

COLLECTED NOTES



NOVEMBER 2017

FROM CDCTC'S PRESIDENT:

It is World Series season, and I have the Cubs to thank for a lot. Every year, in honor of the Cubs, I eat a hotdog with sauerkraut during the World Series. Tonight, I ate my Not Dog with all the trimmings, and thanked my good fortune to have lived in Chicago at a time when the Cubs still played under daytime lights, and outfield seats were under a buck.



Just what did I learn from the Cubs? The coach of the Cubs once said, "The price of a good tan in Chicago is coming out and watching the Cubbies lose." So, from the Cubs I learned that it is not how you win or lose, but how good your hot dogs are and how loyal your fans are and how you play the game, and all that hocus pocus. Good stuff.

Ah, would that a horse show entry fee were as cheap as a Cubs ticket circa 1980. I go to horse shows, have a wonderful time, and usually end up being a tribute to the Cubby spirit. #Dead.Last.Every.Time. ('cept for 2016) Why do I do it? I love getting dressed up, getting my horse all spit and polished, going down *(continued)*

CDCTC's Annual Fall Awards Event

AN AUTUMNAL TEA

Come celebrate the generosity and inspiration of our many volunteers.

November 19, 2017

3:30 in the afternoon

at the home of Jane-Marie Law
16 Muriel Street Ithaca, NY

RSVP: jml16@cornell.edu or
by phone or text: 607-229-3431



Correction:

At CDCTC's August Casual Show, Karen Fedczuk received a 62.143% for Western Dressage Introductory Test 4.

centerline and riding my tests, and hanging out with all the fun people at shows. The world seems far away and it is so all encompassing. And yet I live to hear those magic four little words: “Coats have been waived.” Farewell hot, dreadful, fabrics I would never even be buried in.

This year, however, my thinking has shifted a bit. Follow me on this shift, will you?

Clinics! When I look back at this year, I have a few shows under my belt, but many, many clinics. Get to dress up? Check! White breeches and gloves and dark, dreary colors? Heck no! Cool shirts on hot days? You betcha! Need a reader? Nope! Eight minutes of glory (or the agony of defeat)? More like 45 minutes of continual edification. Hanging with your horsey friends and nerding out? In spades! I am thinking that this is the best use of my riding budget.

Our region can seem like a funny little backwater sometimes, but if you look at the clinicians within short driving distance of us on a regular basis, you feel like we live in the center of the universe. So as you look ahead to next year and are thinking about how you and your horse dollars can part company, and your joy factor can go way up, consider joining regional barns at some of their clinics, either as an auditor or rider. You will know who I am: I have the hot pink snowflake polo wraps on my horse, with a shirt to match.

Go Cubbies. (Always.)

- Jane Marie Law



ARTHUR KOTTAS HELDENBERG

CLINIC NOTES

Waltzing Horse Dressage

New Berlin, NY

October 17, 2017

We are truly lucky to have some great clinicians come to Central New York. This year, I was privileged to audit a clinic with Arthur Kottas Heldenberg, former First Chief Rider at the Spanish Riding School in Vienna.

Waltzing Horse Dressage, owned by Sarah Casey, is an easy two hour drive from my house. For the past few years, I have taken a day off from work to audit Andreas Hausberger, Chief Rider of the SRS at Waltzing horse. When Andreas could not come to the US to give clinics this year, Sarah invited Arthur. At this time, Arthur is scheduled to give four clinics at Waltzing Horse in 2018. I highly suggest making the drive.



Arthur Kottas Heldenberg is a soft spoken man, unless you happen to use your legs to go forward and your hands block the forward motion, so don't do that. What I was most impressed with was how quickly he changed an exercise if it didn't work for the horse and/or rider. Often, the change was made after one failed attempt, in the interest of making the horse successful. Then, after being successful, he would ask the rider to try the original exercise again. *(continued)*

He obviously cared very much for the horses and referred to them as our “partners” many times. His recurring theme was getting the horse to take weight on the hindquarters.

