

COLLECTED NOTES



APRIL 2020

FROM CDCTC'S PRESIDENT:

Greetings everyone!

In these exceptional times let me start this month by sharing this a little story to go with it.

Knowing that many of you are desperately missing your horses right now due to the closure of boarding barns, I was looking for something uplifting for you and your horses. Since St Francis is the patron saint of animals I was ultimately brought to this and found it to be something for us all, in this moment, regardless of religious affiliations or beliefs.

The Prayer of St. Francis

Lord, make me an instrument of your peace,
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
Where there is sadness, joy;

O Divine Master,
Grant that I may not so much seek
To be consoled as to console;
To be understood as to understand;
To be loved as to love.
For it is in giving that we receive;
It is in pardoning that we are pardoned;
And it is in dying that we are born to eternal
life. *(continued in next column)*

UPCOMING EVENTS

April 29: CDCT's Virtual Horseshow entries close. For more information, contact [Norm Johnson](#).

Stay tuned as we navigate the next few months

I was raised Catholic and the household rule was that my siblings and I would attend catechism until we were confirmed. At that age horses and my other animals were the center of my world and, given that our parish was named for St Francis of Assisi, it made total sense to me that I would choose him for my patron saint. That choice also had a lot to do with my love of the stone relief outside the church depicting St. Francis surrounded by the creatures of the world. Its the first thing I remember about going to church as a tiny person. This is also putting me in mind of all my 4-H horse friends who would gather in the back of the church for early mass in our full riding outfit on show days. This, obviously being before the advent of Saturday night mass and every one of us intent on not incurring the sin of missing Sunday mass. I realize now it never occurred to me to spend even a moment praying for the outcome of that day's show while in church. Hmmm... Dare I say, none of you know I was raised Catholic. I abandoned that practice in college. My spiritual life has veered wide and esoteric since my undergraduate days and I am pretty private about that but it does have a huge place in my life. *(continued)*

Late breaking News:

Today, April 3rd, we were informed that Cazenovia College will be closed through July 1st. Simply put, that means that we are forced to cancel this year's Dressage In the Wine Country. I am sorry for the big disappointment, on top of all the other things we all have been forced to give up during this time, but our health is the most important priority without question.

In the meantime, I want us to have a virtual horseshow!

These are the classes for the "CDCT People's Choice" electronic horse show.

There is no fee for entering and you can enter one or all 12 divisions. Who knows, perhaps one of you will get nominated for a USDF end of the year award in dressage photography. Yes, it's true, there is such an award.



- ◆ 1. The prettiest equine.
- ◆ 2. The tiniest dressage rider.
- ◆ 3. The fanciest braiding job (aren't you all practicing your braiding techniques right now?)
- ◆ 4. The silliest horse.
- ◆ 5. Biggest dressage horse
- ◆ 6. Tiniest dressage horse
- ◆ 7. The best candid equine shot
- ◆ 8. Most fun selfie with your equine
- ◆ 9. Best photo take from the saddle
- ◆ 10. Classiest dressage dog
- ◆ 11. The dirtiest equine.
- ◆ 12. Wild card - anything you want to enter that doesn't fit into a category above. Maybe I should be calling this the "Freestyle" division?

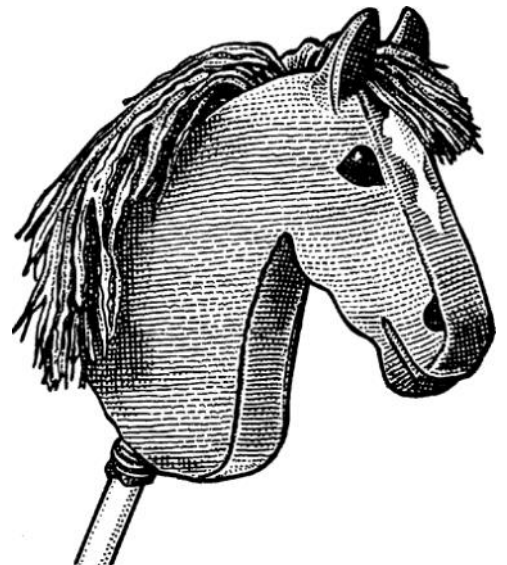
So, you please start searching through your phones and laptops and let's have some fun with this.

