

COLLECTED NOTES



APRIL 2025

FROM CDCTC'S PRESIDENT:

Spring has sprung and the weather is just as confused as the rest of the us. 70's last week, snow this week. Can you tell I'm late getting the newsletter out?

We had a pretty productive March considering not much happens in winter in our area. Our book club finished reading *The Horse in Positive Tension* by Stefan Stammer and decided that our next book should be *The New Anatomy of Rider Connection: Structural Balance for Horse and Rider* by Mary Wanless. We don't yet have a start date for reading this book and are looking for input from club members. Should we do it this spring or wait till fall after the show season is over?

Our newly reminted Working Equitation Committee hosted a lovely evening Zoom with Stephanie Hayes (VT) and Deb Quillinan (NY). We got to hear all about what working equitation entails from both a competitors POV as well as that of an instructor and from a TD. We learned how clinics and shows are run, what the levels mean, and how accessible and rewarding working equitation can be for every horse and rider combo. Piggybacking off the big interest and turnout, a Working Equitation Clinic proposal for the fall was submitted and approved by the board. Details to follow, stay tuned! *(continued)*

UPCOMING EVENTS

April 25—27: Suzanne Hamilton Clinic, Asbury Equestrian Center and Ithaca Equestrian Center.

TBD: Monthly meeting



Cayuga Dressage & Combined Training Club welcomes horse enthusiasts from all walks of life, all religions, ethnicities and races, creeds, and sexual orientations. We are a club where differences are respected and appreciated, where we come together to affirm our common love of the horse and the arts of horsemanship.

We disavow discrimination and intolerance.

The month wrapped up with an in-person meeting full of desserts (and a frittata from Norm!). Though the group was small, we had some great discussions about everything the club has planned in 2025. It's clear that our 45th Anniversary is another great year for learning opportunities, the first one being our upcoming Dressage Symposium with Susanne Hamilton at Ithaca Equestrian Center April 26-27th. We managed to add some rides on Friday at Asbury Equestrian Center which freed up a couple spots to hopefuls during the weekend. If you are interested, let Jane Marie or Sarah P. know pronto as the schedule is out. Auditing is still available and we are still looking for an item or two for food donations. It should be a great weekend and we hope to see you there!

Ride all the ponies and jump all the things,

Shannon

CALENDAR

- April 25—27: Suzanne Hamilton Clinic, Asbury Equestrian Center and Ithaca Equestrian Center.
Contact [Sarah Pyne](#) for more information.
- June 8: Keepin' It Casual Show. Ithaca Equestrian Center
- August 23, 2025: Dressage in Wine Country 1
- August 24, 2025: Dressage in Wine Country II



Minutes for CDCT Meeting for March 30, 2025

Submitted by Dinah Guarino

Attendees: Shannon Ryan-Dinmore, Kathy Thode, Dinah Guarino, Norm Johnson, Carol Morris, Jane Marie Law, and Ilisa Meyer.

Minutes of the January meeting were approved.

Treasurer's Report: a brief summary of the accounts was read. Many early expenditures for the recognized show but the accounts are still very healthy.

Old Business:

Committees 2025: Please sign up for committees.

DIWC: will be August 23 and 24, 2025. Manager/secretary will be Darian Quinn (pending contract), TD will be Stephanie Mason, Judges will be Lisa El-Ramey and Judy Downer. It was discussed to ask judges to fly in on Thursday to avoid delayed flights. Camille Holmes will be the photographer. TIP awards granted, Carol is sponsoring the Pony Cup both days. Food truck will be My Eva both days. EMT, show vet, and farrier are pending. Show committee met on 3/18/25 and discussed increased fairground prices and made adjustments: stalls are \$85/night or \$130/weekend, camping \$60/night, classes \$5/class increase each category, post entry late fee \$60, non-compete \$65 plus office fees, labor rate for ring care is \$22/hour. We will get a new set of 6 walkie talkies since ours died.

KICS: will be 6/8/2025. IEC contract signed. S. Hepler and A. Redmond have agreed to co-mgr and K. Steffy will be the secretary again. Camille will be the photographer again. Kim Blaszk has been approached with an official judge contract. We will need a volunteer coordinator as Norm won't be available.

Awards Committee: 45th Anniversary Annual Meeting and Awards date set for 11/16/25. Need to reserve a location and get details planned.

Susanne Hamilton Clinic Update: April 26-27 at IEC. Susanne will be coming in on Thursday, so rides have been added on Friday at Asbury at \$175/ride. CDCT will pick up the ring fee of \$20 per ride there. Food donations are being accepted for the weekend, please contact Jane Marie or Sarah P.

