- April 18—19** Clinic with Dave Thind, [Carriage House Arena](#). For more information, contact [Carol Morris](#).
- June 27-28** Dressage in Wine Country USDF Recognized Shows. For more information, contact [Jane-Marie Law](#).
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Additional Local Dressage and Combined Training Groups

[Central NY Dressage and CT Association](#)
[Eastern NY Dressage and Combined Training Club](#)
[Endless Mountains Dressage & Combined Training Club](#)
[Genesee Valley Riding and Driving Club](#)
[Western New York Dressage Association](#)

USDF REGIONAL SCHOOLING SHOW AWARDS PROGRAM

USDF is excited to introduce the new USDF Regional Schooling Show Awards Program. This program starts December 1, 2019 and offers regional recognition to USDF Group Members competing in participating non-USEF-licensed/non-USDF-recognized competitions.

All non-USEF-licensed/non-USDF-recognized competitions are invited to participate in this program. To participate, simply submit the [online application](#) and \$25 participation fee to USDF at least 30 days prior to the start of the competition. The program year will be December 1 through November 30.

An online competition calendar will list participating competitions on the USDF website. Participating competitions must submit a copy of their prize list to USDF no later than 14 days prior to the competition and competition results must be submitted to USDF within 21 days of the end date of the competition.

Feel free to contact [Cristen Brown](#) if you have any questions. Complete [program rules](#) are available on the USDF website.

CLASSIFIEDS

For Sale: Horwear grey show coat size 10. Washable and very comfortable. \$40.00 . Contact [Sue Mulvey](#).

For sale: 19 inch Devocoux mono flap \$1500. 17.5 inch Black Country \$1000. Both are in beautiful shape, but are no longer needed. Contact [Norm Johnson](#).

CLASSIFIEDS

For Sale: Almost new Albion K2 dressage saddle. It has an extra wide tree and a 17.5 inch seat. The twist is narrow with wool flocked panels. Paid \$2700, will sell for \$1900. Also, extra polos, stable blanket, girths, all purpose saddle pads, plus some boots for horses, a large pony harness etc. Make an offer for these. Please contact [Dinah Guarino](mailto:Dinah.Guarino): H-315-497-9922, C- 315-



Springfield Equine Retirement Farm

At Springfield Farm, we cherish a horse's individuality and appreciate his history. Each is cared for and loved as one of our own. Springfield Farm is a sixty-five acre farm located in the beautiful Finger Lakes Region of New York and just minutes from downtown Ithaca and Cornell University's Large Animal Hospital. Our care is based on the premise that each animal deserves the best quality of life, including one-on-one attention and focus on individual dietary, physical and emotional needs. Springfield Farm horses enjoy the maximum turnout that weather allows and individual stalls for those days that aren't so nice. Boarding fees include feed, blanketing and plenty of individual attention. Veterinary and farrier services are billed to the owner at cost. As the owners of Springfield Farm, we live onsite and provide direct, personal care for all horses. The size of our operation is small by design. Our combined experience and education will give you complete confidence in your decision to retire your horse at Springfield Farm. Please feel free to contact Lori Elrod at 607-351-1499 or lori.elrod@gmail.com for additional information, request photos or arrange a visit. Visit us online at www.sfetech.net/equineretirement

CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC. 2020 ANNUAL MEMBERSHIP FORM

Name: _____

Address: _____

Phone (area code first): _____

E-mail: _____

Birth date: _____ (requested by USDF) Are you an instructor or trainer? Yes No

Do you give permission for your pictures and/or name to be used for publicity? Yes No

May we include your name and email address on the Membership List that's distributed to members? Yes No

Current Members: The USDF deadline for GMO dues is December 1st. Please submit your Membership form and dues by Nov. 17th.
This ensures that you will receive the USDF magazine and other GMO benefits without interruption.

New Members are welcome to join year-round!

Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

- Individual Membership (\$45)
- Family Membership (\$50)
- Junior Membership (\$25)

Activities sponsored by CDCT include a recognized show, a schooling show, mounted and unmounted clinics, films, speakers, and social events. These are made possible by volunteer work from our members. Please check your interests below to indicate the ways in which you would like to contribute to the success of the club:

- Dressage Shows: Planning, paperwork, grounds preparation, help on show day, etc.
- Western Dressage
- Combined Training
- Education/Clinic Committee
- Awards
- Publicity
- Other: _____

Signature: _____ Date: _____

(Member's signature or parent/guardian signature if under 18. Typed signature is fine.)

Please complete form and email to lauren.ostergren@gmail.com

Please make checks payable to CDCT, Inc.

Send checks and any hard copy forms to:

Lauren Ostergren
205 Warren Place
Ithaca, NY 14850
607-227-4535



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WHO TO CONTACT:

Officers:

President:	Norm Johnson
Vice-President:	Skye-Anna Nye-Smith and Shannon Ryan-Dinmore
Past President:	Jane-Marie Law
Treasurer:	Ginny Grove
Recording Secretary:	Jean Foley
Membership:	Lauren Ostergren
Newsletter and Website:	Karen Steffy
Social Media Manager:	Jane-Marie Law
Members at large:	Tina Matejka ('19) Dinah Guarino ('19) Bettina Wagner ('19) Janna Wagner ('20) Gale Wolfe ('20)

<http://www.cayugadressage.org>

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Norm Foley

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