Here are my notes:

- Inside rein keeps the bend, inside leg keeps the gait.
- “You have time”, said prior to a transition. Wait until the horse is ready.
- Power has nothing to do with speed.
- Half as fast is fast enough in the trot stretch.
- Horse and rider should always be ready in the body and mind before attempting to do something. Again, don’t rush.
- In the warm up, things should go slowly.
- The back is the weakest part of the horse. We have to strengthen the back. When the horse is too high/hollow, we need to ride forward and downward to open up the back.
- If the hind legs are not coming up to the forehand, the horse is not using its back.
- Dressage is to exercise the whole body, not just ride from letter to letter.
- A transition to a new gait is not only about the new gait, but did the horse take more weight on the hindquarters?
- When the trot is too fast, the stride becomes short.
- On a circle, ride shoulder in, straight, shoulder in, straight.
- The inside hip asks for shoulder in.
- If a horse is tracking up, they can’t be on the forehand.
- Whatever we do with our partner horse should be invited.
- “No problem” said when things went wrong.
- Haunches in on three tracks, then on four.
- The horse should stretch forward and down. If they only go out, they are not using their backs.
- It is important to have solutions. Riders have to feel what the solution is.
- From the first step into trot, the rider has to let the horse know what the speed is.
- To prep for a quarter turn on haunches, ride a half circle with haunches to the inside.
- When something didn’t work, you say to the horse “Excuse me, I didn’t explain clearly” and try again.
- The walk transition (from trot or canter) tells whether or not the horse has taken weight on the hindquarters.
- Always present your best gait, don’t just do it.
- Vibrate the outside rein to help the horse be round.
- A horse cannot concentrate for very long. We work, then rest, then work, then rest.
- It is always the rider’s fault.
- There are so many solutions. If one doesn’t work, try something else.

— *Karen Steffy*

**IT IS TIME TO SUBMIT YOUR ANNUAL MEMBERSHIP DUES!
PLEASE SEE THE INFORMATION ON PAGE 9.**

MEMBER BIO: *KATHERINE POTTER*

I think I emerged from the womb thinking I was a horse. I spent the first 5 years of my life whinnying and galloping around on all fours or playing with my plastic horse collection (with or without legs). I graduated to drawing horses for the next 15 years – a good foundation for the tools required to be an artist since horses are very difficult to capture accurately and I was obsessed with doing just that! After a month of horse camp in high school, a summer riding my brother's roommate's QH jumper, I finally finagled my way to ownership when I was 21 (by hook and by crook). Poppy taught me so much as we learned together riding the mountain trails of Colorado together. My passion for horses led me to training Standard-bred race horses for the leading owner on the east coast for several years



traveling between NY and FL each season. This was a professional experience that completely prepared me for any training challenges I would face. I raised several foals over the next 15 years, culminating in the breeding of a leased TB mare to the first Swedish Warmblood I ever saw – Flamenco (by Flamingo – an international dressage star under Kyra Kyrklund). My first WB cross was my current mount (Kip)'s dam. I discovered Art2Ride in June 2013 by some internet magic that had me perusing YouTube. I immediately connected with every statement and vision of relaxed training I saw and submitted a video during that first summer when Will offered a free year of videos to his YouTube subscribers. It was only after I won a slot in this competition that I went to his website and read his bio, only to find out he had studied with my dressage God, Nuno Oliveira, who I had been following since the early '90s through reprinted articles between the dressage masters of the earlier decades in the magazine Dressage and CT (I still have all my copies of this magazine – that's how impactful these articles were to my education in dressage).

I have worked with many breeds over a 50 year obsession with horses (ponies, Arabs, QHs, Appaloosas, an ex-reiner, Standardbreds, TBs, and warmbloods). What I am sure of deep in my being is the efficacy of the Art2Ride classical training – nothing has come close. I am currently re-inventing myself from a 17 year career as a hydrogeologist working as a consultant for Corporate America into an Innkeeper at www.yalemanor.com (a 5-room, 4-yurt Inn located on 10 acres of the east shore of Seneca Lake in the Finger Lakes of upstate NY). Phase II of this re-invention is the building of an Art2Ride Training Center on the property exclusively offering clinics and trained horses for travelers to experience or to bring their horses to work in the method. Currently, I can travel to barns for clinics. 315-567-3762 or kath-potter57@gmail.com

<http://www.cayugadressage.org>

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CALENDAR

November 19 Annual Fall Awards Event, AN AUTUMNAL TEA. Come celebrate the generosity and inspiration of our many volunteers. 3:30 pm, 16 Muriel Street Ithaca, NY
RSVP: jml16@cornell.edu or by phone or text: 607-229-3431

Other Area Events:

(Please see listed website for more information.)

November 19 Seminar: "Improve Your Feel and Timing of the Aids", www.voltrafarm.com/

Nov. 29 - Dec. 2 USDF Annual Convention, <http://usdf.org/>



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SUNDAY, NOVEMBER 19, 2017
10:00 - 12:00 INTRODUCTION/THEORY
12:00 - 1:00 LUNCH (PROVIDED)
1:00 - 3:00 DEMONSTRATION/PARTICIPATION

**6000 ROCK ROAD
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Common problems helped by Dr. Gellman include:

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Contact to schedule an appointment at equinesportsmed@mac.com, or phone (607) 227-5406. More information, including downloadable educational materials at equinesportsmed.com. Happy Horse = Happy Rider workshops available for your facility! Check out Maximum Horsepower Research on Facebook.