Book Club: Next book will be, *The New Anatomy of Rider Connection: Structural Balance for Rider and Horse* by Mary Wanless. Start date TBD/fall.

New Business: Gale Wolfe would like to do a Zoom meeting about Pony Club/Adult PC. Norm will do a Facebook post to see if an interest and best days and times. P. Wedemeyer and C. Price would like to discuss the NYS Horse Council. Wendy Shuler from the NYS Horse Council would like to talk to the club in May. CDCT has been a member in the past. Jane Marie discussed a clinic with M. LaBarre for blind riders and the need for volunteers, but it is the same date as KICS. Proposed the need for a Para Committee. She also discussed her proposal for a Working Equitation Clinic October 4-5th with Stephanie Hayes. Education committee to review the proposal and hopefully approve. Budgets for committees should be discussed when a greater number of members is present at the meeting.

Next meeting in April will be a Zoom - date and times TBD.

Adjourned at 3:50 PM

Cayuga Dressage and Combined Training presents a **Dressage Symposium with Susanne Hamilton, “S”**

April 26-27, 2025

Closing Date: March 25, 2025 or when 8 rider participant maximum is reached.



Hosted at the Ithaca Equestrian Center
1458 Trumansburg Road, Ithaca, NY 14850

Manager/Secretary: Jane-Marie Law
16 Muriel Street, Ithaca, NY 14850
jml16@cornell.edu, 607-229-3431

Clinician: Susanne Hamilton, “S” judge, USDF Gold Medalist, USDF Gold Freestyle Bar recipient, and Silver Para Equestrian Coach.

The symposium will start at 8 AM both days and consist of individual riding lessons with commentary, a Q&A session, and an unmounted educational talk. Food is being generously donated by CDCT members.

The rider participant fee for CDCT/CNYDCTA/WNYDA members is \$165/day if riding both days or \$170 if only riding one day. The non-member rider participant fee is \$195/day if riding both days or \$200 if only riding one day. Auditing is free for members and \$25/day for non-members. The number of participants is capped at 8 with preference given to CDCT members – join today!

www.cayugadressage.org/membership

A limited number of day stalls are available on-site for \$25/stall. No tack stalls are available. A limited number of overnight stalls are available 2.8 miles down the road at 451 Sheffield Road (access via Iradell Road NOT Hayts) for \$30/night. All stalls must be stripped at the end of the day. Shavings not provided. Water will be available but please bring your own buckets.

All riders are required to provide a Negative Coggins, proof of rabies vaccine, and proof of EHV/EIV vaccination within one year of the symposium date.

Payment can be in the form of checks payable to CDCT, Inc. ATTN: “Dressage Symposium” or via PayPal to dressageithaca@gmail.com. There is a \$40 charge for returned checks.

Entries, payment, and health records must be RECEIVED by closing date. “Acts of God” and participant cancellations will not be refunded. No dogs allowed. No glass bottles allowed.

**We are able to present this reduced cost opportunity through generous donations from
CNYDCTA and WNYDA!**



Cayuga Dressage and Combined Training Presents a
Dressage Symposium with Susanne Hamilton, "S"

April 26-27, 2025

at Ithaca Equestrian Center, 1458 Trumansburg Road, Ithaca, NY 14850

Closing Date: March 25th or when 8 rider participant maximum is reached.

Send Entries To: Jane-Marie Law, 16 Muriel Street, Ithaca, NY 14850, jml16@cornell.edu, 607-229-3431

Rider Information:

Name : _____

Email : _____ Phone : _____

Member of GMO(s) (if applicable) : _____

Is Rider a Junior? ☐ no ☐ yes, date of Birth : _____

Signature of parent or guardian if under 18 : _____

Emergency Contact : _____ Phone : _____

Horse Information:

Show Name : _____ Barn Name : _____

Gender : _____ Age : _____ Breed : _____

Experience : _____

Will you be parking a trailer on the grounds for the day? _____

Will you be shipping in with a group? _____

FEES

Riding Participant Member : \$170 / one day or \$330 / both days \$ _____

Riding Participant Non-Member : \$200 / one day or \$390 / both days \$ _____

Auditing: Members – Free, Non-Members : _____ days @ \$25 \$ _____

Preferred stabling @ Ithaca Equestrian Center: _____ days @ \$25 \$ _____

Preferred stabling @ Offsite Barn : _____ nights @ \$30 \$ _____

TOTAL: \$ _____

My signature below indicates that I hold Cayuga Dressage and Combined Training, Inc. and its Officers and Board and their heirs, Susanne Hamilton, and Ithaca Equestrian Center owners and their heirs harmless for any harm that may occur while at this symposium. I also indicate that I and any members of my party agree to abide by the Rules and Guidelines listed above.

