

# COLLECTED NOTES



DECEMBER 2014

## FROM THE PRESIDENT'S DESK

This will be my last President's Note. After serving for several years in the 1990's and more recently for the past several years, I am very happy to be turning the reins of Cayuga Dressage over to the able hands of our new Officers and Board.

Andrea Chamberlain will be our new President, with Connie O'Hearn serving as Vice President. Ginny continues as Treasurer.

Kathy Thode moves from the VP spot to Recording Secretary, along with Chris Hand. I will remain on the Board for one year as Past-President. Donna Young will take over as



Membership Secretary, and Kate Ward moves to an At-Large position on the Board along with Jane Marie Law.

I want to take this opportunity to thank everyone who has served on the Board with me over the past few years.

Kathy Thode has done a great job as Vice President, keeping me in line and offering wonderful suggestions for the direction of Cayuga Dressage.

Dinah Guarino has been our long-time secretary, keeping the minutes and dealing with important correspondence. Chris Hand has been helping in this important role as well. Dinah also manages our August Casual show

Ginny Grove has been our treasurer FOREVER, and of all the jobs in an organization like this, it is probably the most important to have continuity – and trust – in this role.

Kate Ward has been membership secretary, nagging us all into keeping our membership current, and keeping the official rosters.

## COMING CDCT EVENTS !

**NEXT MEETING**  
**ANNUAL PLANNING MEETING**  
**DISH TO PASS LUNCH**  
**AT CAROL MORRIS HOME JANUARY 10, 2015**  
**2449 GEE ROAD, DRYDEN, NY**

## Membership Renewals

*CDCT, Inc. now offers 3-year membership options!*  
*Form is included in this newsletter*



Dinah and Laurel at the Confidence Camp

Continued from page 1

Donna Young has given years of service managing our June shows. I think everyone can agree that she has done a wonderful job; the shows have been getting better every year. She has even managed to get us some great weather lately!

Sue Mulvey was instrumental in coordinating the desensitization clinic with Mary Hogenkamp last month. This was very well received, and attracted members as well as non-members and auditors.

One of the best parts of being a CDCT member is receiving the newsletters that Diane Moose has so ably put together over the years. Several of our members have become snowbirds, so the newsletters keep them up-to-date on our activities while they are basking in the sun and we are freezing our breeches off!

Karen Steffy has been our go-to person for coordinating the website. In this digital age, it is important that our website be current, and Karen has done an outstanding job. Additionally, Karen has been in charge of this year's Awards Banquet. In case you missed it, we had a lovely evening of good food and fun.

Several non-Board members have also been of particular help in making CDCT successful recently. Connie O'Hearn has served as Volunteer coordinator for the June shows, as well as being very active on the Education Committee.

Anne Ward manages the August show along with Dinah, and has done much of the lead-up work to the show.

As we bundle up our horses and winterize the barn in anticipation of another Polar Vortex, I hope that you will be thinking about how you will continue your involvement with Cayuga Dressage. Remember that our group can only be as strong as our members. We would like to be responsive to your needs and interests, so be sure to contact an officer, committee member, or Board member with any ideas that you have for activities in 2015. Additionally, it would be great if each of us can help to recruit new members.

We will have our annual planning meeting January 10, at my home in Dryden. I hope you will take the opportunity to join us in determining the major activities of the club for next year. If you can't come, please be sure to let someone know of your ideas. This will be a dish-to-pass brunch, starting at 10 am. Weather date is Sunday January 11.

We are already committed to the dates of the June show, the 20 -21<sup>st</sup>. The format remains the same, with the schooling show on Saturday and the Recognized show on Sunday. Donna Young will be manager, and Jacqui Ritchie will be Secretary. Other than that, we are open to ideas for the casual show, clinics, and other activities.

