

COLLECTED NOTES



MARCH 2024

FROM CDCTC'S CO-PRESIDENT:

Can you believe the spring equinox is this month? What a wacky winter it's been. Here's hoping the weather stops flip flopping and decides to be a tad drier than last year. Some of us don't have indoor arenas and would like to ride! And happy Daylight Savings Time spring forward as well!

Happening this month, the lovely AP Graham will be traveling to Ithaca Equestrian Center from her home base in Georgia to teach two days filled with dressage and combined training. Aubrey is the owner of Kivu Sporthorses and specializes in green horses, specifically OTTBs. The clinic has been sponsored in part by CDCT so please check it out on March 29-30th and show your support. Lots of great things to learn and lovely people to mingle with!

If you are looking to get into shape before show season, there is a six week yoga for equestrians series starting at Healing Rein on March 10th. This isn't CDCT sponsored but is a great opportunity to meet new area horse folks, increase your flexibility, and help your riding.

On top of our casual and recognized shows, we are hosting Dave Thind on April 6-7th at Brookside Farm in Moravia, hosting a WDAA Clinic with Robin Brueckmann in July, and hosting an Open Centered Riding Clinic *(continued)*

UPCOMING EVENTS

March 17: 1 pm, monthly meeting, Healing Rein Farm. Bring a dish to pass and Franklin balls and bands for a session on the hip.

March 29—30: AP Graham clinic, Ithaca Equestrian Center. Contact [Sarah Hepler](#) for more information.

April 6-7: Dave Thind Clinic, Brookside Farm, Moravia. Contact [Carol Morris](#) for more information.



Dressage in Wine Country



with Sam Morrison in late August. Please check out our website for all the details.

There is still plenty of time to sign up for committees for the year! It is also the perfect time to start thinking about show sponsors. If you or someone you know would like to sponsor our shows, either through prizes or monetary donations, please let us know. Ask your favorite businesses, even if they aren't horse related.

Our March meeting will take place on the 17th at 1 PM at Healing Rein. Colleen will be leading a workshop on the hips. Please bring bands and balls if you own them, otherwise a limited supply will be available and rolled hand towels can also be subbed. Bringing a dish to pass is always encouraged too. Hope to see you all there!

Ride all the ponies and jump all the things,

Shannon

Minutes for CDCT Meeting, February 21, 2024

Submitted by Shannon Ryan-Dinmore

In Attendance: Shannon Ryan-Dinmore, Sarah Hepler, Anna Redmond, Karen Steffy, Carol Morris, Carol Collyer, Kathy Thode, Tracey Graham, and Tina Matejka.

Meeting began at 7:08 PM.

January Meeting Minutes: Karen motioned to approve, Kathy seconded, all approved.

Treasurer's Report: Not a whole lot of change moneywise, memberships in but some money out for insurance and website renewals. Anna will create a comparative profit and loss statement to share with the membership for comment for 30 days as an internal audit.

Please sign up for committees!!!

Book Club: Meeting every other Tuesday at 7 PM via Zoom. Currently working through *Centered Riding* by Sally Swift!

Dave Thind Clinic: We are hosting a Dave Thind Clinic April 6-7th at Brookside Farm in Moravia. There is one riding spot left available Saturday and Sunday. The Feldenkrais lesson will be Saturday at 9 AM and has no limit on participants. Auditing is also still available. Send all questions and interest to Carol Morris.

Thoroughbred Logic Clinic with AP Graham: Sarah is organizing a clinic with AP Graham of Kivu Sporthorses on March 29-30th at Ithaca Equestrian Center. Looking at having the club sponsor the cost of airfare to help keep rider costs down, as a lot of club members are participating. This would also allow club members to audit for free. The clinic focuses on dressage and CT with emphasis on green horses. A formal clinic sponsorship form will be sent to the board for vote.

Keepin' It Casual Show: Need to meet with Paula to hash out final details and finalize the contract.

Dressage in Wine Country: Not much change from last month. Still waiting on some contracts including the Fairgrounds. The Fairgrounds has an almost entirely new board that just met to go over contracts to be sent out soon. Carol proposed a possible vet for the show that is new to the area. Tina also brought up that some of the shows at the Fairgrounds are looking into donating materials/funds to build permanent judging booths in the bottom rings. Now is also the perfect time to start finding show sponsors and vendors!!!

Upcoming CDCT Events: WDAA Clinic with Robin Brueckmann, July 26-29th at Healing Rein. Open Centered Riding Clinic with Sam Morrison, August 31-September 1st at Healing Rein.