Rider Print : _____

Rider Signature (or parent if under 18) : _____

ENTRY CHECKLIST:

- ☐ Completed and signed entry form.
- ☐ Signed IEC Hold Harmless/Liability Waiver AND Emergency Contact Forms.
- ☐ Negative Coggins, proof of Rabies and EHV/EIV vaccines within one year of clinic date.
- ☐ Check or PayPal – If PayPal, provide email used: _____



Ithaca Equestrian Center

1458 Trumansburg Road

Ithaca, New York 14850

(607) 793-0136

Your Horse Would Love Living Here

Rider Emergency Information

Ithaca Equestrian Center will use the information provided below should you require medical treatment and are not able to direct your care yourself. The information provided will be available only to staff of the Ithaca Equestrian Center, except for **the following that will be posted on the front of your horse's stall**:

- Riders name (If they are the owner)
- First contact person & their phone number
- Second contact person & their phone number

Please print rider's full name:

Rider's Date of Birth: _____

Person to Contact First: _____

Is this person legally authorized to direct your medical care? ☐ Yes ☐ No

Address: _____

Relationship: _____

Primary Phone Number: _____

Secondary Phone Number: _____

Email: _____

Second Contact Person: _____

Is this person legally authorized to direct your medical care? ☐ Yes ☐ No

Address: _____

Relationship: _____

Primary Phone Number: _____

Secondary Phone Number: _____

Email: _____

Primary Physician: _____

Phone Number: _____

Any information you would like to be supplied to medical service providers (e.g., blood type, allergies):

By signing this document, you are authorizing Ithaca Equestrian Center permission to provide this information to medical service providers.

Rider’s signature or Signature of Rider’s legal guardian

Printed name of signatory

Signature Date



Participant's Printed Name

HOLD HARMLESS AGREEMENT AND RELEASE OF LIABILITY

THIS DOCUMENT IS A LEGALLY BINDING INSTRUMENT, PLEASE READ IT THOROUGHLY, REFUSE TO PARTICIPATE IN THE ACTIVITIES AND CONSULT WITH AN ATTORNEY IF YOU HAVE ANY QUESTIONS AS TO ITS CONTENTS.

In consideration of being permitted to use the facilities, participate in or observe activities, and to receive instruction on horseback riding, horse care and stable usage at the Ithaca Equestrian Center, LLC operations and premises, the undersigned:

1. Acknowledges and fully understands that Ithaca Equestrian Center, LLC is the owner and operator of an Agricultural Tourism Area as defined under New York's General Obligation Law. And that pursuant to Article 18B of New York's General Obligation Law, the Ithaca Equestrian Center shall not be Liable for death or injury while on the premises. In accordance with New York Law, the Ithaca Equestrian Center has provided me with certain notices regarding the risks inherent in visiting and using the Equestrian Center and my obligations as a visitor or participant.
2. Acknowledges receipt of the **WARNING TO VISITORS** document (attached as Page 3) and the **VISITOR & CLIENT RESPONSIBILITY NOTICE** (attached as Page 4).
3. . Has read and understands the notices regarding the risks inherent in equine activities and the obligations of visitors and participants. Understands that being on the premises of the Ithaca Equestrian Center exposes visitors and participants to these risks as well as unforeseeable risks that can result in injury or death to people and animals.
4. Agrees that if signing on behalf of a minor, that I am the parent(s) or legal guardian(s) of such minor and that I fully understand the risks and have made the informed decision to permit the minor to visit the Ithaca Equestrian Center to observe or participate in the activities offered by the Equestrian Center.
5. Agrees that I have instructed the minor regarding his/her responsibilities as a visitor to the Equestrian Center, as well as instructed the minor regarding the contents of the written notices and warnings located at the facility, including the locations of any written warnings located at the facility, and the contents of the Equestrian Center's Rules and Regulations.
6. Assumes all the inherent risks and accepts personal responsibility for the dangers, fully knowing that they may result in injury, permanent disability, or death.
7. Agrees to release, waive, discharge and covenants not to sue Ithaca Equestrian Center, LLC, its owners, officers, directors, agents or independent contractors, employees, other participants all of which are hereinafter referred to as "releasees" from liability to each of the undersigned, his/her heirs and next of kin for claims demands, losses or damages on account of injury, including death, to myself or my horse or property damage caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.
8. Agrees that by entering or observing an event or activity on the premises I consent to being photographed and/or videoed and waive all rights to photographs/videos taken by an Ithaca Equestrian Center, LLC staff, professional photographer, or personal photos by other participants.
9. Agrees that this release shall be governed by, construed, and enforced in accordance with the laws of the State of New York, without giving effect to conflict of laws. I hereby consent to personal jurisdiction of the State and Federal Courts located in Tompkins County and the Northern District of New York for any and all claims arising under or related to this release. Every provision of this release is intended to be severable. If any provision of this release, or