*The Deadline is April 29.

** Email your pictures to [me](#) and I will put them in a document. We hope to publish the entries in the May newsletter for voting by the membership and announce the winners in our June newsletter.

Hang in there everyone, and, remember, inside leg to the outside rein, no matter what,

Norm



Cayuga Dressage and Combined Training

Minutes from Meeting March 10, 2020 @ 707 PM

President Norm Johnson presiding

Attendance: Colleen Price, Dinah Guarino, Norm Johnson, Ginny Grove, Karen Steffy, Meghan Crout, Jana Wagner, Jane Marie Law, Kathy Thode, Bettina Wagner, Shannon Ryan-Dinmore, Brenda Howell (new), Marlie Lukach, Skye Anna Nye Smith, Amy Bittner (new), Sarah Hepler, Anna Redmond,

Motion to Dispense with the reading of the minutes from February Meeting
Bettina Wagner, Shannon Ryan-Dinmore

Good of the Order:

Amy Bittner reported from our neighbor club Central NY Dressage Association. CNYDA will be offering help to support our Cazenovia show. Possibly additional volunteer staff and sponsoring one of our events during the show. Considering the wine and cheese reception. Will report back after next meeting. The Limestone Pony Club has been reconstituted and is open to adult riders as well as young riders. Rally is scheduled for May 24th. Contact CNYDA for more information. There was a kind offer of potential housing for volunteers who may be traveling a significant distance. Contact Norm Johnson for information. CDCTA will look at ways to assist with CNYDA Fairgrounds Show.

Treasurers Report: Braiding Clinic deposits \$140, Raffle \$20, Bake Sale \$25

President's Report:

Committees please add Norm to all communications as he is an Ad Hoc member of all.
Bylaw revisions and comparisons to USDF bylaws. Will be sent to Board when completed.

Old Business:

Cat Hill Braiding Clinic: 7 Attended. Excellent instruction. Suggest better accounting for attendance and financial commitment in advance. Difficult to plan for equipment etc without accurate numbers.

Cat Hill is not available for the July date for Eventing Clinic. Norm will contact Carriage House to release the date. Eventing Clinic Committee will meet with Ms. Hill to determine minimum attendance required and find an available dates (2 days). It is possible to use Eventingclinics.com to manage registrations and potentially online payment. Committee will complete the CDCTA Clinic Form. Will consider youth incentive but will need to include adult riders to cover expenses. Insurance will be \$38 per day. Not intended to be a fundraiser so entry fee will be to cover costs.



Dressage in Wine Country: Cazenovia has made arrangements should the Novel CoVID 19 be a concern for travel. Jane Marie Law presented a draft breakdown of potential expenses and revenues for Board use in planning. Approx cost is \$13,000-14,000 with possible revenue of \$21,000-22,000. An earmarked donation to provide wine openers or reusable tableware (under 21) has been received for participant swag. Motion to accept Skye Anna Nye Smith/Anna Redmond. Motion to set stall fee for weekend @ \$100 Bettina Wagner/Skye Anna Nye Smith. Day stall \$65 Motion Shannon Ryan Dinmore/Jane Marie Law.

Ginny Grove has tried out The Non Profit Treasurer Program for the bookkeeping. So far it seems easy and has some useful reports. It is a free product and is online. For now this is the program we will use to track club expenses.

New Business:

Anna Redmond will assist in finding ways to incorporate online payments as an option for membership fees and clinic/event fees. Eventing Committee concerns voiced that written checks not cashed are equal to not paid. Need a process to ensure efficient check cashing. Norm Johnson and Karen Steffy will assist.