CLASSIFIEDS

For Sale

Konig Semi-Custom Dressage Boots, German calf-leather and lining, leather sole and heel and spur rest. Stiff upper leather shaft on outside and stiffer up the back with outside Spanish-cut higher than inside for longer elegant leg appearance. Inside full-length custom zippers.

These boots are immaculate - worn 5 times for shows with no inner calf rubs, no heel rubs or scratches whatsoever. Never seen any rain. Heel is perfect and not worn down. Ankles are all broken in. Leather has been kept conditioned, stored with premium cedar boot trees and always kept inside my home in heated area.

Stamped numbers inside: #9679 (model), 4-1/2 European size/7-1/2 US, 48cm/18-57/64" (highest outside dimension to the floor), 38cm/14-61/64" (widest calf dimension). The tape measurements I took off the boots are as follows: 19-1/2" top of highest outside topline to floor, 17-1/2" inside lower topline to floor, boot fits naked calf size 13-1/4". My shoe size is 7-1/2 and boot easily fits with a light sock.

Cost of new Konigs is now between \$800-\$1000.00+. Asking \$700.00 which includes the cedar boot trees (new trees are \$50.00) plus any shipping cost. Accepting cash (preferred), certified bank check or money order only. No personal checks. Call 607-274-7445, Ithaca, NY.



Springfield Equine Retirement Farm

At Springfield Farm, we cherish a horse's individuality and appreciate his history. Each is cared for and loved as one of our own. Springfield Farm is a sixty-five acre farm located in the beautiful Finger Lakes Region of New York and just minutes from downtown Ithaca and Cornell University's Large Animal Hospital. Our care is based on the premise that each animal deserves the best quality of life, including one-on-one attention and focus on individual dietary, physical and emotional needs. Springfield Farm horses enjoy the maximum turnout that weather allows and individual stalls for those days that aren't so nice.

Boarding fees include feed, blanketing and plenty of individual attention. Veterinary and farrier services are billed to the owner at cost. As the owners of Springfield Farm, we live onsite and provide direct, personal care for all horses. The size of our operation is small by design. Our combined experience and education will give you complete confidence in your decision to retire your horse at Springfield Farm. Please feel free to contact Lori Elrod at 607-351-1499 or lori.elrod@gmail.com for additional information, request photos or arrange a visit. Visit us online at www.sfetech.net/equineretirement

For sale:

Charles Owen helmet: Style JR8, Size 7, gently used. \$75.

Field boots: Ariat, black, regular height, woman's, medium calf, used. 45\$.

Thermal half-chaps, Ariat, black, size, medium, used, \$5.

Two pair brown half-chaps, Ariat, size small, used, free.

Britches, woman's pair, tan, Devan Aire, size 32H, free.

Britches, woman's pair, dark gray, Goode Rider, size 32, free.

Dressage saddle pad, Dover, 25" long, 46" wide, unused, \$10.

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Contact Ed Machak at emachak@stny.rr.com



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PLEASE PRINT:

Name: _____

Address: _____

Home phone (area code first): _____

Business phone (area code first): _____

Fax (area code first): _____ E-mail: _____

Is there information above that you do not want published in our yearly membership list, which is distributed to members?
If so, please specify: _____

Birth date: _____

Are you an instructor or trainer? Yes No

Dues renew each Nov. 1 to ensure you will receive newsletters and be included in the Annual Membership Roster.

Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

- Individual Membership (\$35)
- Family Membership (\$45)
- Junior Membership (\$25)

Activities sponsored by CDCT include a variety of shows, mounted and unmounted clinics, films, speakers, and social events. These are produced by volunteer work from our members. Please indicate below the ways in which you could contribute to the success of YOUR club:

- Dressage Shows: Planning, paperwork, grounds preparation, help on show day, etc.
- Western Dressage
- Combined Training
- Education/Clinic Committee
- Awards
- Publicity
- Newsletter
- Other: _____

Please make checks payable to CDCT, Inc.

Please mail application and dues to:

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c/o Lauren Ostergren
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Ithaca, NY 14850
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laurenostergren@gmail.com



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Karen Steffy, wonderpony92@gmail.com, by the first of each month. Thanks!

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