the application of such provision to any circumstance, is declared by any court of competent jurisdiction to be invalid or unenforceable such invalidity or unenforceability shall not affect the remaining provisions of this release or the application of such provisions to circumstances other than those to which it is held invalid or unenforceable.

I/we have read the above hold harmless agreement and release of liability as well as the incorporated WARNING TO VISITORS. I/we understand that I/ we give up substantial rights by signing, and hereto sign our names voluntarily.

Participant's Signature

Date

Participant's Printed Name

Parent or Legal Guardian Signature

Date

Parent or Legal Guardian Printed Name



WARNING TO VISITORS

BEFORE STARTING YOUR ON-SITE ACTIVITIES, YOU ARE REQUIRED TO READ THE POSTED WARNING TO VISITORS & CLIENTS AND THE VISITOR & CLIENT RESPONSIBILITIES NOTICE SIGNS TO LEARN ABOUT:

- The risks inherent to observing or participating in on-site activities; and
- Your responsibilities when observing or participating in the activities on this working equestrian center and farm.

UNDER ARTICLE 18B OF NEW YORK'S GENERAL OBLIGATION LAW, THE ITHACA EQUESTRIAN CENTER IS NOT LIABLE FOR ANY INJURY TO OR DEATH OF VISITORS OR PARTICIPANTS IN EQUINE ACTIVITIES RESULTING FROM THESE INHERENT RISKS

THE WARNING TO VISITORS & CLIENTS SIGNS ARE POSTED AT THE FRONT ENTRANCE AND THE INTERIOR ENTRANCES TO THE INDOOR ARENA. These signs explain the inherent risk(s) of the on-site activities in which you will be participating or watching, activities that may expose you to the risk of personal injury, death or damage to your property.

THE VISITOR & CLIENT RESPONSIBILITIES SIGNS ARE POSTED AT THE FRONT ENTRANCE AND THE INTERIOR ENTRANCES TO THE INDOOR ARENA. These signs describe your responsibilities as a visitor or client on a working farm and equestrian center, which include obeying directional and "off limits" signs, following instructions and obeying warnings from farm representatives; complying with posted rules of conduct; and exercising reasonable care concerning disclosed risks.

- If you do not understand the information contained in the Warning to Visitors & Clients or Visitor & Clients Responsibilities signs or have any questions about their content, please ask a farm representative for help before you begin your on-farm activity.
- If you are accompanied by minors or other individuals who need help in understanding the inherent risks of observing or participating in the on-farm activities or the responsibilities of a visitor or client on a working farm, please explain, or ask a farm representative to explain, the risks and responsibilities to those people so that they understand them.

IF YOU (OR THOSE YOU ARE WITH) ARE UNPREPARED OR UNWILLING TO ACCEPT THE RISKS DISCLOSED OR THE RESPONSIBILITIES IMPOSED ON A VISITOR TO AND CLIENT OF A WORKING FARM, PLEASE ADVISE A FARM REPRESENTATIVE AND RETURN ANY TICKET(S) INTACT AND UNUSED. IF A TICKET WAS PURCHASED, YOU WILL BE ISSUED A REFUND FOR THE AMOUNT PAID FOR THE TICKET(S) WHEN FIRST ISSUED.

**IF YOU REMAIN ON THE PREMISIS YOU ARE ACCEPTING
THE RISKS!**



VISITOR & CLIENT RESPONSIBILITY NOTICE

AS A VISITOR OR CLIENT YOU HAVE THE FOLLOWING RESPONSIBILITIES:

- **To read and understand the WARNING TO VISITORS & CLIENTS explaining risks associated with visiting and/or engaging in activities at Ithaca Equestrian Center. If you are not willing or able to accept these risks, leave the Ithaca Equestrian Center immediately**
- **To exercise reasonable care regarding the inherent risks of visiting and/or engaging in activities at Ithaca Equestrian Center**
- **To reasonably comply with All Directional and Warning Signs**
- **To remain in designated areas**
- **To follow all written and posted Rules of Conduct as well as any Verbal Instructions or Commands**
- **To read and follow the Ithaca Equestrian Center Rules & Policies**
- **Not to willfully remove, deface, alter, or otherwise damage signage, warning devices or implements or other safety devices**

CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC.