Requirement for separation of bank deposits/check signing and account reconciliation. Until the bylaws are completed with a process a motion was made that the Treasurer will write out checks and President will make deposits and reconcile the account. Motion: Sarah Hepler/Skye Anna Nye Smith

Upcoming Events:

- Dave Thind Clinic with Feldenkrais Session at Carriage House, 325 Waterburg Road, Trumansburg, April 17 and 18th, 2020. Contact Carol Morris or see the CDCT website and Facebook page under Events. (*cancelled*)
- Dressage in Wine Country Recognized Show @Cazenovia June 27 and 28th, 2020. see the CDCT website and Facebook page under Events. (*cancelled*)
- July no scheduled events
- Keeping It Casual Fun Show at Fortress Farm, Castle Creek August 22nd, . Clinic with Lisa El Ramey , August 21st, 2020 see the CDCT website and Facebook page under Events.
- September: Poker Run TBD after the Hector 100 (rides as short as 15 miles). Location and Time TBD, Combined Event with Endless Mountains Dressage Club
- October: CDCT Symposium at Easy Gait Farm, 4694 Clark Road, Cincinnatus Oct 3 &4, 2020. Contact Jane Marie Law for information or the CDCT website and Facebook events
- November 15: Awards Banquet. 16 Muriel Dr, Ithaca, Dish to Pass, Silent Auction

Discussion for upcoming meeting: Fundraising

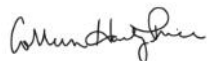
April 7th, 2020 Cazenovia Site Visit, meeting

May 17th at Cazenovia Arena or May 12th, 2020 6 pm Location TBD, Discussion of Dressage in Wine Country I & II

June 9th, 2020 6pm Location TBD. Suggestions for education needed

Motion to Adjourn @ 835 PM, Kathy Thode, Sarah Hepler

Respectfully Submitted,



Colleen Hanly- Price
Secretary

THROWBACK CLINIC NOTES

George Williams, October 9, 2011

By Karen Steffy

- The warmup creates looseness, the work creates expression
- Stretching at the trot at the end of work can be “less exciting”
- If the horse is stuck in the neck, it creates a dam in the flow of energy from the hind legs
- Ride serpentines with enlarging before the long side
- With the horse bent to the induced, large the circle using the inside leg, can support with the outside rein
- The outside rein controls longitudinal flexion, the inside controls lateral flexion
- When a horse is bent to the inside, you need to feel as if the ribs are bent
- The warm up should be quiet and on the boring side
- When riding figure 8s, introduce the new bend one stride before the CL
- When the horse breaks from canter to trot, stay in trot, get the horse supple and balance before asking for canter again
- Your outside rein can only be as strong as your horse is in front of your inside leg
- You have to provide the steadiness when your horse becomes unsteady
- It's not the end of the world when your horse breaks. It's how you handle it that's crucial.
- Some is probably enough
- If a horse gets tired and muscle sore, he has the right to resist



CALENDAR

June 9: Cayuga Dressage and Combined Training Club Monthly meeting, location TBD. Contact [Norm Johnson](#) for more information.

June 13 & 14: Will Faerber Clinic, 6125 Perry City Road, Trumansburg, NY . Contact [Darcy](#) for more information.

June 27th -28: Kirby Hill Farm Recognized Dressage Show, Pawling, New York. [Information](#).

August 1: Kirby Hill Farm Recognized Dressage Show, Pawling, New York. [Information](#).