In closing, thanks again to all of you who participate in our activities. We all have busy lives, and carving out time to support our local dressage community is not always the easiest thing to do. I've had a lot of fun, have met and worked with some wonderful people, and even managed to find time to keep my horses going. I look forward to continuing my quest for the perfect 20 meter circle, that elusive floating trot, and those dangd changes!

*Cheers! Carol*



## Meeting Minutes November 9, 2014

*submitted by Chris Hand*

Members Present: Andrea Chamberlain, Kate Ward, Ginny Grove, Chris Hand, Kathy Thode, Carol Morris, Connie O'Hearn, Karen Steffy, Lorrie Butcher, Diane Moose, Sandy Su, Dinah Guarino

Minutes of August meeting approved motion Kathy Thode 2<sup>nd</sup> Carol Morris.

**Financial Report:** Ginny Grove, treasurer – reported a \$3,004.58 profit for the year 2014. Dues will remain the same, T-shirts seem to be a big hit, tax consultant still needs to file tax forms for not for profit status. A report was handed out showing details of income and expenses for the year 2014. As of 11/7/14, the club has assets totaling \$14,228.29.

**Committee reports:** None at this time

**Nominating Committee report:** Kathy Thode presented a complete slate for officers:

Andrea Chamberlain-President

Connie O'Hearn-Vice President

Secretary-Kathy Thode, Chris Hand

Treasurer-Ginny Grove

Membership-Donna Young

Members at Large-Sandy Su, Sue Mulvey, Michelle Blade, Kate Ward, K. Steffy, Jane Marie Law

**Old Business:** Carol Morris and Kathy Thode will be attending the USDF Convention in December. Carol will be the delegate as well as proxy for Central NYDCTA

The following committees are available for those interested in helping: Sponsorship, Dressage, Business, Awards, Jr. Young riders, Publicity, Education, and Combined Training. Please indicate your interest on membership form.

Board approved reimbursement Donna Young for USEF and USDF Participating Member fees, as required for Donna to be able to manage our show.

**Other Business:** Reimbursement for use of facilities for clinics. All clinics are required to fill out a clinic application form. The clinic, camp, etc. will be reviewed on a case by case situation with input from the clinic organizer in conjunction with the board's recommendation and approval. A Thank you note from club will be sent to facility owner and clinic organizer by secretary or other board member.

**New Business:** The new board should meet after awards banquet to schedule the January planning meeting.

Meeting adjourned at 4:45

## Confidence Training A Must

*submitted by Kathy Thode*

On October 14, I packed up and headed out to Sue and Jan Suwinski's beautiful farm to attend CDCT's Desensitization Clinic along with Dinah Guarino and our two horses, Laurel and Story. The instructor for the clinic was Mary Hogencamp and the whole affair was organized and run by our very capable Education committee.

When we arrived there was a troop of people helping us to unload and get organized in the stable. We got some refreshments, and the clinic began with the mornings three group unmounted lessons. Mary went over the three requirements of dealing with scary objects and the horse's flight response: persistence, patience and consistency. She worked on helping us to build our horse's trust in us by teaching them to lower their heads, listen to the proper leading cues and focus their attention on us. When there was a problem with an obstacle, the horse was asked to keep listening to the handler by making circles, backing up or moving their feet in some way. Small steps in the right direction were all that was required. Mary advised that at some point it was best to leave an object once some small progress was made.

As it turned out, the majority of the horses had little to no trouble with the variety of obstacles even though some were quite death defying: walking on a tarp; walking over a string of plastic flags being pulled along the ground; dragging a plastic container of rattling objects on a string behind the horse; waving a large flag and actually touching some of the horses with it; and of course the large umbrella opening and closing.