Equestrian Yoga at Healing Rein: Healing Rein will be hosting a weekly yoga session with Stacey Moncalieri. This will start Sunday, March 10th and happen every Sunday for six weeks from 10:30-11:15 AM. Each week will focus on a different body area that when combined, will be a great way to prep for riding and show season. Please contact Colleen if you are interested!

March Meeting: Sunday, March 17th at 1 PM at Healing Rein. Colleen will be leading a session on the hip. Please bring bands and balls if you have them; rolled hand towels can also work in place of balls. A dish to pass is always welcome!

April Meeting: Thursday, April 18th at 7 PM via Zoom.

REMEMBER!

USEF Safesport training is required for all recognized show officials, as well as competitors. Please complete or update your training at the USDF's [Safesport](#) training site.

Please send photos of riding, showing, volunteering, doing CDCT-y things, etc. to [Shannon](#) for use on the website.

CALENDAR

- March 17: 1 pm, monthly meeting, [Healing Rein Farm](#), dish to pass and Franklin Session on the hip.
- April 6-7: Dave Thind Clinic, Brookside Farm, Moravia. Contact [Carol Morris](#) for more Information
- July 26—28 Robin Brueckmann WDAA Clinic, [Healing Rein Farm](#)
- August 24: Dressage in Wine Country 1
- August 24 Dressage in Wine Country II
- August 31—September 1: Centered Riding Clinic with Sam Morrison, [Healing Rein Farm](#)

Additional Local Dressage and Combined Training Groups

[Carriage House Arena](#)

[Central NY Dressage and CT Association](#)

[Eastern NY Dressage and Combined Training Club](#)

[Endless Mountains Dressage & Combined Training Club](#)

[Genesee Valley Riding and Driving Club](#)

[Western New York Dressage Association](#)

CDCT COMMITTEES FOR 2024

Please copy and paste the following link into your favorite browser to submit your choices -<https://www.surveymonkey.com/r/6596J8P>.

RECOGNIZED SHOW:	COMBINED TRAINING:	EDUCATION:
SPONSORSHIP:	CASUAL SHOW:	PUBLICITY:
WESTERN DRESSAGE:	AWARDS:	YOUTH ENGAGEMENT:
		SWAG:

CAYUGA DRESSAGE & COMBINED TRAINING CLUB, INC.

ANNUAL MEMBERSHIP FORM

Name:

Address:

Phone (area code first

E-mail:

Birth date (requested by USDF)

Are you an instructor or trainer? Yes No

Do you give permission for your pictures and/or name to be used for publicity? Yes No

May we include your name and email address on the Membership List that's distributed to members? Yes No

Current Members: Please submit your Membership form and dues by Nov. 15th. This ensures that you will receive the USDF magazine and other GMO benefits without interruption. **New Members** are welcome to join year-round!

Membership benefits: Dues cover your USDF group membership, newsletters, and discounts at club-sponsored events, except as limited by USDF and United States Equestrian Federation (USEF).

Enclosed is my payment for:

Individual Membership (\$45)

Family Membership (\$50)

Junior Membership (\$25)

Business Membership (\$25)

Activities sponsored by CDCT include a recognized show, a schooling show, mounted and unmounted clinics, films, speakers, and social events. These are made possible by volunteer work from our members. Please check your interests below to indicate the ways in which you would like to contribute to the success of the club:

Dressage Shows: Planning, paperwork, grounds preparation, help on show day, etc.

Western Dressage

Combined Training

Education/Clinic Committee

Awards

Publicity

Other:

Signature:

Date:

(Member's signature or parent/guardian signature if under 18. Typed signature is fine.)

Electronic submissions: Please complete form and email to dressageithaca@gmail.com

Paypal link: dressageithaca@gmail.com

For hard copy submissions:

Please make checks payable to CDCT, Inc and send to

330 W Dryden Rd, Freeville, NY 13068



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WHO TO CONTACT:

Officers:

President: [Shannon Ryan-Dinmore](#)
Vice-President: [Norm Johnson](#)
Past President: [Shannon Ryan-Dinmore](#)
Treasurer: [Anna Redmond](#)
Recording Secretary: [Dinah Guarino](#)
Roster manager: [Colleen Price](#)

Newsletter and Website: [Karen Steffy](#)

Members at large:
Kim Blaszak ('25)
Meghan Crout ('25)
Prin Furst ('24)
Deirdre Hay ('24)
Sarah Hepler ('24)
Jane-Marie Law ('25)

Our Sponsors

**Please join us in thanking all of our supporters!!
Our club and activities could not happen without you!**

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