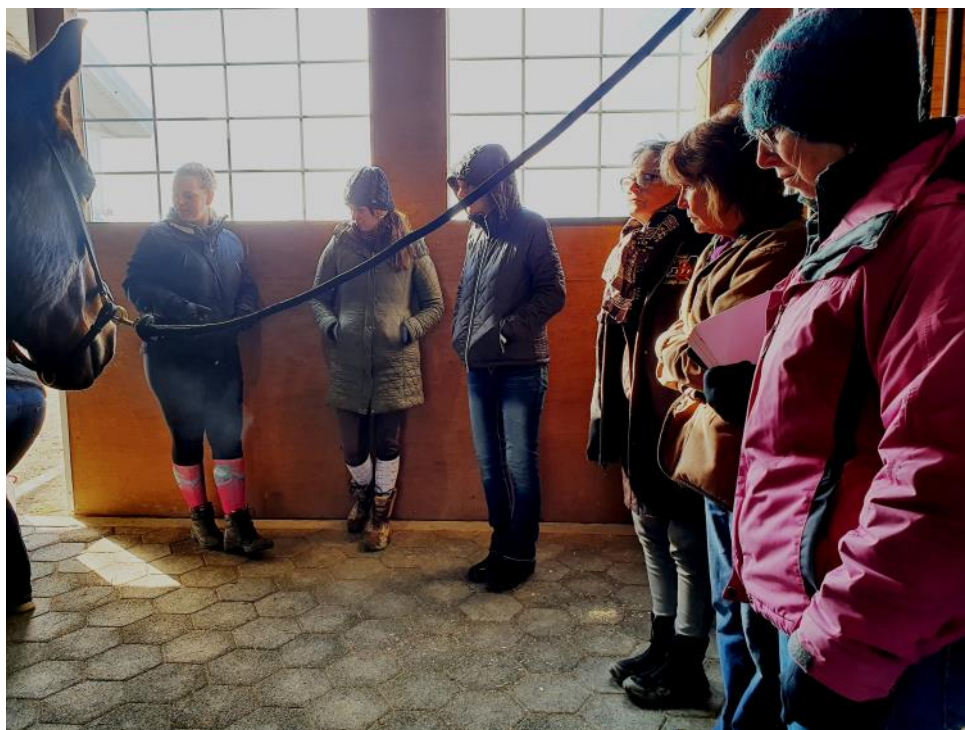
August 21 & 22: Cayuga Dressage and Combined Training Club clinic with Lisa El-Ramey, USDF "S" judge, Fortress Farm, Castle Creek, NY. For more information, contact [Jane-Marie Law](#).

August 23: Cayuga Dressage and Combined Training Club Keepin' It Casual Show, Fortress Farm, Castle Creek, NY. For more information, contact [Jane-Marie Law](#).

October 2 — 4: Cayuga Dressage and Combined Training Club Riding the Levels Education Symposium with Lisa El-Remy, Easy Gait Farm, Cincinnatus, NY. For more information, contact [Jane-Marie Law](#).

October 18: August 1: Kirby Hill Farm Recognized Dressage Show, Pawling, New York. [Information](#).

November 15: 4 pm, Cayuga Dressage and Combined Training Club Annual Awards, 16 Muriel St., Ithaca, NY 14850. Contact [Norm Johnson](#) for more information.



CDCT COMMITTEES FOR 2020
PLEASE LET [NORM](#) KNOW WHICH
COMMITTEE YOU WOULD LIKE TO BE ON!

| | | |
|---|---|--|
| YOUTH ENGAGEMENT: Hannah Wilson Meghan Crout Marlie Lukach Jana Wagner | AWARDS: Marlie Lukach Dinah Guarino | WESTERN DRESSAGE: EDUCATION: Carol Morris Shannon Ryan-Dinmore Jean Petty Foley Jane Marie Law |
| RECOGNIZED SHOW: Jane-Marie Law Chair Shannon Ryan-Dinmore Skye-Anna Nye-Smith Prin Furst Carol Morris Tina Matejka Kathy Thode Jana Wagner Bettina Wagner Jean Petty Foley Dinah Guarino | COMBINED TRAINING: Lauren Ostergren Meghan Crout Skye-Anna Nye-Smith Shannon Ryan-Dinmore Anna Redmond Jennifer O'Neill-Hagadone | PUBLICITY: Karen Steffy Shannon Ryan-Dinmore |
| SPONSORSHIP: | CASUAL SHOW: Anna Redmond Jane-Marie Law Kathy Thode Carol Morris Jana Wagner Jennifer O'Neill-Hagadone | FUN: Shannon Ryan-Dinmore Jennifer O'Neill-Hagadone Skye-Anna Nye-Smith Jean Petty Foley Dinah Guarino Anna Redmond Jane Marie Law |

USDF REGIONAL SCHOOLING SHOW AWARDS PROGRAM

USDF is excited to introduce the new USDF Regional Schooling Show Awards Program. This program starts December 1, 2019 and offers regional recognition to USDF Group Members competing in participating non-USEF-licensed/non-USDF-recognized competitions.