During lunch, we had a chance to listen to Mary talk about her experiences with the police horse training and to ask her questions. Then it was off to try it all again but this time mounted on our horses. The three groups contained 4 horses each as the horses had more confidence when they were together. The groups all did amazingly well. Some of the participants had been out on trails all their lives and had even done trail trials. These horses were very calm and unphased by any of the tests Mary gave them. Others seemed to find that walking on the tarp was now very scary and the riders had to spend a lot of time just getting the horse near the tarp. Surprisingly, the majority once again were very brave and handled things like old pros. Other obstacles that Mary tried with the mounted sessions were to actually carry the flag and to go by a fan that was blowing ribbons out from it. Another fun challenge was picking up long swimming knoodles out of a garbage container, carrying the knoodle around the circle and depositing it back into the garbage container. This exercise was also done at the trot for those who chose to turn up throttle.

It was a thoroughly enjoyable day with our horses. It helped us to understand how we can improve their trust in us and build their bravery in all types of situations. You never know when you will have something tangled around your horse's leg and want him to stop rather than bolt. Or perhaps you are at the show and the spectators are all pulling out their umbrellas. Another scenario might be a warm up arena cordoned off by a fluttering string of ribbons. Desensitizing our equine partners is a must and thanks to Mary, we have a better understanding of how to handle some of the situations that may arise.

A few days after the clinic, I got to give this training a whirl when my friend and I were trying to get to the woods for a trail ride. We had to ride though the saw mill my husband operates. There was excavating equipment parked all over the driveway due to a project that was underway. The wood chips were flying out of the chipper into the chip pile. There was an employee running the chain saw in the yard and a log truck driver with his engine running in the process of strapping down his load. The two horses had visual and noise overload and had decided that going through the log yard was not in the cards this day. Well, it took some time, but 10-15 minutes later, the two decided they could trust us enough to carry on. Neither of us turned around or got off to lead them by. We didn't lose our cool or our patience, just kept their feet moving and their minds on trusting us.

## Clinic with Mary Hogencamp on Confidence Training

*submitted by Sue Mulvey & photos by Carol Morris*

On Saturday October 18<sup>th</sup>, we had a great time at Sue & Jan Suwinski's farm in Ithaca for our Confidence Training Clinic with Mary Hogencamp. We made many new friends and learned quite a bit about conquering our fears. We had some Super Stars that readily went through all of the obstacles without much ado. Others of us considered it a victory to get close to some of the scarier items like the horse eating blue plastic tarp and flapping multi colored flags. Mary had a very kind but firm approach to the day. Her practice of saying "I see it and it is OK" and "you are fine, you are OK" was repeated many times during the sessions. Working in groups of 4 horses (for courage and encouragement) we all started on the ground with in hand work. We enjoyed Mary's stories at lunch time and then reconvened for our mounted sessions. The obstacles looked different from horse back. I really enjoyed the looks on all of the horse's faces as they figured out what the obstacles were all about. It was also fun to see the riders smiling as their horses got braver as the day went on. The only minor incident for the entire day happened when Jane Marie Law entrusted me with holding her snow white horse Lucio. The minute she walked away, he dropped to the arena floor and enjoyed a great roll in the footing. She returned 3 minutes later to find a black and grey horse. We had spectators who cheered for all of our efforts. We are looking forward to Mary conducting an advanced course in the future.



Year-End Awards  
*submitted by Karen Steffy*

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Training

Bethanne Beckhorn and Nicolette

CDCT schooling show in Training Level test 2 62.14, and 62.4 in Training Level test 3.

High Score

Kathleen Heffernon and Vulcan's Aranel

CDCT Recognized show Training 2 55.208

Vulcan, a 28 year young Trakener gelding, has been and continues to be a remarkable horse. Both Vulcan and his owner were born in Ontario, Canada. Vulcan was a frequent and successful participant in CDCT dressage shows until, at the age of 21, he foundered as a result of Cushing's disease. Although his chances of survival were considered by both vet and farrier to be less than 50%, he bounced back and rapidly returned to perfect health. He is an easygoing guy and will always try his best. He continues to show and loves to go out on trail rides. I can only hope that I am in as good shape as he is when I get to be his age!