ANNUAL MEMBERSHIP FORM

Name:

Address:

Phone (area code first

E-mail:

Birth date (requested by USDF)

Are you an instructor or trainer? ☐ Yes ☐ No

Do you give permission for your pictures and/or name to be used for publicity? ☐ Yes ☐ No

May we include your name and email address on the Membership List that's distributed to members? ☐ Yes ☐ No

Current Members: Please submit your Membership form and dues by Nov. 15th. This ensures that you will receive the USDF magazine and other GMO benefits without interruption. **New Members** are welcome to join year-round!

Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

Individual Membership (\$45) ☐

Family Membership (\$50) ☐

Junior Membership (\$25) ☐

Business Membership (\$25) ☐

Activities sponsored by CDCT include a recognized show, a schooling show, mounted and unmounted clinics, films, speakers, and social events. These are made possible by volunteer work from our members. Please check your interests below to indicate the ways in which you would like to contribute to the success of the club:

☐ Dressage Shows: Planning, paperwork, grounds preparation, help on show day, etc.

☐ Western Dressage

☐ Combined Training

☐ Education/Clinic Committee

☐ Awards

☐ Publicity

☐ Other:

Signature:

Date:

(Member's signature or parent/guardian signature if under 18. Typed signature is fine.)

Electronic submissions: Please complete form and email to dressageithaca@gmail.com

Paypal link: dressageithaca@gmail.com

For hard copy submissions:

Please make checks payable to CDCT, Inc. and send to
125 Cayuga St., Trumansburg, NY 14886



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CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

CDCT COMMITTEES FOR 2025

<p>RECOGNIZED SHOW: Shannon Ryan-Dinmore Norm Johnson Jean Foley Dinah Guarino Sarah Hepler Carol Morris Anna Redmond Tina Sochia</p> <p>SPONSORSHIP: Collen Price Kathy Thode</p> <p>WESTERN DRESSAGE: Jane-Marie Law Colleen Price Tina Sochia</p> <p>WORKING EQUITATION Deirdre Hay Jane-Marie Law Colleen Price</p>	<p>COMBINED TRAINING: Sarah Hepler Anna Redmond Shannon Ryan-Dinmore</p> <p>CASUAL SHOW: Sarah Hepler (Manager) Anna Redmond (Manager) Karen Steffy (Secretary) Amy Bittner Jean Foley Dinah Guarino Jane-Marie Law Shannon Ryan-Dinmore</p> <p>AWARDS: Prin Furst Jane-Marie Law Colleen Price</p> <p>45TH ANNIVERSARY Jean Foley Sarah Hepler Colleen Price Anna Redmond Shannon Ryan-Dinmore</p>	<p>EDUCATION: Jean Foley Dinah Guarino Jane-Marie Law Carol Morris Colleen Price Shannon Ryan-Dinmore Kathy Thode</p> <p>PUBLICITY: Colleen Price Shannon Ryan-Dinmore Karen Steffy</p> <p>SWAG: Prin Furst Sarah Hepler Anna Redmond</p> <p>FUN: Colleen Price Skye-Anna Nye-Smith</p> <p>YOUTH ENGAGEMENT Skye-Anna Nye-Smith</p>
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Additional Local Dressage and Combined Training Groups

[Carriage House Arena](#)

[Central NY Dressage and CT Association](#)

[Eastern NY Dressage and Combined Training Club](#)

[Endless Mountains Dressage & Combined Training Club](#)

[Genesee Valley Riding and Driving Club](#)

[Houghton College Equestrian Events](#)

[Western New York Dressage Association](#)

WHO TO CONTACT:

Officers:

President: [Shannon Ryan-Dinmore](#)
Vice-President: [Norm Johnson](#)
Past President: [Shannon Ryan-Dinmore](#)
Treasurer: [Anna Redmond](#)
Recording Secretary: [Dinah Guarino](#)
Roster manager: [Colleen Price](#)

Newsletter and Website: [Karen Steffy](#)

Members at large: Kim Blaszak ('25)
Meghan Crout ('25)
Prin Furst ('24)
Deirdre Hay ('24)
Sarah Hepler ('24)
Jane-Marie Law ('25)

Our Sponsors

**Please join us in thanking all of our supporters!!
Our club and activities could not happen without you!**

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Close Equine Services
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THEREFORE, CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.