All non-USEF-licensed/non-USDF-recognized competitions are invited to participate in this program. To participate, simply submit the [online application](#) and \$25 participation fee to USDF at least 30 days prior to the start of the competition. The program year will be December 1 through November 30.

An online competition calendar will list participating competitions on the USDF website. Participating competitions must submit a copy of their prize list to USDF no later than 14 days prior to the competition and competition results must be submitted to USDF within 21 days of the end date of the competition.

Feel free to contact [Cristen Brown](#) if you have any questions. Complete [program rules](#) are available on the USDF website.

CLASSIFIEDS

For Sale: Almost new Albion K2 dressage saddle. It has an extra wide tree and a 17.5 inch seat. The twist is narrow with wool flocked panels. Paid \$2700, will sell for \$1900. Also, extra polos, stable blanket, girths, all purpose saddle pads, plus some boots for horses, a large pony harness etc. Make an offer for these. Please contact [Dinah Guarino](#): H-315-497-9922, C- 315-702-3973.

For Sale: Horsecwear grey show coat size 10. Washable and very comfortable. \$40.00 . Contact [Sue Mulvey](#).

Springfield Equine Retirement Farm

At Springfield Farm, we cherish a horse's individuality and appreciate his history. Each is cared for and loved as one of our own. Springfield Farm is a sixty-five acre farm located in the beautiful Finger Lakes Region of New York and just minutes from downtown Ithaca and Cornell University's Large Animal Hospital. Our care is based on the premise that each animal deserves the best quality of life, including one-on-one attention and focus on individual dietary, physical and emotional needs. Springfield Farm horses enjoy the maximum turnout that weather allows and individual stalls for those days that aren't so nice. Boarding fees include feed, blanketing and plenty of individual attention. Veterinary and farrier services are billed to the owner at cost. As the owners of Springfield Farm, we live onsite and provide direct, personal care for all horses. The size of our operation is small by design. Our combined experience and education will give you complete confidence in your decision to retire your horse at Springfield Farm. Please feel free to contact Lori Elrod at 607-351-1499 or lori.elrod@gmail.com for additional information, request photos or arrange a visit. Visit us online at www.sfetech.net/equineretirement

For sale: 19 inch Devocoux mono flap \$1500. 17.5 inch Black Country \$1000. Both are in beautiful shape, but are no longer needed. Contact [Norm Johnson](#).

Additional Local Dressage and Combined Training Groups

[Central NY Dressage and CT Association](#)

[Eastern NY Dressage and Combined Training Club](#)

[Endless Mountains Dressage & Combined Training Club](#)

[Genesee Valley Riding and Driving Club](#)

[Western New York Dressage Association](#)

WHO TO CONTACT:

Officers:

| | |
|-------------------------|---|
| President: | Norm Johnson |
| Vice-President: | Skye-Anna Nye-Smith and Shannon Ryan-Dinmore |
| Past President: | Jane-Marie Law |
| Treasurer: | Ginny Grove |
| Recording Secretary: | Jean Foley |
| Membership: | Lauren Ostergren |
| Newsletter and Website: | Karen Steffy |
| Social Media Manager: | Jane-Marie Law |
| Members at large: | Tina Matejka ('19) Dinah Guarino ('19) Bettina Wagner ('19) Janna Wagner ('20) Gale Wolfe ('20) |

<http://www.cayugadressage.org>

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Norm Foley

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