First Level

Carol Morris and Mateo

CDCT Schooling show 1st 3 65.161

CDCT Recognized 1st 2 60.81

CDCT 1st level freestyle 67.833

Centerline Hits 1st 2 60.811

Kathy Thode and Benicia

Dressage at Stockade 1st 2 68.514

High Score

Anne Ward and Legato

Ocala Spring 1st 3 71.29

Second level

Ginny Grove and Brio

Stockade II 2nd 1 57.14

CDCT 2nd 1 65.28

CDCT 2nd 2 60.65

"Brio is 10 y.o. now and finding out that second level is HARD WORK! He has been trail riding this fall and has had a great attitude about it."

High Score

Anne Ward and Legato



## Year-End Awards continued

*submitted by Karen Steffy*Fourth Level

Susan Mulvey and Zhivago

CDCT 4th 1 62.00

CDCT Schooling show 65.00

"Z is a clown. We have had a great fun year enjoying our lessons, clinics and shows.

Inter GMO Award

Kathy Thode and Brookside Patch

WYNDA Summer Festival 3rd 3 65.641

CDCT 3rd 3 66.41

## Other Awards:

Show management award

Donna Young

General volunteer award

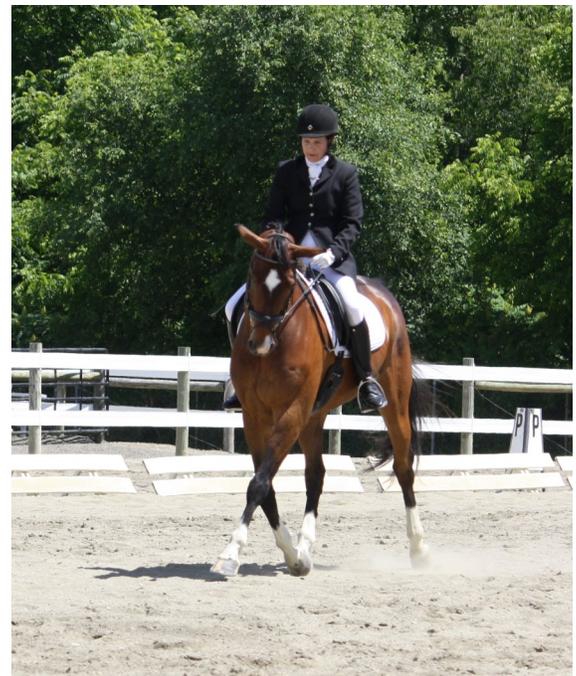
Diane Moose

Carry On Regardless Award

Jean Foley



Sue Mulvey and Z



Kathy and Patch

# CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC. ANNUAL MEMBERSHIP APPLICATION

PLEASE PRINT:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home phone (area code first): \_\_\_\_\_

Business phone (area code first): \_\_\_\_\_

Fax (area code first): \_\_\_\_\_ E-mail: \_\_\_\_\_

Is there information above that you do not want published in our yearly membership list, which is distributed to members?  
If so, please specify: \_\_\_\_\_

Birth date: \_\_\_\_\_

Are you an instructor or trainer?  Yes  No

**Dues renew each Nov. 1** to ensure you will receive newsletters and be included in the Annual Membership Roster.  
*Membership benefits:* Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

- |   |   |
|---|---|
| <input type="checkbox"/> Individual Membership (\$35) | <input type="checkbox"/> Individual 3 - Year Membership (\$100) |
| <input type="checkbox"/> Family Membership (\$45)     | <input type="checkbox"/> Family 3 - Year Membership (\$125)     |
| <input type="checkbox"/> Junior Membership (\$25)     | <input type="checkbox"/> Junior 3 - Year Membership (\$70)      |

Activities sponsored by CDCT include a variety of shows, mounted and unmounted clinics, films, speakers, and social events. These are produced by volunteer work from our members. Please indicate below the ways in which you could contribute to the success of YOUR club:

- Dressage Show: Planning, paperwork, grounds preparation, help on show day, etc.  
 Education/Clinic Committee  
 Awards  
 Newsletter  
 Other: \_\_\_\_\_

Please make checks payable to CDCT, Inc.

Please mail application and dues to:

CDCT, Inc.  
c/o Donna Young  
11 Cline Road  
Binghamton, NY 13903



CDCT, INC. IS A GROUP MEMBER ORGANIZATION OF THE USDF; THEREFORE,  
CDCT MEMBERS ARE AUTOMATICALLY USDF GROUP MEMBERS.

## CLASSIFIED ADS

**Dressage Instructor** - Cynthia Bradley welcomes new clients in the Central NY region for riding instruction and training in classical dressage.

Cindy is a USEF "r" Eventing judge and is a USDF Silver & Bronze Medalist, graduate of the USDF "L" program; she attained her USPC "A" rating, and has taught riding for nearly 20 years. She has experience with Warmbloods, Quarter Horses, TB, Draft breeds, Arabians, and ponies and is currently competing her own horse, a Canadian Warmblood named Lawrence at Prix St George. She trains regularly with Lauren Sammis International Dressage competitor and Pan American Gold and Silver medalist as well as USDF Gold, Silver & Bronze Medalist. Cindy believes that riding should be a positive, enriching experience for both horse and rider, and she works enthusiastically with novices as well as upper level dressage students.

Cindy is happy to travel to students' own farms or boarding barns and can teach on a range of excellent school horses in the Ithaca area.

Call 607-222-8814 or email [cindymancini2@aol.com](mailto:cindymancini2@aol.com).

Fully insured & references available.



Photo by Centerline Event at Saugerties 2013 4th Level Test 2



Photo taken at NEDA Fall Festival 2013 Prix St George

**For Sale:** 17" Albion SL dressage saddle for sale. Cost new is currently \$3500.00. Selling for \$2400.00. Gently used, wide tree. Lovely saddle to ride in. Contact Mary Beth Adams at 315-515-9556 for a trial.



**For Sale:** 17" Niedersuss Dressage Saddle: MW Tree. This saddle is in good condition with only some minor stretching of billet straps (still plenty of life in them before needing to be replaced). I love riding in this saddle and am only selling because it does not fit my horse. \$650 contact [enewton2@mail.naz.edu](mailto:enewton2@mail.naz.edu)





Officers:

President: Andrea Chamberlain (907) 342-0076 acham479@gmail.com

Vice-President: Connie O'Hearn (315) 497-9961 ohearn3@netzero.net

Past President: Carol Morris (607) 753-72556 cmorris1050@gmail.com

Treasurer: Ginny Grove (607)387-9253 vs24@cornell.edu

Recording Secretary: Kathy Thode (315) 497-2002. kthode3@gmail.com

and Chris Hand (607) 292-6084 chand2@roadrunner.com

Membership: Donna Young (604) 669-4156, dyoung@binghamton.edu

Web mistress: Karen Steffy (607) 342-8144 wonderpony92@gmail.com

Newsletter: Diane Moose (315) 729-0383 meadowsbr@tds.net

Committees:

Education: Sue Mulvey, Jane Marie Law, & Chris Hand

Sponsorship: Dinah Guarino & Kathy Thode

Dressage (show, clinics): Connie O'Hearn, Ginny Grove, Barb Knoblauch, & Chris Hand

Publicity: Kathleen Hefferon

Combined Training: Tarene Friedman & Sally Lawrence

Jr/young rider: Connie O'Hearn, Kathy Thode, Dinah Guarino & Diane Moose

Awards: Karen Steffy

You can call me if you need me: Molly DeTerri, Diane Moose, Bethanne Beckhorn and Carol Morris



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**We're on the web!**

**<http://www.cayugadressage.org>**



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